Seattle performer Meg McLynn channels a legend when she and her Purple Phoenix Country Band present “Foolin’ Around with Patsy Cline” June 21 at Mount Vernon’s Lincoln Theatre

**WEDNESDAY [06.19.13]**

**ONSTAGE**
- **Bard on the Beach:** Through June 27 and beyond, Vanier Park, Vancouver, B.C.
- **Cirque Fantastique:** 7pm, McIntyre Hall, Mount Vernon
- **Foolin’ Around with Patsy Cline:** 8pm, Lincoln Theatre, Mount Vernon

**DANCE**
- **Cirque Fantastique:** 7pm, McIntyre Hall, Mount Vernon

**MUSIC**
- **BUG Song Circle:** 7-9pm, Roeder Home

**FOOD**
- **Wednesday Market:** 12-5pm, Fairhaven Village Green

**THURSDAY [06.20.13]**

**ONSTAGE**
- **Sweeney Todd:** 7:30pm, Bellingham Theatre Guild
- **The Woman in Black:** 7:30pm, Anacortes Community Theatre
- **A Rotten Demise:** 7:30pm, 1st Street Cabaret, Mount Vernon
- **Good, Bad, Ugly:** 8pm, Upfront Theatre
- **The Project:** 10pm, Upfront Theatre

**DANCE**
- **Cirque Fantastique:** 7pm, McIntyre Hall, Mount Vernon

**MUSIC**
- **Jerri Mercer:** 5:30-7:30pm, Jansen Art Center, Lynden

**WORDS**
- **Chuckanut Radio Hour:** 7pm, Bellingham High School

**VISUAL ARTS**
- **Open Nest:** 12-5pm, Syre Education Center
- **NW Weavers Marketplace Mall:** 8am-8pm, Carver Gym, WWU
- **Glass Art Talk:** 12:30pm, Whatcom Museum’s Old City Hall
- **Summer Solstice Celebration:** 5:30pm, downtown Mount Vernon

**FRIDAY [06.21.13]**

**ONSTAGE**
- **Spring Awakening:** 7:30pm, Bellingham High School
- **Cage Match:** 8pm, Upfront Theatre

**DANCE**
- **Dancing for Joy:** 6:30pm, Mount Baker Theatre

**MUSIC**
- **Chamber Music Concert:** 7:30pm, Firehouse Performing Arts Center

**COMMUNITY**
- **Safetypalooza:** 10am-2pm, Bellingham Flea Market
- **Safetypalooza:** 10am-2pm, Bellingham Flea Market
- **Home & Landscape Tour:** 10am-4pm

**DANCE**
- **The Chippendales:** 7pm, Swinomish Casino & Lodge, Anacortes
- **Cirque Fantastique:** 7pm, McIntyre Hall, Mount Vernon

**MUSIC**
- **Elvis Presley, Roy Orbison Tribute:** 6pm, Ferndale Senior Activity Center
- **Foolin’ Around with Patsy Cline:** 8pm, Lincoln Theatre, Mount Vernon

**WORDS**
- **Chuckanut Writers Conference:** Today and tomorrow, Whatcom Community College

**GET OUT**
- **Wild Things:** 9:30-11am, Marine Park
**Whatcom County**

20th Anniversary Party: 12-3pm, RE Store
Bourbon Street Bash: 4-8:30pm, Sudden Valley Dance Barn
Night at the Persian Palace: 7pm, Faizhaven Rug Gallery

**GET OUT**
Deception Pass Challenge: 8am, Deception Pass State Park
Padden Triathlon: 8:30am, Lake Padden Park
Tesoros Run & Walk: 10am, Tesoro Refinery, Anacortes
Solstice Celebration: 3-9:30pm, Yock Farm

**FOOD**
Pancake Breakfast: 8-11am, American Legion Post 154, Ferndale
Mount Vernon Farmers Market: 9am-1pm, Skagit State Bank
Anacortes Farmers Market: 9am-7pm, Depot Arts Center
Community Meal: 10am-1pm, United Church of Ferndale
Bellingham Farmers Market: 10am-3pm, Depot Market Square
Ferndale Farmers Market: 10am-3pm, Centennial Riverwalk Park

**VISUAL ARTS**
NW Weavers Marketplace Mall: 8am-5pm, Carver Gym, WWU
Art Auction: 10am-2pm, Studio UFO
International Art Festival: 10am-7pm, Peach Arch Park, Blaine
Open Nest: 12-5pm, Syre Education Center
Dog Show Reception: 4-7pm, WaterWorks Gallery, Friday Harbor

**ONSTAGE**
Spring Awakening: 2pm, Bellingham High School
Sweeney Todd: 2pm, Bellingham Theatre Guild
A Rotten Demise: 6:30pm, 1st Street Cabaret, Mount Vernon
Dynako: 8pm, Upfront Theatre

**DANCE**
Dancing for Joy: 12pm and 6:30pm, Mount Baker Theatre

**MUSIC**
Chamber Music Concert: 3pm, Whatcom Museum’s Rotund Room

**COMMUNITY**
Home & Landscape Tour: 10am-3pm, Whatcom County

**VISUAL ARTS**
Art Auction: 10am-2pm, Studio UFO
International Art Festival: 11am-5pm, Peach Arch Park, Blaine
Open Nest: 12-5pm, Syre Education Center

**MONDAY [06.23.13]**

**ONSTAGE**
Guffawingham: 8pm, Green Frog

**TUESDAY [06.25.13]**

**MUSIC**
1964 the Tribute: 7pm, Mount Baker Theatre

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**CASCADIA WEEKLY**

**DO IT 2**

**MAIL**

**FOOD 18**

**B-BOARD 31**

**FILM 16**

**STAGE 18**

**WORDS 14**

**CURRENTS 8**

**VIEW 5**

**GET OUT 16**

**ART 20**

**SWINOMISH CASINO & LODGE**

**13MOONS**

Fine dining with a casual flair. Beermaker’s Dinner - June 19th Winemaker’s Dinner - June 26th
I was pleased the Lummi Nation presented the beautiful play, *What About Those Promises?*, depicting their heritage and the misrepresentation of government leaders in treaty negotiations. We are so fortunate to have the Lummis living among us and willing to let us learn about their history and traditions.

I, for one, believe there is much we must learn about all the suffering our forefathers brought upon their ancestors.

It was also clear we cannot stand by and let a coal terminal threaten this heritage further. Goldman Sachs and SSA marine already violated the rights of Lummi Nation when, in 2011, they desecrated parts of the site that are specifically designated as historically significant. The Lummi still fish and hold traditional ceremonies at Cherry Point, and these rights were protected by treaty. Why are we continuing to break our promises to the Lummi Nation?

Let us begin to make our word mean something and bring justice to all Americans, especially those who were here first. In looking forward to our Independence Day, let us acknowledge that we are bound to this land and this planet as one people and we need to care and protect it for all nations.

I hope that people still undecided about the proposed coal terminal at Cherry Point were among the full house audience for theater production. Through wonderful and accessible theater, the play offered a short course on the long history that has separated the Lummi people from their traditional lands.

Those original lands included the area of Cherry Point, which was taken from the Lummi by fraud and coercion in the many years following the 1855 Treaty of Point Elliot. While possession of the area has been contested since the 1870s, the Lummi Nation’s reverent and passionate connection with these historical lands continues. Existing industrial development has already degraded their heritage around Cherry Point; this must not be continued with a huge coal terminal. Enough is enough!

It is no surprise that the Lummi Nation opposes the terminal, with the support of many other tribes. We should respect tribal members’ rights to historical sites. It’s our responsibility to join them in standing up prevent this project. I thank all of those involved in the theater production for telling their story so well.

—Judith Akins, Bellingham
ers. Another citizen cost is to provide a new stormwater facility as the ASB rip-rapped pond is to become a marina. Yet no plans have been made public for either the stormwater facility or the marina. In return, approximately 33 acres—or 18 percent—of the total development will be public trails and parks with no community-owned facility for us to play on during the rainy season—that is expensive reality!

Don’t Bellinghamsters get any assurances that the Georgia-Pacific site is no longer a toxic brownfield? Especially as toxins will likely emerge above the caps during drilling to establish foundation pilings. What monitoring and disposal will take place as toxins emerge through the penetrated caps? As yet there are no realistic measures taken to protect us from the Pacific coastal curse of earthquakes, tsunamis and now the inevitable sea level rise. Will those estuarine muds that are protectively capped stay in place or liquefy and ooze away in a zoned mixed-use area that Bellinghamsters are going to work and live?

Such a poor deal for the city, how and when did this happen to us fellow Bellinghamsters? Did we vote for it? Once upon a time did a council or a mayor really wink and nod through this deal? Is this mayor, this council or the next going to do the same?

Ka-ching, the sound of developer money entering the port’s purse! What a wonderful profit for the port with our tax dollars!

There has to be payback to the Bellingham taxpayer. With 22 percent of Bellinghamsters living in poverty, why not pay a living wage, with healthcare covered by landfill and pulp mill toxins that are protectively capped stay in place or liquefy and ooze away in a zoned mixed-use area that Bellinghamsters are going to work and live?

TORN BY STORM

Oklahoma is hit again by terrible storms. Reading of the storms on June 1, it occurred to me that some people reading the article were thinking the wrath of God is punishing our country for socially progressive sinful ways. Yet other people were thinking about the way we treat the earth with our environmental ravaging for a buck.

Could it be that both arguments focus on “I am right,” “I know best,” “What’s in it for me?” We have become a whining, “I” focused people. The Great Generation citizens worked for a “We” focused nation. The ‘50s wealthy paid the highest taxes in our history, but more people were employed building infrastructure and a peaceful society. We did not understand the environmental risks we took, but ours was a country of pride and teamwork, not competitiveness and finger-pointing. In the ’60s we addressed some of the injustices that caused us to eventually insist on citizens having an opportunity to participate more equally. What happened to our national psyche?

We are torn by a storm of our own making. It’s time we stop our divisiveness and work to complement each other while seeking the American Dream—together and with personal integrity.

—Donna Starr, Blaine

GET TO WORK, LEGISLATURE

How do our state legislators justify the extravagance of repeated special sessions because of their failure to perform?

The governor said—when demanding that the legislature convene a third session—the budget and funding education is our priority and our paramount duty, and that’s where our focus needs to be. The Senate majority is trying to leverage our obligation to Washington’s schoolchildren in order to pass its ideological agenda.

Please, legislators, dilute your extreme ideological response just enough to leave room for some common sense and fiscal responsibility.

—Ruth Higgins, Birch Bay

ANSWER IS BLOWING IN THE WIND

As I sit on my lovely back deck flinching at the ubiquitous sound of leaf blowers, the thought occurs to me that rakes and brooms have fled the gardener horde. Walking in Boulevard Park on one of our frequent rainy days, I see one of our stalwart park employees blasting, or trying to, wet leaves off the pavement. A silent swipe with a stiff broom would have done the job in one-quarter the time and think of the contribution to the environment, noiseless and pollution-free.

Noise, whether you want to recognize it or not, is a polluting factor, adding to stress levels, leading to all sorts of bad stuff.

Coming to live in Bellingham about 10 years ago, I swore off gasoline-driven machinery in my garden, which is almost a half-acre. I got rid of all my grass, planting perennials, shrubs and veggies and, yes, I use rakes and brooms.

The thought occurs to me that some enterprising professional gardener might want to adopt a similar silent service. When I get to the point where I can no longer glory in the quiet ministrations to my plants, I will surely look for such a benign entrepreneur.

—Charles Bird, Bellingham

Kids Can Cook

Burritos with Green and Red Salsas

Monday, July 8
10 am–noon
Learn how to make tempting burritos filled with potatoes, peppers, and homemade green and red salsas.

Vegetarian Sushi

Thursday, July 11
10 am–noon
Learn how to make sushi rolls, beginning with how to make the perfect rice, chopping the freshest vegetables, and creating the perfect dipping sauce.

Snacking Rice Paper Rolls

Tuesday, July 16
10 am–noon
Learn how to make Vietnamese rice paper rolls for snacks or lunch. Using a fun technique, we’ll create miniature rolls for two-bite tastes, and larger lunch-sized rolls. We’ll have both peanut and peanut-free sauces for dipping as well.

Join Dr. Jean Layton, naturopathic physician, chef, and cookbook author, in these hands-on cooking classes for kids ages 8–18. All recipes are gluten free and vegan optional.

$29 each, or take all three for $72. All classes held at the Downtown store. Register at the service desk at either store or at www.communityfood.coop.
A Full Accounting

THE ECONOMIC COSTS OF CHERRY POINT COAL EXPORT

The proponents of the Gateway Pacific Terminal tell us that coal export makes economic sense, touting the jobs that the proposed terminal will bring to Whatcom County. Yet jobs and development do not capture the whole economic story.

We need to ask ourselves: should taxpayers subsidize rail improvements, should tribal and nontribal fishermen bear the brunt of decimated fishing grounds at Cherry Point, should communities suffer from health impacts, should the world experience intensified climate change and ocean acidification, solely so that the privileged few in charge of the coal industry can reap massive profits?

All of the impacts of a coal terminal count in the economic discussion. So far, all we hear about are the purported benefits. What other costs are out there? And how do we measure them?

An example: currently, emergency vehicles can reach Boulevard Park without detour. Adding a second track to accommodate 18 more trains per day will sever the paths and roads that connect Bellingham to beautiful Boulevard Park. What is a fair price to compensate us for increased risk, lost parkland, and disconnected trails?

Many of the real costs to the public are not easily measured. Project developers can pay teams of number crunchers to put a dollar sign in front of a big number and call it the economic benefits of a coal terminal. Yet to accurately estimate the costs is a daunting task; thus many of the negative effects of GPT may not be considered when decision makers evaluate the economics of the proposal.

Albert Einstein articulated the plight of the environmental economist when he said, “Everything that can be counted does not necessarily count; everything that counts cannot necessarily be counted.”

Many analysts have been trying to compare the coal terminal to other development options at Cherry Point, but the ongoing debate overlooks a critical factor: the value provided by Cherry Point right now. Untouched, Cherry Point provides benefits to our community. How will the loss of those benefits be quantified in the environmental impact statement?

The waters around Cherry Point support a robust recreational, commercial, and tribal Dungeness crab fishery. They provide the key spawning area for the Cherry Point Pacific herring, which serve as a primary nutrition source for salmon and lingcod harvested in the area. Constant large-vessel traffic will decrease the values of these resources by destroying or carrying away crabbing gear and razing the local herring stock.

Recreation is another of Cherry Point’s value infinite because the Lummi Nation can pay to preserve it, but only because of these industries’ immense wealth. A more equitable way to measure the value of a cultural and natural treasure is to determine how much a developer would have to pay everyone in exchange for destroying it. This method makes Cherry Point’s value infinite because the Lummi have stated emphatically that they will not be bought out.

Economics is not about creating jobs, it is about creating value. The Gateway Pacific Terminal would do just the opposite, destroying valuable environmental amenities, diminishing the value of our land and other assets, and distributing the costs of coal throughout our community and across the globe as an avaricious few reap the temporary benefits.

Sam Bliss graduated from Western Washington University on June 15 with a degree in Economics and Environmental Studies. He is a research intern at Bellingham non-profit organization RE Sources for Sustainable Communities.
THE GRISTLE

vocacy group—propose is a transfer of development rights to acquire a water right.

“Call it an extinction of a development right,” Maberry explained, to acquire certainty in an uncertain, oversubscribed resource desperately needed by agriculture.

Whatcom Farm Friends broadens the concept into a Natural Resources Marketplace, where certain development rights and wetland and carbon mitigation credits might be put into a “bank” to purchase other offsets like water contracts or leases for legal water use. The overarching problem with the concept is the county cannot trade what it does not own; and water rights are adjudicated by the state, with severe controls on transfers. To say the path is unclear on how one might go about extinguishing a development right to gain a water right is a vast understatement.

Farm Friends and other “special interest” groups have been struggling for some time with an enormous number of lots sprinkled throughout the county ag and rural lands that hold development rights. Each one of these holds potential to erode county agriculture through encroachment (neighbors find working farms noisy and smelly) and conversion (through land speculation) to residences.

These latent development rights, conferred by corrosive council land-use decisions, lurk like unexploded bombs across the landscape. To defuse them under Washington law you’d need to purchase or transfer these development rights. Groups like Farm Friends have struggled for years on ideas that might defuse them. Now council may encumber this problem much worse by granting—at the encouragement of land speculators and property flippers—hundreds of new development rights for industrial slaughterhouses as an accessory use in the county’s ag zone. Depending on how the final slaughterhouse upzone is framed, these new accessory uses could confer a monetary value on 88,000 acres that must then be extinguished to solve issues like water access.

Will hundreds of slaughterhouse wet works be built? No, of course not; but it is a land use right with a created monetary value, even as the county struggles to close the conditions of hundreds of other monetized land values they’ve created.

In the nexus between land and water, you’ll find County Council’s muddied thinking. 😏
Planning the right size jail is guesswork even in the most certain times. It requires a certain pessimism (some might say realism) about the human condition and the capacity to do wrong, offset by optimism (some might say faith) in the power of the judicial system to rehabilitate, educate and seek alternatives to incarceration. It is informed by bubbles moving through time—in particular demographics and population growth based on historic trends—and a deep understanding of the challenges and limitations of modern security systems. It is hindered by “known unknowns” such as land capacity and suitability, as well as crime trends unfolding in real time. And it is imperiled by “unknown unknowns,” such as social trends and changes in law that fundamentally alter who we jail and how.

For now, jail planners are focused on more certain “unknowns” such as land availability and suitability, Whatcom County Council learned in a presentation on June 4. A site has been selected on 40 acres at the northwest corner of LaBounty Drive and Sunset Avenue in Ferndale, a parcel large enough to accommodate a jail facility and associated law enforcement offices of considerable size.

Property southwest of the jail site was used in the 1970s and ’80s as a garbage incineration and recovery operation run by Thermal Reduction Co., according to studies by the state Department of Ecology. Thermal Reduction dumped waste ash into a pit immediately south of the site. Once opened as a dump, the property received additional hazardous materials, including “demolition asbestos, pesticides and waste catalyst from Mobil Oil Co.,” Ecology noted in 1985. The dump site has since been capped and paved over, but a full environmental review is required to learn of its suitability for a jail near the site.

A new jail is the consuming passion of Whatcom County Sheriff Bill Elfo, a pledge he made to the community to measurably improve law enforcement outcomes.

At the urging of Elfo, County Executive Jack Louws in April directed a jail planning consultant, Shockey Planning Group, to proceed with Phase II and Phase III of a supplemental environmental impact statement (SEIS) process for planning of a new Whatcom County Correctional Center. The county will update the previous 2010 environmental impact statement as part of this process. Results of the revised SEIS, including public comments, are scheduled to be reviewed by Whatcom County Council in early August, according to a briefing provided to council by jail planners earlier this month, including cost estimates for a new facility.

Fewer than 30 people attended an initial environmental scoping meeting held unusually for the county—in Ferndale. Several dozen more public comments were submitted before the comment period closed at the end of May.

Most comments focused on the size of the jail and its associated support facilities, which critics say is too large. Others insist the jail must be built near existing justice facilities, including the County Courthouse in Bellingham.

In April 2011, Whatcom County Council enacted a resolution establishing a “Jail Planning Task Force” to respond to these emerging concerns. The JPTF presented its unanimous conclusions to the council in a public meeting last April.

“Due to overcrowding, life/safety and physical plant concerns in the main jail facility, Whatcom County needs a new jail,” JPTF representatives noted, describing the need as “critical.” Few dispute the need for a new facility to replace the aging jail at the Whatcom County Courthouse. That facility has been beyond its design capacity almost from the moment the jail was completed in the late ‘80s.

Currently, the combined capacity at the courthouse jail and the interim work center is 390. The facility has held as many as 474 inmates, Louws reported to council on June 4. Infrastructure, including electronic security, plumbing and ducting, are woefully in need of upgrade, council was told.

A riot in the maximum-security cellblock last October brought home the realities of the aging facility, where a particularly dangerous group of inmates caused about $10,000 property damage and sent one inmate to the hospital. The inmates—several of them held on charges of robbery, assault and kidnapping—flooded toilets, pried off cell locks and ripped chunks of the heating system off of the walls of D block, according to Sheriff’s reports.

“Like few other infrastructure projects, the jail site acquisition and building process is about the impact on human populations since the entire purpose of the site is about housing citizens who are going through our legal and justice system,” noted Joy Gilfillen, president of the ReEntry Coalition of Whatcom County. The coalition emphasizes alternatives to incarceration.

“Everything concerning this process has multiple ripple effects throughout the citizenry and impacts the human environment,” safety, wellness and vitality of our community,” she said.

“The new jail must provide a well-developed and well-staffed mental health and addiction program,” Arlene Feld urged, noting that those services are also concentrated in Bellingham. “This is important enough to trade some beds for it.” On the crucial subject of beds, several comments questioned both the number of beds and the method used to determine that number. Louws told council the current estimate of 660 beds is only one of a number of scenarios. Numbers between 500 and 700 are tossed about, but usually center on the high end.
Louws also convened an executive committee of professionals and architects with expertise in public facilities, land use, corrections, and law enforcement. He tasked this group with establishing site-selection criteria. The comprehensive review of environmental impacts and opportunities for public comment will occur prior to recommending that council authorize the purchase of any site.

Yet the DNA of a large jail was woven early on.

The Jail Planning Task Force (JPTF) created by council in 2011 was formed to correct early missteps by the county in planning the size and scope of its jail.

In 1999 and 2000, faced with a chronic jail overcrowding problem, Whatcom County sponsored an analysis and planning process to identify causes and solutions. The resulting Law and Justice Plan was developed by the Law and Justice Council (LJC) and adopted by the County Council in June 2000, revised again in 2006.

That plan called for a "jail large enough to meet the projected demand, 800 to 1,000 beds, with full-spectrum security from minimum to maximum, including alternative corrections programs. Enough beds should be available as a sanction to enforce compliance in alternative programs. Plan the facility so that it could be expanded to 2,000 beds if necessary within the following 20-year period," the justice council recommended in 2008.

Two thousand beds?

The proposal was widely derided by critics, who noted the LJC was formed almost exclusively of law enforcement experts with limited involvement by mental health and social services professionals. Moreover, the process itself was largely one of wishful law-dog groupthink in an era of exploding "Drug War" crime rates and a county population trend mushrooming in the economic boom of the late '90s.

The LJC comment that a large number of beds should operate as a threat to force inmates to seek sentencing alternatives is deeply informing; the opposite, a constriction of capacity, has been proposed by supporters of a smaller jail as a means of forcing judges and prosecutors to seek sentencing alternatives.

Indeed, an entire suite of successful sentencing alternatives—from drug court, to mental health counseling, to electronic home detention (EHD), work and school release, even gruesome tours of the jail for at-risk offenders—have all emerged as a result of reduced capacity at the current facility. Judges and prosecutors have had to get creative, and their creativity has borne results.

The revised JPTF attempted to correct some of the overreach of the earlier LJC, including a broader representation.

CONTINUED ON PAGE 34
The Week that Was

LAST WEEK’S NEWS
JUNE 11-16
BY TIM JOHNSON

06.11.13
TUESDAY

A 6-year-old Lynden boy is seriously hurt when he falls from a second-story window. The boy was reportedly talking out an open window to a younger brother below when he tumbled 15 feet to a concrete patio, striking his head. He suffered life-threatening injuries.

06.12.13
WEDNESDAY

An explosion that injured a Whatcom County man was caused by hydrogen he was collecting for vehicle fuel. Sheriff officials say that the man used an electrical current to separate hydrogen from water and captured the gas in a 5-gallon propane tank. The tank over-pressurized and exploded, causing serious burns to the 44-year-old Kendall resident.

06.13.13
THURSDAY

Washington State University decides to put off plans to expand its course offerings in Everett until fall 2014 because of legislative inaction. In a letter to the Everett mayor, WSU President Elson Floyd said the university has been waiting for the state budget to be finalized before it opens electrical engineering, communications and hospitality management programs in that city.

06.14.13
FRIDAY

A farmworker rights organization asks three cities in Whatcom County to stop using Border Patrol agents as interpreters when Hispanic residents call police to report crimes. An attorney files the request on behalf of Community to Community Development, a farmworker rights group based in Bellingham, complaining of a policy by Lynden, Blaine and Sumas to employ Homeland Security agents as interpreters. The complaint notes agents don’t restrict themselves to language services when local police call them in, but also ask about immigration status, creating an atmosphere of apprehension and oppression in the Latino community.

06.15.13
SATURDAY

A man is arrested for luring and kidnapping a small child in downtown Bellingham. Police say the man lured a 6-year-old child into his vehicle with the promise of candy and a trip to the park. The girl’s mother reported her missing. The 35-year-old drove away with the child for approximately 20 minutes before he returned. He was stopped and booked by police. The child showed no evidence of being harmed.

06.16.13
SUNDAY

A Bellingham woman dies after she is struck in the chest by a stray bullet at a backyard barbecue in Ferndale. Police find a group of five people half a mile away along the Nooksack River, practicing with high-powered rifles and handguns. The 23-year-old woman is taken to the hospital, where she later succumbs to a fatal injury. Two shooters with felony records are detained on charges of unlawful possession of a firearm. Prosecutors may consider additional charges.

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Whale Watching Adventure
Gather up your friends and family and spend the day with us as we search the San Juans for whales and local wildlife. Includes a delicious Northwest salmon & chicken lunch, and a 2-hour visit in Friday Harbor.

Cracked Crab Dinner Cruise
Cruise Chuckanut Bay while dining on scrumptious Dungeness Crab and other delicacies. Go beyond the traditional waterfront restaurant experience and join us for a cruise filled with delicious food and beverages, along with scenery that you won’t forget.

Experience the beautiful San Juan Islands as you never have before.

SUMMER of INDUSTRIAL CREDIT UNION'S FAMILY PASS
Join us all summer long for FAMILY FUN SUNDAYS, CONTESTS AND GIVEAWAYS, and FUN COMMUNITY EVENTS all around Whatcom County!

Family Fun, Games, & Prizes!
Sunday home games just got even more exciting! For your chance to win FREE tickets, ‘like’ Family Pass on Facebook and watch for opportunities all summer long.

JUNE 23RD · JULY 7TH · AUGUST 4TH
SCIENCE GONE WRONG
On June 12, a Kendall man was terribly injured by an explosion in his home shop in the Paradise Lakes area. Whatcom County Sheriff’s deputies, FBI and ATF agents responded to multiple reports of the explosion. The 44-year-old was trying to break water into component parts as a fuel supplement for his vehicles. “During the course of this process and his attempt to capture the hydrogen in an improvised containment vessel (a 5-gallon propane tank), a large explosion occurred, severely injuring the man and causing extensive damage to the shop,” deputies reported. The man was airlifted to Harborview Medical Center in Seattle with severe trauma. Law enforcement agents logged it as an accident, with no evidence of crime.

TWEAKER SEEKERS
On June 12, Bellingham Police completed an extensive roundup of suspected drug dealers, arresting 18 out of 33 subjects sought. “Arrest teams hit the streets after a four-week intensive investigation conducted by members of the Bellingham Police Special Investigations Unit,” police reported. Investigative work of detectives was supported by information and concerns from citizens and businesses in a hotel row along Samish Way and bordering Maritime Heritage Park.

On June 12, a couple got into a quarrel in an area known for smuggling east of the U.S./Canada border near Lynden. Agents located the group walking southbound from the international border and determined that all three were citizens of India. The group was arrested and processed for removal.

On May 10, a citizen of Japan listing an address in Vancouver, British Columbia, was discovered by Blaine Customs and Border Patrol agents to be in possession of multiple DVDs and a computer external hard drive which contained hundreds of pornographic photographs of children alluding to sexual activities. The subject was refused entry into the United States and turned over to Canadian Border Services Agency (CBSA) for investigation.

On May 3, remote surveillance cameras observed three people cross the U.S./Canada border near Lynden. Agents located the group walking southbound from the international border and determined that all three were citizens of India. The group was arrested and processed for removal.

On May 8, agents witnessed four people illegally enter the United States from Canada in an area known for smuggling east of Blaine. The group were determined to be citizens of South Korea illegally present in the United States. They were arrested and processed for removal.

On May 9, a concerned border watcher reported a suspicious person near the United States/Canada border east of Lynden. Agents located the person attempting to hide in a nearby berry field. The person, a citizen of India, was determined to be illegally present in the United States and was processed for removal.

BAD DAD
On June 4, a caller reported a young girl was standing unattended at a bus stop near Birchwood Elementary School “because no one had come to pick her up after school,” Bellingham Police reported. “The girl was driven home and turned over to her father.”

ROUGH CUSTOMERS
On June 16, a security guard was escorting a man out of the Underground nightclub for causing a disturbance shortly before closing time when the man pulled out a pocketknife and stabbed the bouncer in the legs. Two other employees grabbed the 26-year-old and took the knife away before Bellingham Police arrived. The guard was not seriously injured.

On June 16, a man tried to steal a keg of beer from a restaurant in downtown Bellingham. The manager attempted to stop him, and the 30-year-old shoved the manager and grabbed at his shirt. The man then tried to push the keg of beer down a hill when police arrived.

MANY FLAGS FLY AT THE BORDER, CTD.
On May 10, a Kendall man was terribly injured by an explosion in his home shop in the Paradise Lakes area. Whatcom County Sheriff’s deputies, FBI and ATF agents responded to multiple reports of the explosion. The 44-year-old was trying to break water into component parts as a fuel supplement for his vehicles. “During the course of this process and his attempt to capture the hydrogen in an improvised containment vessel (a 5-gallon propane tank), a large explosion occurred, severely injuring the man and causing extensive damage to the shop,” deputies reported. The man was airlifted to Harborview Medical Center in Seattle with severe trauma. Law enforcement agents logged it as an accident, with no evidence of crime.

On June 15, a teen was apparently under the influence of drugs as he wandered the streets near Cornwall Park. He was yelling when he entered a neighbor’s home, Bellingham Police reported.

On June 13, Bellingham Police raced to a retirement center on Bellingham’s Southside to break up two old men, fighting for supremacy.

On June 11, a couple got into a quarrel in their Sunnyland home. The man left on foot to get away from the woman. The woman followed him for several blocks—yelling, pushing and scratching him in the process. Bellingham Police arrived and took the 48-year-old woman into custody for domestic assault.

$160,000,000
AMOUNT recovered to education funding through an adjustment to the state’s estate tax. The estate tax fix, which responds to federal changes in the transfer of certain marital property, affects 59 of the state's wealthiest families. Without the fix, an initial round of some $13 million in refunds would have had to be issued. The overall cost of $160 million could measurably improve education for 15,500 students. The fix passed the Legislature last week.

53-33
THE state House voted 53-33 to fix the estate tax. Whatcom County representatives were split along party lines, Democrats favoring, Republicans opposed.

$750,000
MILLIONS the state received in emergency relief funding from the United States Department of Transportation, Federal Highway Administration to provide support for repairing the I-5 Skagit bridge.

$15.6
BILLIONS paid into the federal flood insurance program premiums in 2009, expected to increase to $5.4 billion by 2040.

45
RISING temperatures and Increasingly severe weather are expected to increase areas of the United States at risk of floods by up to 45 percent by 2100, according to a FEMA report released last week.

$3.2
BILLIONS paid into the federal flood insurance program premiums in 2009, expected to increase to $5.4 billion by 2040.

$11.2
CALCULATED annual premium to the federal insurance program in 2010, in billions.

$11.2
CALCULATED annual premium to the federal insurance program in 2010, in billions.

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CALCULATED annual premium to the federal insurance program in 2010, in billions.

SOURCEs: Associated Press; Office of Superintendent of Public Instruction (OSPI); Washington Votes; Washington State Dept. of Commerce; U.S. Dept of Transportation; Federal Emergency Management Agency
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**June 22**

**FERRIS BUELLER’S DAY OFF**

Live music by Jasmine Greene @ 8:30 pm

Jun 22: Ferris Bueller’s Day Off  
Jun 29: Rise of the Guardians  
Jul 6: Moonrise Kingdom  
Jul 13: Back to the Future  
Jul 20: Pitch Perfect

Jul 27: Brave  
Aug 3: The Hunger Games  
Aug 10: Fantastic Mr. Fox  
Aug 17: Singin’ in the Rain  
Aug 24: The Princess Bride

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**Surgeon General’s Warning:** Quitting Smoking Now Greatly Reduces Serious Risks to Your Health.
Better Homes and Gardens
PUTTING THE ‘ECO’ IN ‘DECO’

If we’ve said it once, we’ve said it 10,000 times: Whatcom County loves to recycle.

And in addition to the practice of reusing everything from building materials to discarded furniture to errant rays of sunshine, the residents of this corner of the globe are prone to pay attention to ecologically sound practices when it comes to maintaining—or building—their homes and gardens.

It’s no surprise, then, that Sustainable Connections’ annual “Imagine This! Home & Landscape Tour” has proven to be so popular. Now in its 11th year, the early summer gathering focuses on sustainable materials, affordable design and eco-friendly goods for both inside and outside your treasured abode.

At the 10 homes and gardens that will be open to the public June 22-23 throughout Whatcom County, attendees can see these smart ideas in action. Passive solar designs and solar installations, money-saving energy retrofits, alternative construction materials, urban agriculture, new homes with open space and old homes with new life will be among the highlights of the tour. Those who purchase tickets will also receive a detailed resource guide about the products and services featured by local earth-friendly design enthusiasts—in other words, they won’t just be admiring other people’s innovations, but also learning more about how they can make them, too.

“Imagine This!” ticket holders should also make sure to pencil in time to attend the first-ever Green Playhouse Raffle happening Sunday afternoon at the courtyard at Whatcom Museum’s Lightcatcher Building. Seven environmentally friendly playhouses that were built by teams of local builders, architects and designers will be up for auction, with one eye-catching mini-castle going to a lucky raffle winner. The kid-friendly event will also be bustling with face painters, balloon artists and live music—and the playhouses will be actually be open for play to the younger set during the festivities—making it a perfect way to end the weekend.

And, although it’s not technically part of the Sustainable Connections-sponsored tour, it’s worth noting that, come the afternoon of Sat., June 22, the RE Store will be celebrating 20 years of operation in Bellingham with a Customer Appreciation Day. Residents are invited to celebrate with free hot dogs and lemonade, an in-store treasure hunt, live music by the Gallus Brothers and the High Mountain String Band (and others), a photo booth, wacky carnival games, junk juggling, a recycled art station and free design consultations with reuse master Eberhard Eichner.

“The RE Store has been keeping busy saving materials and money for Whatcom County since 1993 and having fun the entire time,” Education and Marketing Director Jason Darling noted in a recent press release.

“In two decades, the organization has accomplished a great deal. The RE Store has saved more than 60 million pounds of building materials from needless disposal in its 20 years—the equivalent of 75 fully loaded Boeing 747s. The nonprofit employs up to 40 people during the peak of the building season and has a strong volunteer and job-training program to boot.”

It probably goes without saying that, while you’re celebrating the RE Store, you should look around for good deals on used building materials. If you don’t find any, well, you’re not looking very hard. ☺️
The Art of Racing in the Rain author Garth Stein (the guy without the collar) will be among the esteemed faculty at the Chuckanut Writers Conference taking place June 21-22 at Whatcom Community College.

Family In Hitler's Berlin will be the focus of the Ferndale Friends Book Group gathering from 7-9pm at the Ferndale Library, 2007 Cherry St. All adults are welcome.

POETRY NIGHT: Those looking to share their verse as part of Poetrynight can sign up at 7:30pm at the Black Drop Coffeehouse, 300 W. Champion St. Readings start at 8pm. Entry is free.

PRO EDITING INFO SESSION: Learn more about Western Washington University's Extended Education Class, "Professional Editing for Print & Online," at an info session from 5:30-6:30pm at Village Books, 1200 11th St. Classes start in August. 

INTRO TO GENEALOGY: Genealogy instructor Steve Baylor leads "An Introduction to Genealogy" series starting today from 1-3pm at the Whatcom Museum, 315 W. Washington St.

BURLINGTON READS: Discuss John Kennedy Toole's A Confederacy of Dunces at today's Bellingham Reads book discussion group at 6:30pm at the Bellingham Public Library, 210 Central Ave.

BOURBON STREET BASH: Friends of the Sudden Valley Library will host a "Bourbon Street Bash" fundraiser to help push the South Whatcom Library building fund over the top from 4-8:30pm at the Sudden Valley Dance Barn, 8 Barn View Court. Dixieland jazz, a silent and live auction, a Cajun dinner and a dessert dash will be part of the festivities. Tickets are $30.

BRIGID COLLINS FUNDRAISER: "Night at the Persian Palace" will be the focus of a fundraising event starting at 7pm at the Fairhaven Rug Gallery, 903 Harris Ave. Tickets are $40 and include "an exotic evening of food, spirits and music to benefit children and families served by Brigid Collins Family Support Center."

INTRO TO GENEALOGY: Genealogy instructor Steve Baylor leads "An Introduction to Genealogy" series starting today from 1-3pm at the Burlington Library, 820 E. Washington Ave. Future classes happen July 1, 8 and 15.

COMMUNITY

SAT., JUNE 22

GARAGE SALE: Support music programs in Bellingham schools by attending the Bellingham Alumni Band's fundraising garage sale from 9am-2pm at American Legion Post No. 7, 168 W. Bakerview Rd.

SAFETYPALOOZA: Child identification kits, visits by Smokey the Bear and a police robot, the "Wheel of Safety," a coloring contest, bike and water safety information, family emergency preparedness, displays by nonprofits, entertainment and much more will be part of the Unity Group's "Safetypalooza" from 10am-2pm at the Bellingham Flea Market, 405 E. Champion St. Entry is free.

STREET LAW: Volunteer lawyers will dispense free legal advice and referrals at the bimonthly "Street Law" from 1-4pm at the Bellingham Public Library, 210 Central Ave.

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storage crops—potatoes, beans and winter squash—with the idea Loquvam says. “This is a working farm. We’re focusing on three others that it’s a doable endeavor. 

order to grow food for the historic neighborhood—and prove to

hand to talk about the farm, which is in its second year of stewardship and learning more about it. 

“I want to learn more about what it takes to keep an urban farm going are invited to a June 22 Solstice Celebration and Fundraiser.

While the main focus of the event will be on showing off the space via tours and demonstrations, Bagwell—who lives next door to the York Farm—wants people who show up to know that what they’re doing doesn’t have to be an isolated incident.

“This is about more than growing food,” Bagwell says. “This is a model for what can be done with empty spaces—while also cutting the true cost of food by growing your own produce and using less. It also adds to the beauty of the neighborhood.”

The duo also stresses that this has not been a two-person job. In addition to the many hundreds of hours they’ve each given to the cause, dozens of volunteers have donated labor, and interns Mary Smith and Lester Weber—who will be honored at a short ceremony at the solstice shindig—have shown true commitment when it comes to both digging in and learning more about keeping the farm going. And the list of community members and nonprofits that have donated either plants or building materials is growing by the day.

When asked if they see the farm being a longtime addition to the York neighborhood, both Loquvam and Bagwell are quick to say that, through careful planning and a desire to show that urban farms can help feed the communities in which they’re located, they want the space to be used for generations to come.

“We like to tell people in the neighborhood that ‘We’re building an orchard for your kids,’” Loquvam says.

Although neither profess to be master gardeners, Loquvam says with her organizing experience and Bagwell’s building know-how, they’ve made it possible to turn their urban farm dream into a reality.

“You don’t need expertise to get things done,” Loquvam says. “You just have to have vision,” Bagwell adds. With that, they smile, bump knuckles in solidarity, and get back to work.

ATTEND
WHAT: Solstice Celebration and Fundraiser
WHEN: 3-9:30pm Sat., June 22
WHERE: York Farm, 1400 James St.
COST: Entry is free
INFO: www.yorkneighborhood.org

Freeway Farming
WELCOME TO AN URBAN OASIS

A

though the York Farm is quickly becoming an urban oasis full of many green goodies that promise to bear all manner of foodstuffs, some of the trees that abut the garden aren’t exactly real. That’s because they’re etched into the tall concrete barrier that separates the growing space from the busy I-5 corridor.

Mary Loquvam and Byron Bagwell, the York neighborhood residents who are primarily responsible for turning a fallow stretch of land into a place where people can meet, greet and volunteer time to growing crops, say they’ve spent enough time at the farm that they don’t really notice the noise from the freeway anymore. And as for those “fake” trees? Well, they’re quickly being overtaken by a variety of plants that are actually alive.

On a recent Thursday morning, Loquvam and Bagwell were on hand to talk about the farm, which is in its second year of stewarding land donated by Washington’s Department of Transportation in order to grow food for the historic neighborhood—and prove to others that it’s a doable endeavor.

“We make a distinction between this and community gardens,” Loquvam says. “This is a working farm. We’re focusing on three storage crops—potatoes, beans and winter squash—with the idea that people can come here and get food to store for the winter.”

While the particulars of the first big harvest are still being worked out—volunteers will have access to the crops, but Bagwell and Loquvam also want to make extras available to York neighborhood residents and the Bellingham Food Bank—those who want to learn more about what it takes to keep an urban farm going are invited to a June 22 Solstice Celebration and Fundraiser.

JUNE 19-30
WATERSHED SCIENCE: “Amazing Amphipods,” “Mud Flat Safaris,” luminaria building and much more will be part of “Art for Learning Watershed Science” creative learning activities for all ages from June 19-30 at Bayview’s Padilla Bay Reserve and Breazeale Interpretive Center, 10441 Bayview-Edison Rd. www.padillabay.gov

THURS., JUNE 20
FITNESS FORUM: “Eat to Run: Getting the Facts Straight to Run Your Best” will be the focus of a free Fitness Forum with registered dietitian and competitive runner Maria Balzat at 7:15pm at Fairhaven Runners, 1209 11th St. www.fairhavenrunners.com

JUNE 20-21
BIRD TOURS: “Look Who Just Flew In! Migrating Birds of Whatcom County” will be the focus of a “Bird Tour” at 2pm Thursday at Whatcom Museum’s Syre Education Center, 201 Prospect St. The event is part of the “Open Nest” events happening June 20-23 and 27-30 at the center. A “Bird Nest & Eggs” tour begins at 1pm Friday. Entry is $5 to each tour. www.whatcommuseum.org

FRI., JUNE 21
WILD THINGS: Kids, adults and adventurers can join Wild Whatcom Walks for “Wild Things” excursions from 9:30-11am every Friday in June at Marine Park. Entry is by donation. www.wildwhatcom.org

SAT., JUNE 22
DECEPTION PASS CHALLENGE: The Deception Pass Park Foundation will host today’s
“Deception Pass Challenge” fundraiser starting at 8am at Deception Pass State Park, 41020 SR 20, Oak Harbor. Entry is $100-$150.

WWW.DECEPTIONPASSFOUNDATION.ORG

WALKING CLUB: Whether you’re looking to improve or compete, all are welcome at the weekly Fairhaven Walking Club led by Cindy Paffumi starting at 8am at various locations in Fairhaven. Walk routes and meeting places change from week to week. All paces are welcome.

WWW.COB.ORG/RACES

PADDEN TRIATHLON: Registration is full, but that doesn’t mean you can’t come cheer on those taking part in the Padden Triathlon, which begins at 8:30am at Lake Padden Park, 4882 Samish Way. Competitors will start with the swimming portion, followed by biking and running.

WWW.COB.ORG/RACES

SHADE GARDENING: “The Best of Shade Gardening” will be the focus of a free workshop at 10am at Bakerview Nursery, 945 E. Bakerview Rd. Soil amendments, slug control and the best varieties of trees, shrubs, flowers and native plants that thrive in local shade gardens will be covered. Please register in advance.

WWW.BAKERVIEWNURSERY.COM

FAIRY DAY: In celebration of International Fairy Day, fairy enthusiasts of all ages are welcome to attend “Fairy Day” from 11am-1pm at the Garden Spot Nursery, 900 Alabama St. A drop-in fairy gardens class, prize drawings, wand-making and a high noon promenade will be part of the fun. No registration is necessary.

WWW.GARDEN-SPOT.COM

BUGS AND BIRDS: “Skulls, Skins, Bugs and Birds” will be the focus of a free guided walk led by local Audubon Society members starting at 1pm at Ferndale’s Tennant Lake, 5236 Nielsen Rd. Children and adults are welcome. No registration is necessary.

380-5236

SUN., JUNE 23
RABBIT RIDE: Join members of the Mt. Baker Bike Club for the weekly “Rabbit Ride” starting at 8:30am at Fairhaven Bike & Ski, 1108 11th St. The 32-mile route sees riders heading down Chuckanut and back via Lake Samish.

733-4433 OR WWW.MTBBAKERBIKECLUB.ORG

MON., JUNE 24
BACKPACKING BASICS: Planning, preparation and gear will be covered at a “Backpacking Basics” clinic starting at 6pm at REI, 400 36th St. Register in advance for the free workshop.

647-8955 OR WWW.REI.COM

SEND YOUR EVENTS TO
CALENDAR@CASCADIAWEEKLY.COM
Kaleb Van Rijswijk is well aware of what it’s like to be a teenager—and he’s putting that knowledge to good use. As a member of the newly formed State Street Theatre Company, the Bellingham High School senior spent the last weeks of his BHS tenure helping put the final touches on Spring Awakening, a controversial musical he is directing about teens discovering the ups and downs of sexuality opening June 21 at BHS. Although the actor, director and musician will be leaving town for the teens discovering the ups and downs of sexuality opening June 21 at BHS. Although the actor, director and musician will be leaving town for the

Kaleb Van Rijswijk: The State Street Studio Theatre has been around for five months now. It is a collaboration of several local students and outstanding artists who strive to put on spectacular productions together.

CW: You’re a graduating senior at Bellingham High School, but from the sounds of things you’ve been active in theater—both at the school and in the community—for a while now. When did you know you wanted to be an actor?

KVR: I have had a niche for performing ever since I can remember. But, to be honest, I used to have terrible stage fright. It wasn’t until I was forced to audition for a production outside of my school that I really got hooked. I was about 10, I think, and I remember loving every second of it. I made the decision right there that this is what I wanted to do with my life.

CW: You’ve directed before. What are the challenges of directing, as compared to acting?

KVR: The challenges a director faces is that everyone depends on you. Everyone waits for you to tell them where to go, or what to do, or how to say things. It can get overwhelming sometimes, especially in shows with larger casts. But it’s all the more satisfying when you get to witness your work bloom on stage. It really is indescribable.

CW: What have been some of your favorite roles over the years?

KVR: Some of my favorite roles have been “Jack” in Into the Woods at the Mount Baker Theatre; “Chime” in RPG; and “Melchior” in Spring Awakening. Melchior has always been one of my dream roles.

CW: Spring Awakening has some pretty racy content. Why was this the show you chose as your final hurrah before going to study performing arts in Chicago?

KVR: The thing about Spring Awakening that still amazes me is that the original play was written in the 1800s, and was banned because of its racy content and heavy subject matter, but all of the issues in the show are still very relevant.

CW: What are you most excited about when it comes to your upcoming studies in Chicago?

KVR: I’m most excited to live in a large city and study what I love doing. I’m so looking forward to waking up every morning, looking out my window, seeing all of the buildings and going to sing, dance and act all day!

CW: Why has Bellingham been a good place to hone your acting/musical theater talents?

KVR: Bellingham’s theater community is incredibly small, tight-knit group of performers who are all so friendly and so passionate about what they do. It has been a pleasure to grow up surrounded by all of that love of the arts.
STAGE

JUNE 19-27
BARD ON THE BEACH: Twelfth Night and Hamlet will kick off the new Bard on the Beach season this month at Vancouver, B.C.’s Vanier Park. Showings of the two Shakespearean favorites be joined by Measure for Measure and Elizabeth Rex in July, August, and September. Tickets are $24-$43 (Canadian).
G www.bardonthebeach.org

THURS., JUNE 20
GOOD, BAD, UGLY: Watch “The Good, the Bad and the Ugly” at 8pm every Thursday at the Upfront Theatre, 1208 Bay St. At 10pm, stick around for the “Project.” Entry is $4-$7.
G 733-8855 OR WWW.THEUPFRONT.COM

JUNE 20-22
THE WOMAN IN BLACK: Stephen Malatratt’s ghostly thriller, The Woman in Black, shows for the final weekend at 7:30pm Thursday, Friday, Saturday and Sunday at the Anacortes Community Theatre, 918 M Ave. Tickets are $18.
G WWW.ACTTHEATRE.COM

JUNE 20-23
A ROTTEN DEMISE: The murder mystery dinner theater, A Rotten Demise, shows at 7:30pm Thursday and 6:30pm Sunday at Mount Vernon’s 1st Street Cabaret, 612 S. 1st St. Tickets are $45, and additional showings happen Thursdays and Sundays through June 27.
G WWW.RIVERBELLEDDINNERTHEATRE.COM

JUNE 21-22
CAGE MATCH, PULP IMPROV: Watch two teams of improvisers compete for supremacy at “Cage Match” shows at 8pm Friday and Saturday at the Upfront Theatre, 1208 Bay St. The R-rated, Tarantino-inspired “Pulp Improv” can be seen. Tickets are $8-$10.
G WWW.THEUPFRONT.COM

SUN., JUNE 23
DYNAMO: Discover a new way to spend your Sunday nights when “Dynamo” shows at 8pm every Thursday at the Upfront Theatre, 1208 Bay St. The performances feature 12 improvisers vying for the “Dynamo” title through a series of games and elimination rounds. Entry is $2.
G 733-8855 OR WWW.THEUPFRONT.COM

MON., JUNE 24
GUFFAWINGHAM: A new weekly open mic for comedians, dubbed “Guffawingham!” takes place at 8pm Mondays at the Green Frog, 1015 N. State St. Entry is free.
G WWW.ACOUSTICTAVERN.COM

JUNE 24-25
SUMMER SPECTACULAR AUDITIONS: Comedians, singers, dancers, musicians, drama geeks, magicians, jugglers and many more are invited to audition for the third annual “Sizzling Summer Spectacular” local talent show at 7pm Monday and Tuesday at Lynden’s Claire vg Thomas Theatre at the Dutch Village Mall, 321 Front St. Performances take place July 19-20.
G 364-4425 OR WWW.CLAIREVGTHEATRE.COM

JUNE 27-30
JUSTINCREDIBLE SIDESHOW: Circus skills, sideshow stunts—including sword-swallowing, shoe juggling, and a “very strange” competition—live music by Phina Pippa and much more will be part of “JustInCredible Sideshow” performances with area performers JustinCredible and Strangley at 7pm Thursday (Franklin Park), Friday (Elizabeth Park), Saturday (Roosevelt Park), and Sunday (Fouts Park). Weather permitting, shows will be held outside. Entry is by donation.
G WWW.JUSTINCREDIBLESIDESHOW.COM

DANCE

JUNE 19-22
CIRQUE FANTASTIQUE: The Skagit Valley Academy of Dance will feature four lively performances featuring jazz, tap, hip-hop, modern and classical dance at “Cirque Fantastique” shows at 7pm Wednesday through Saturday at Mount Vernon’s McIntyre Hall, 2501 E. College Way. Tickets are $14-$35.
G WWW.MCINTYREHALL.ORG

FRI., JUNE 21
PEACE DANCE: Celebrate the summer solstice by taking part in the monthly Dances of Universal Peace from 7-9pm at the Center for Spiritual Living, 2224 Yew Street Rd. Suggested donation is $5-$10.
G 733-5745

JUNE 21-22
THE CHIPPENDALES: “Schoolboy charm and naughty fantasy” collide when the number one male revue in the world, the Chippendales, stop for a raucous ladies night out when the Chippendales, stop by Anacortes for 7pm shows Friday and Saturday at the Swinomish Casino & Lodge, 12885 Casino Dr. Tickets are $30.
G WWW.SWINOMISHCASINOANDLODGE.COM

JUNE 22-23
DANCING FOR JOY: “Out of the Box: When Worlds Collide” will see Dancing for Joy performers merging the fairytale worlds of Neverland, Wonderland, and Oz at shows at 6:30pm Saturday and 12pm and 6:30pm Sunday at the Mount Baker Theatre, 104 N. Commercial St. Tickets are $12-$15.
G 744-6080 OR WWW.MOUNTBAKERTHEATRE.COM

WED., JUNE 26
MODERN DANCE CLASS: Former Paul Taylor dancer Tom Evert, now of DancEvert, will teach a modern dance master class from 6-7:30pm at the Baker Theatre, 104 N. Commercial St. Tickets are $15.

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Try our New Full Gluten-Free and Vegetarian Menus!

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Solstice Stroll
THE ART OF SUMMER

While summer weather in Western Washington doesn’t typically commit to heating up until July 5, there’s another harbinger of the season that doesn’t rely on consistent 80-degree temperatures and cloudless blue skies—the annual Summer Solstice Art Walk in historic Fairhaven.

This year, the event—which will take place from 5-8pm Fri., June 21—coincides precisely with the first day of summer, June 21—coincides precisely with the first day of summer, which also marks the annual Summer Solstice Art Walk in historic Fairhaven. Consistent 80-degree temperatures and cloudless blue skies—though summer weather in Western Washington doesn’t arrive until July 5, there’s another harbinger of the season that doesn’t rely on consistent 80-degree temperatures and cloudless blue skies—the annual Summer Solstice Art Walk in historic Fairhaven.

This year, the event—which will take place from 5-8pm Fri., June 21—coincides precisely with the first day of summer, June 21—coincides precisely with the first day of summer. During “Open Nest,” and special events will be happening throughout.

While there, you may also want to ask Moench about the “Whatcom Creek Restoration Story Wheel” he recently installed at Fairhaven to commemorate the June 10, 1999 Olympic Pipeline rupture and fire and the long effort to restore the damage from the tragedy.

“I’m trying to encourage everybody to visit the piece and add their written reflections to the vessel,” Moench says. “I intend it to become a kind of touchstone for intentions of community engagement in environmental stewardship. I made the piece and donated it to the City because the disaster was the spark that got me started making prayer wheels and because I wanted the pipeline calamity to stimulate some positive action away from our collective dependence on fossil fuels.”

Other longtime entities will open their doors during the Solstice Art Walk, as well. Artwood Gallery will be celebrating 25 years of featuring wood artists in Fairhaven, and new works by their many members will be on display. A Lot of Flowers, a longtime staple for those who see nature as art, will be showing off its new space and welcoming artist Ben Mann, who will be onsite painting acrylics on canvas.

But that’s not all. The Whatcom Art Guild’s Art Market will be hosting artist demos, refreshments, live entertainment and prize drawing. Local photographer and pilot John Scullock will be on hand at Village Books to talk about and sign copies of his photo book. At 12th Street Shoes, “Stilettos on Parade” will draw attention to shoes that are also works of creative genius. At Renaissance Art Glass, internationally known glass artist David Wight will bring “Fairhaven’s Tsunami” to life. Israel Shotridge, an Alaska Tlingit, will show works alongside local artists Beth Roberson and Jody Bergsma at Bay to Baker Trading Co. And the list goes on.

Although the Art Walk will happen whether the sun shines or the rain falls—it isn’t July 5 yet, after all—you can rest assured that, come dusk on June 21, summer will have arrived.
projects at a “SmART Studio Auction” from 10am-2pm Saturday and Sunday at Studio UFO, 301 W. Holly St. Original oils, acrylics, watercolors, and pastels will be among the works up for sale.

INTERNATIONAL ART FESTIVAL: Attend Blaine Artists’ inaugural International Art Festival from 10am-7pm Saturday and 11am-5pm Sunday at Blaine’s Peace Arch Park. Artists from around the world will show and sell their works at the global showcase, and demos, music and gourmet food will also be part of the border-line fun. Entry is free, and free parking will be available at the park’s lot on the Blaine side of the border.

HOW BIZARRE: Area artists and crafters will be selling their wares at a semiannual “How Bizarre” gathering from 11am-5pm Saturday and Sunday at Mount Vernon’s Rexville Grocery, 19271 Best Rd.

THURS., JUNE 27
SKAGIT ARTISTS MEETING: Dee Boyle will illustrate how artists can move forward in their artistic journeys at tonight’s Skagit Artists Together meeting at 6pm at the Anacortes Library, artistic journeys at tonight’s Skagit Artists Together meeting at 6pm at the Anacortes Library.

ONGOING EXHIBITS
ALLIED ARTS: View “On the Edge” through June 29 at Allied Arts, 1418 Cornwall Ave. Works by Andy Siebert, Ann Marie Cooper, Chris Shreve, Doug Forrest and Taj Williams are included.

ARTWOOD: New works by members of the creative collective can be viewed through June at Artwood Gallery, 1000 Harris Ave.

BELLEWOOD: Watercolors and mixed media collages by Candace Buethorn and scroll saw art by Don Hurd can be viewed through July 31 at BelleWood Acres, 6140 Guide Meridian.

CEDARWORKS: Peruse and purchase a variety of Native American art from 10am-6pm Wed.-Sat. at the CedarWorks Art Gallery, 217 Holly St.

CHUCKANUT BREWERY: Skagit photographer Jessamyn Tuttle’s “fun photos of fresh fruits and vegetables” can be seen through July 13 at Chuckanut Brewery & Kitchen, 601 W. Holly St.

FISHBOY GALLERY: Check out the contemporary folk art of RR Clark from 1:30-5pm every Mon.-Fri. at the FishBoy Gallery, 617 Virginia St.

FOURTH CORNER: Bellingham painter Nancy Lou Canyon’s works can be seen through June at Fourth Corner Frames, 311 W. Holly St.

GALLERY CYGNUS: View the works of Pacific Northwest icons Mary Randlett (photography), Clayton James (sculpture), and the late Barbara James (drawings) through July 14 at La Conner’s Gallery Cygnus, 109 Commercial Ave.

GOOD EARTH: Chris Moench’s prayer wheels will be highlighted through June at Good Earth Pottery, 1000 Harris Ave. A reception happens June 21 during the Solstice Walk.

HONEY SALON: View “Steevest” through July 31 at Honey Salon, 310 W. Holly St. The exhibit features the works of local self-taught “paintoonist” Steeb Russell.

HOTEL BELLWETHER: View photographer John O’Donofrio’s work through June 29 at the Hotel Bellwether, 1 Bellwether Way.

J’S GALLERY: Works by Jay Bowen, Ed Kamuda, Dan Soler, Katie Small, Tom Pickett, Roger Small, Chuck Bankuti, and others are currently on display in La Conner at J’s Gallery, 101 N. 1st St.

JANSEN ART CENTER: Sign up for classes and workshops at Lynden’s new Jansen Art Center, 321 Front St. A multi-artist “Spring Showcase” will be on display through June 27.

LUCIA DOUGLAS: The “Summer Resale Exhibition” will be on display through July 27 at the Lucia Douglas Gallery, 1415 13th St.

MAKE.SHIFT: James Mey’s “I Am African” exhibit can be viewed through June 27 at Make. Shift Art Space, 306 Flora St.

MINDPORT: Recent photos by Kevin Jones and Richard Krul are currently on display at Mindport Exhibits, 210 W. Holly St.

LYNDEN PIONEER MUSEUM: “Salish Bounty,” which takes a closer look at the food traditions of the Salish Peoples of Puget Sound, shows through June 24 at the Lynden Pioneer Museum, 217 Front St. Entry is $4-$7.

QUILT MUSEUM: “Historical Quilts from the Latmers,” “At Home in High Places: Karin Fransen,” and “Local Color” are on display through June 23 at the La Conner Quilt & Textile Museum, 702 S. Second St.

SKAGIT HISTORICAL MUSEUM: “Shall We Gather: The Centennial Churches of Skagit County” will be on display through Aug. 4 at La Conner’s Skagit County Historical Museum, 501 S. 4th St. Entry is $4-$5.

SMITH & VALLEE: Works by Jay Bowen, Ed Kamuda, Dan Soler, Katie Small, Tom Pickett, Roger Small, Chuck Bankuti, and others are currently on display in La Conner at J’s Gallery, 101 N. 1st St.

WHATCOM MUSEUM: “Clearly Art: The Beauty of Glass” and “Romantically Modern: Pacific Northwest Landscapes” can currently be viewed at the Whatcom Museum’s Lightcatcher Building.

WHATCOM ART MARKET: From 10am-6pm every Friday through Sunday, stop by the Whatcom Art Guild’s Art Market at Fairhaven’s Waldron Building, 1314 12th St.

WHATCOM MUSEUM: “Clearly Art: The Beauty of Glass” and “Romantically Modern: Pacific Northwest Landscapes” can currently be viewed at the Whatcom Museum’s Lightcatcher Building.
Billy Strings
PROBABLY NOT A ROBOT

When I was 20 years old, I was exploring my newfound college freedom, weighing the benefits of single life vs. my then-contentious relationship with my then-boyfriend, running up too much credit card debt (sorry, future self), attending just enough classes to make my parents happy yet few enough to make my professors perpetually exasperated and generally having a pretty good time.

A few things I was not doing when I was 20 years old? I was not wowing audiences with my nigh-unbelievable flatpicking prowess. I was not introducing people to songs long forgotten while writing my own original songs to add to the canon. I certainly was not touring the country, trying to make my living on these formidable skills.

But, then again, I’m not Billy Strings.

With a name like Billy Strings, you can sort of figure on what you’re getting. Or so you might think. But no amount of dropped hints or outright facts can prepare you for the reality that is Strings.

First of all, as you might have guessed, “Billy Strings” is not the name this bluegrass musician was born with. He’s actually William Apostol, named after his grandfather with whom he shares a birthday. The Strings nickname came via an aunt when he was still a toddler. He was gifted a plastic guitar at the age of three, which was replaced with a $25 guitar from an antique store that he “had to have.” It wasn’t long before he was accompanying his father, and, at the ripe old age of six, Strings got a better guitar and started joining the pickin’ parties that would happen at his uncle’s campground.

Born into a musical family and with clear talent that was encouraged from an early age, it would seem Strings has had a charmed existence. And in some ways, he has. He went from the campground to bluegrass festivals, receiving acclaim everywhere he went, from fans and experienced musicians alike.

But Ionia is a small, rural place, hardly a springboard to a fruitful career as a musician. As well, like many less-than-idyllic small towns, Ionia has its fair share of bored teens and readily available drugs. So Strings left Ionia, in favor of parts north, where he’s hit the larger local music scene there like a proverbial ton of bricks. It seems all that small-town ability does indeed translate to bigger audiences, who watch this musician, barely out of his teens, with mouths agape.

Like other bluegrass musicians, Strings’ on-stage persona is dressed up and buttoned down. Despite the speed of his play and its exacting nature, he appears to exert surprisingly little effort, while bringing to bear still-burgeoning charisma. With his slow drawl and seemingly amiable nature, put together, it’s all enough to make a person wonder if Strings is, in fact, made of robot parts.

But underneath that shirt and tie is a body covered in colorful tattoos, speaking to Strings’ ethos as a bluegrass player who is more than a little punk rock at heart. His original songs, ingeniously any stringed bluegrass instrument—guitar, banjo, mandolin—come alive, picking with such speed and precision it seems to defy possibility. It does Strings a vast injustice to say he’s amazing “for his age.” Strings is amazing. Period. Full stop. No qualifiers or modifiers.

It almost sounds as if Strings was born with a guitar in his hand.

He wasn’t, of course, but he was born into a musical family in Ionia County, Mich. His father is a musician and Strings’ obvious early musical proclivities were indulged while he was still a toddler. He was gifted a plastic guitar at the age of three, which was replaced with a $25 guitar from an antique store that he “had to have.” It wasn’t long before he was accompanying his father, and, at the ripe old age of six, Strings got a better guitar and started joining the pickin’ parties that would happen at his uncle’s campground.

ATTEND
WHO: Billy Strings and Don Julin
WHEN: 8pm Wed., June 19
WHERE: The Green Frog, 1015 N. State St.
COST: $5
MORE INFO: www.acousticlive.com

WHEN I WAS a tween, the last day of school involved some kind of event where students roamed the school grounds freely before being wrangled into the gym and cafeteria for a pizza party.

As such, I’ve come to believe that the culmination of the school year should automatically trigger a pizza party, and if that can happen to a soundtrack of live music, so much the better.

The fine folks at Boundary Bay apparently mined my middle-school memory bank when they created their School’s Out for Summer event, which takes place Wed., June 19 in the beer garden. Boundary’s happy hour barbecue offerings will be available, and a pizza party is also in the works. Music—because music there must be—will be provided by local middle and high schoolers, and at least part of it will come via Odd Ones Out. If you’re unfamiliar with this band, it’s likely because they’re still in high school, which precludes them from playing much every venue in town—but that’s not stopping them. Odd Ones Out is fronted by Vincent Blackshadow, who just happens to be the musical offspring of Watts frontman Jeff Braimes. Vinnie started strumming a guitar while still in his diapers, and hasn’t stopped rocking since.

As well, Odd Ones Out have been together longer than many bands in town, and they’re still in high school. Last year’s inaugural School’s Out event was packed out—because everyone likes a pizza party—and I expect the turnout for this incarnation to be healthy as well.

Also happening this week is a free show that takes place Thurs., June 20 at the Wild Buffalo and features Keaton Collective and Manatee Commune. If you’re wondering why the show is free, it’s because Keaton Collective is taking their show on the road—for good—moving to Seattle to try their luck in that larger musical scene. As such, they wanted to thank their sizable and steadfast Bellingham fan base, and a free show seemed like a good way to do that. As Keaton Collective will just be a short jaunt down the I-5 corridor, it’s likely we’ll see them on a stage in this town again soon, so this show isn’t goodbye forever, it’s just farewell for now. Either way, the show is free, and no one loves a free show more than everyone in Bellingham.

And, of course, it would probably seem as though I’d been body-snatched if I didn’t mention Friday’s (June 21) Big Business show at the Shakedown. Aside from Big Business—which is comprised of one part Karp (Jared Warren), a Murder City Devil (Coody Willis), and one part 400 Blows (Scott Martin)—the lineup also includes Helms Alee and Dog Shredder. The last time Big Biz blew through town, the show was way sold out. Tickets are available online, just waiting for you to treat yourself.
while traditional in sound and structure, speak to modern problems and has paid witness to—one of his more popular songs is called “Dust in a Baggy” and is about a friend serving time for methamphetamine possession.

These days, Strings is touring with mandolin player Don Junlin, who, with his also formidable stringed skills (one that has come about through a career slightly longer than Strings’) makes for a perfect match with his decades-younger counterpart. They play songs both traditional and original, and Junlin is just enough of a mandolin master to divert attention from Strings’ crazy capability. Watching them together brings to mind an accolade typically not applied to bluegrass musicians: these dudes totally shred. ☺

**BY CAREY ROSS**

# Make.Shift in the Park

**AL FRESCO ALL-AGES ACTION**

Recently, I was stopped by someone in the street who wanted to know about any/all upcoming shows that her daughter might be interested in attending. Trouble is, her daughter is not yet 21, which severely limits her options with regard to live music in Bellingham.

For those of us who are of age and love live music, life in Bellingham is an ever-plentiful musical oasis. But for those younger than 21, that oasis is a cruel mirage in a musical desert that stretches as far as the eye can see and the ear can hear.

What few options exist took a significant hit a couple of months ago when Make.Shift enacted a moratorium on shows in its basement until such time as they can get that space in compliance with Bellingham’s fire code.

Steady progress is being made toward achieving that goal, but, in the meantime, the lack of all-ages music in town—an ongoing problem, even during the best of times—is a loss that resonates beyond just the underage population.

The moratorium aside, their current status as Bellingham’s only legit all-ages music venue is a thing Make.Shift takes seriously, and, as such, they’re not going to let a little thing like not being able to host shows in their basement silence them. As well, the nimble nonprofit has shown a knack for bringing some sideways thinking and inventive problem-solving to bear when it comes to surmounting whatever obstacles come its way, this situation being no exception.

This adaptability will be on full display on Sun., June 23 when Make.Shift will take over downtown Bellingham’s Maritime Heritage Park for a show featuring the Exquisites (formerly known as Jason Clackley and the Exquisites), San Jose’s Shinobu, Atlanta’s The Wild, and stalwart Bellingham all-ages supporter So Adult.

These bands and this show would be right at home in the Make.Shift basement, but seeing them in the scenic al fresco locale of Maritime Heritage Park on what is fixing to be a sunny day has its own special allure, as does the fact that the show is free (although donations will certainly be accepted and much appreciated by both Make.Shift and the bands). It is probably worth noting that the start time for this special Sunday show is 6pm, and with four bands on the bill and a hard 10pm end time, showing up fashionably late will mean missing some of the precious all-ages action. ☺
### music venues

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**Blue Horse Gallery**
301 W. Holly St. • 671-2305 | **Bobby Lee’s Pub & Eatery**
108 W Main St. • 966-8838 | **Boundary Bay Brewing Co.**
1107 Railroad Ave • 647-5593 | **Brown Lantern Ale House**
412 Commercial Ave., Anacortes • (360) 293-2544 | **The Business**
402 Commercial Ave., Anacortes • (360) 293-9788 | **Cabin Tavern**
307 W. Holly St. • 733-9685 | **Chuckanut Brewery**
601 W Holly St. • 752-3377 | **Commodore Ballroom**
868 Granville St., Vancouver • (604) 739-4550 | **Conway Muse**
18444 Spruce/Main St., Conway (360) 445-3000

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**WEDNESDAY** THURSDAY FRIDAY SATURDAY SUNDAY MONDAY TUESDAY

Choose a free gift Saturday, June 22!
From 3pm to 7pm, Winners Club Members can choose a free gift from our array of goodies, while supplies last.

**$2 Tuesdays**

It’s Back For One Month Only

Just for June, Winners Club Members can enjoy our full lunch or dinner buffet for only two dollars! Served every Tuesday from 11am to 10pm.

10X POINTS FRIDAYS

Winners Club Members get 10X Reward Points every Friday in June from 8pm to midnight. No need to register!
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<td>The Village Inn</td>
<td>Karaoke</td>
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<td>Wild Buffalo</td>
<td>Wild Out Wednesday w/Blessed Coast</td>
<td>Keaton Collective, Manatee Commune</td>
<td>Kingdom Crumbs, Kong Foo Grip, Nu Era, The Bad Tenants</td>
<td>Orgone, Snug Harbor</td>
<td>Mic Night</td>
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See below for venue addresses and phone numbers:

- **WEDNESDAY**
  - **H2O**
  - **Honey Moon**
  - **Kulshan Brewery**
  - **Main St. Bar and Grill**
  - **Old World Deli**
  - **Paso Del Norte**
  - **Redlight**
  - **Rockfish Grill**
  - **Royal**
  - **Rumors**
  - **The Shakedown**
  - **Silver Reef Hotel Casino & Spa**
  - **Skagit Valley Casino**
  - **Skylark's**
  - **Temple Bar**
  - **The Underground**
  - **The Village Inn**
  - **Wild Buffalo**

- **THURSDAY**
  - **H2O**
  - **Honey Moon**
  - **Kulshan Brewery**
  - **Main St. Bar and Grill**
  - **Old World Deli**
  - **Paso Del Norte**
  - **Redlight**
  - **Rockfish Grill**
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  - **Skagit Valley Casino**
  - **Skylark's**
  - **Temple Bar**
  - **The Underground**
  - **The Village Inn**
  - **Wild Buffalo**

- **FRIDAY**
  - **H2O**
  - **Honey Moon**
  - **Kulshan Brewery**
  - **Main St. Bar and Grill**
  - **Old World Deli**
  - **Paso Del Norte**
  - **Redlight**
  - **Rockfish Grill**
  - **Royal**
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  - **Skagit Valley Casino**
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  - **Temple Bar**
  - **The Underground**
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  - **Wild Buffalo**

- **SATURDAY**
  - **H2O**
  - **Honey Moon**
  - **Kulshan Brewery**
  - **Main St. Bar and Grill**
  - **Old World Deli**
  - **Paso Del Norte**
  - **Redlight**
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- **SUNDAY**
  - **H2O**
  - **Honey Moon**
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- **MONDAY**
  - **H2O**
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  - **The Village Inn**
  - **Wild Buffalo**

- **TUESDAY**
  - **H2O**
  - **Honey Moon**
  - **Kulshan Brewery**
  - **Main St. Bar and Grill**
  - **Old World Deli**
  - **Paso Del Norte**
  - **Redlight**
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World War Z
BRAD PITT WILL SAVE US ALL

Destruction is scary, but not half as scary as the act of rebuilding, the moment of looking at the random, jagged pieces you’ve got left and wondering how the hell you’re going to fit them together.

In Marc Forster’s World War Z, the world as we know it—or even as we don’t really know it—is destroyed by a virus that turns people into zombies. Within 12 seconds of being bitten by an infected host, any human will turn into one of those class-A end-of-everything movies that leaves you feeling just a little bit queasy, momentarily uncertain of your own small place in this unmanageable world. The picture is suitably solemn, but it’s never mournful, at least not in the manner of, say, Juan Carlos Fresnadillo’s 28 Weeks Later, the superb follow-up to Danny Boyle’s 28 Days Later. Maybe that’s because 28 Weeks Later isn’t about a world being destroyed but one that’s trying to start back up and just can’t. Fresnadillo’s film rings instead with a terrifying yet vaguely cozy end-of-the-world feeling, a vibe straight out of John Wyndham’s half-disconsolate, half-optimistic ’50s apocalyptic novel Day of the Triffids.

That kind of subtlety is probably too much to expect from World War Z. This is massivescale 3D filmmaking, and in that context, some of it works like gangbusters. Early in the movie, Gerry’s family finds both terror and small acts of kindness in a Newark supermarket-turned-free-for-all; Forster films the sequence so we feel the weight and meaning of both the horror and the humanity. And the human-to-zombie transformation itself is pretty scary, beginning with a clattery death twitch and ending with a superhuman surge that launches the newly zombified individual into action. (These are fast zombies, not the slow kind, and you really want to be able to outrun them.)

The picture tangles with some potentially fascinating geopolitical ideas, too. Most of the world was unprepared for this disastrous zombie invasion, but Israel saw the whole thing coming and built a giant wall around the city of Jerusalem to keep the angry, mindless critters out. Lest you think this is an anti-Semitic gag along the lines of those nutso “Jewish leaders sent a memo out on the morning of 9/11 to tell all Jews to stay home from work that day” theories, note the twist: The wall was built only to keep zombies out; healthy humans are welcome to enter, a marked contrast from the way Gerry’s employer, the U.S. government, treats its own citizens during the crisis.

But World War Z doesn’t really know what to do with those larger philosophical ideas. Forster moves the action forward deftly scene by scene, yet the movie ends up feeling sprawl-

World War Z may be an object lesson in the importance of paying attention to small-scale filmmaking within the framework of big-budget wizardry. Because in the end, all that matters in World War Z is Brad Pitt.
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Much Ado About Nothing

OR WHAT JOSS WHEDON DID ON HIS 12-DAY VACATION

Much ado is being made over the fact that Joss Whedon directed his modern-dress Shakespeare adaptation *Much Ado About Nothing* while taking a 12-day break from postproduction on *The Avengers*. But why should this be so surprising? As superhero franchise palate cleansers go, you can’t do much better than the Bard. Besides, there’s plenty of avenging going on in *Much Ado*, minus the CGI, of course, and with a bit better dialogue.

I enjoyed Whedon’s film both as a species of stunt and also as a legitimately entertaining entry in the voluminous Shakespeare adaptation sweepstakes. It’s very different from Kenneth Branagh’s sun-splashed 1993 version, set in a villa in Tuscany and starring Branagh and his then-wife Emma Thompson as the contentious Benedick and Beatrice, who dislike each other so intensely that it’s obvious they will fall in love.

Whedon has mostly cast his movie with actors familiar from his movies and TV series, including Alexis Denisof (*Buffy the Vampire Slayer*) and Amy Acker (*Angel*) as Benedick and Beatrice, Fran Kranz (*Dollhouse*) and Jillian Morgese (a Whedon newcomer) as the dewy lovers Claudio and Hero, and Nathan Fillion (*Firefly, Buffy*) and Tom Lenk (*Buffy*) as the bumbling constable Dogberry and his loyal sidekick Verges. John Ford had his stock company. Why not Whedon?

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*Shot in black and white in Whedon’s sprawling Spanish-style manse in Santa Monica, Calif., the film seems, quite literally, homely. (To make matters even homier, the house was designed by Kai Cole, Whedon’s wife and one of the film’s producers.) The black-and-whiteness allows us to focus on the characters and the language without the vibrant distractions of a color palette.*

This is a mixed blessing. Olivier’s *Hamlet* and *Richard III* this is not. The actors, while sportive and surprisingly adept at making iambic pentameter seem as form-fitting as plain old (olde?) American lingo, are not exactly going to be giving the Royal Shakespeare Company any sleepless nights. It’s beyond need of proof, of course, that American actors can perform Shakespeare on a level with the Brits.

Whedon does respect the play, and its language. This is no small achievement. Too many Shakespeare redos are plagued by an overarching “concept” that all too often wrecks whatever pleasures we might have taken from the play. Prime example: Baz Luhrmann’s *Romeo + Juliet*, which did to Shakespeare what his *The Great Gatsby* would do to F. Scott Fitzgerald. (Can no one keep this man away from the classics?)*

Whedon was smart to choose *Much Ado* as his maiden Shakespearean voyage. With its merry wit, interlocking love stories, and broad slapstick, it offers up a template for his own sprightly gifts. Plus it has the advantage of essentially being set in a single locale—no raging heaths, no battles (except domestic ones).

This is one movie in which the actors look as if they’re having a good time and, for a change, we are, too. I imagine Shakespeare would have been pleased. Of course, if he were writing today, he’d no doubt be writing for the movies. He might have even taken up *The Avengers II.*
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SUNDAY, JULY 14: Cows on Bikes
1pm at 1986 Main Street, Lynden.
For a shorter ride, meet at 1:30 at Berthusen Park.

SATURDAY, JULY 20: Family Ride—Birch Bay
10:45am at The C Shop, 4825 Alderson Road, Birch Bay.

SUNDAY, JULY 28: History Ride
1pm at Fairhaven Village Green, Bellingham.
FILM SHORTS

42: Even if you’re not a baseball fan, the story of how Jackie Robinson and Branch Rickey broke Major League Baseball’s color line—thus changing the sport and the nation as a whole—speaks to the best, and worst, this country has to offer.★★★★ (PG-13 • 1 hr. 28 min.)
Bellis Fair. See www.fandango.com for showtimes.

After Earth: I’m pretty sure Will Smith already made this movie once, and it was called I Am Legend and costarred a dog instead of his son Jaden. Except this one was directed by M. Night Shyamalan, so it won’t make any sense and will likely feature a twist that also won’t make any sense.★★ (PG-13 • 1 hr. 40 min.)
Barclay Village. See www.fandango.com for showtimes.

Before Midnight: Fresh off the success of the excellent indie black comedy Bernie, director Richard Linklater is back with this excellent, insightful cinematic companion piece to Before Sunrise and Before Sunset.★★★★★ (R • 1 hr. 48 min.)
PFC’s Limelight. See www.fandango.com for showtimes.

The Big Wedding: Yet another ensemble comedy centered on a dysfunctional family just trying to make it through that titular big wedding. This one stars Robert De Niro, Diane Keaton, and Susan Sarandon, so whatever its faults are, they don’t start with the cast.★★★★ (R • 1 hr. 30 min.)
Bellis Fair. See www.fandango.com for showtimes.

Broken: Skunk is an 11-year-old kid at the beginning of her much-anticipated summer vacation. Then, Rick, the sweet but unstable boy next door, is beat up by a neighbor, forcing a coming-of-age for which Skunk isn’t quite prepared.★★★ (Unrated • 1 hr. 31 min.)
Pickford Film Center June 24 @ 7:30

The Company You Keep: Robert Redford plays a former 1970s radical antiwar fugitive wanted for murder who is living a normal enough life in upstate New York—that is, until Shia LaBeouf comes along, discards his true identity and wrecks everything.★☆☆☆☆ (R • 2 hrs. 1 min.)
Bellis Fair. See www.fandango.com for showtimes.

The Croods: An animated adventure about the first road trip in history undertaken by a family of cavepeople should be a big hit with the kiddos. In other words, take your brood to see The Croods.★★★★ (Unrated • 1 hr. 32 min.)
Bellis Fair. See www.fandango.com for showtimes.

Epic: Only an animated movie could see a cast as eclectic as Beyoncé, Colin Farrell, Amanda Seyfried, and Christoph Waltz, all in the same movie.★★★★ (PG • 1 hr. 42 min.)
Barclay Village. See www.fandango.com for showtimes.

Fast & Furious 6: Astonishingly, not nearly as bad as the sixth installment in a series that wasn’t very good to begin with should be. Dunning with faint praise? Maybe.★★★ (PG-13 • 2 hrs. 10 min.)
Barclay Village. See www.fandango.com for showtimes.

Ferris Bueller’s Day Off: Few movies hold up as well as John Hughes movies, and this one is no exception. Join eminently likeable Ferris as he makes the most of playing hooky, and help kick off the 2013 Fairhaven Outdoor Cinema series while you’re at it. Music by Jasmine Greene will open the show.★★★★ (PG-13 • 1 hr. 43 min.)
Fairhaven Village Green June 22 @ 8:30

Frances Ha: I love the understated humor of Greta Gerwig. For this film, she joins forces with The Squid and the Whale director Noah Baumbach to craft a movie that is all her own.★★★★ (R • 1 hr. 26 min.)
PFC’s Limelight. See www.fandango.com for showtimes.

The Great Gatsby: Dear Baz Lurhmann, you made a pretty movie. Leonardo DiCaprio was perfectly cast as Jay Gatsby. Also, you missed the entire point of the book, and kind of screwed up the story, but who cares because DITD!!★★★★ (PG-13 • 2 hrs. 22 min.)
Barclay Village. See www.fandango.com for showtimes.

The Hangover Part III: Much like a person on a bender, this is a series that should know when to quit before it’s had two too many. What I’m trying to say is having a hangover is probably preferable to watching this movie.★★ (R • 1 hr. 40 min.)
Barclay Village. See www.fandango.com for showtimes.

The Internship: From start to finish, Wedding Crashers was, is and always will be a funny, funny movie, thanks in large part to the performances of Vince Vaughn and Owen Wilson. Sadly, this is not that movie.★★ (PG-13 • 1 hr. 40 min.)
Barclay Village. See www.fandango.com for showtimes.

Iron Man 3: Watch what is said to be the best installment yet of the mind-bogglingly successful superhero franchise, and then rent Kiss Kiss Bang Bang, writer/director Shane Black’s and Robert Downey Jr.’s first silver-screen endeavor together. And then you will love this dynamic duo as much as I do.★★★★ (PG-13 • 2 hrs. 20 min.)
Barclay Village. See www.fandango.com for showtimes.

Kon-Tiki: In 1947, Thor Heyerdahl decided to travel more than 4,000 miles across the ocean on a balsa raft—despite the fact that he could not swim—simply to prove it could be done. This visually sumptuous, dramatic adventure story chronicles his legendary journey.★★★★ (PG-13 • 1 hr. 58 min.)
Pickford Film Center. See www.fandango.com for showtimes.

Love Free or Die: Gene Robinson is the first openly gay bishop of any major Christian denomination anywhere. He’s also a complete and total badass. No matter your religious affiliation (or lack thereof), it’s hard not to be moved by his inspiring story.★★★★ (Unrated • 1 hr. 30 min.)
Pickford Film Center June 25 @ 5:30

Man of Steel: Supposedly, this is the Superman movie that doesn’t suck. Supposedly.★★★★ (PG-13 • 2 hrs. 28 min.)
Barclay Village. See www.fandango.com for showtimes.

Much Ado About Nothing: See review previous page.★★★★★ (PG-13 • 1 hr. 47 min.)
Pickford Film Center. See www.fandango.com for showtimes.

Now You See Me: I know very little about this movie other than it stars Mark Ruffalo, Jesse Eisenberg, and more, and involves a bunch of heist-pulling illusionists—some of whom reputedly learned how to perform real magic tricks during filming. Must see.★★★★ (PG-13 • 1 hr. 54 min.)
Barclay Village. See www.fandango.com for showtimes.

Oz the Great And Powerful: Turns out, without Judy Garland, the ruby slippers and those adorably creepy munchkins, Oz ain’t all it’s cracked up to be.★★★ (PG • 2 hrs. 10 min.)
Bellis Fair. See www.fandango.com for showtimes.

The Purge: This movie presumes that in the near future, population control and societal ills will be addressed by wanting mass killing. So, in other words, what’s happening now, but with more creepy masks.★★ (R • 1 hr. 25 min.)
Barclay Village. See www.fandango.com for showtimes.

Scary Movie V: This is normally the point where I say something snarky about Hollywood’s love of pointless franchises, but since Lindsay Lohan is in this (for probably all of the five seconds she could get her to actually work), it’s a must-see.★★★★ (PG-13 • 1 hr. 25 min.)
Bellis Fair. See www.fandango.com for showtimes.

Star Trek Into Darkness: Even the most devout Trekkies are forced to admit J.J. Abrams isn’t ruining their beloved sci-fi touchstone. I guess if it’s good enough for a bunch of grown men who find pleasure in dressing like William Shatner, it’s good enough for you.★★★★★ (PG-13 • 2 hrs. 12 min.)
Barclay Village. See www.fandango.com for showtimes.

This Is the End: A bunch of stars—including James Franco, Jonah Hill, Michael Cera, and Seth Rogen—lampoon themselves in this apocalyptic comedy.★★★★ (R • 1 hr. 47 min.)
Barclay Village. See www.fandango.com for showtimes.

Trailor Wars XXXII: The theme for this incarnation of Trailer Wars is “Christian Family Films,” and I can only imagine the strange and wonderful faux trailers it will inspire.★★★★ (Unrated • 1 hr.)
Pickford Film Center June 26 @ 9:00

World War Z: See review previous page.★★★★ (PG-13 • 1 hr. 55 min.)
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Come celebrate the summer solstice with deep spirituality at the monthly Dances of Universal Peace from 7-9pm Friday, June 21 at the Center for Spiritual Living, 2224 Yew St. Rd., Bellingham. Suggested Donation: $5-10. More info: 733-5745.


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NOW SHOWING June 21 - 27

**Pickford Film Center**

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**NOW SHOWING June 21 - 27**

**Much Ado About Nothing (PG-13)** 107m
Joss Whedon reinvents Shakespeare: “A breezy but heartfelt Shakespeare update that should put a smile on the faces of Whedon fans, Bard worshippers and anyone in the mood for a sharp, sassy romance.” Total Film

Fri: (4:00), 6:30, 9:00
Sat & Sun: (1:30), 4:00, 6:30, 9:00
Mon: (4:00), 6:30, 9:40; Tue: (4:00), 6:30
Wed: (4:00), 6:30, 9:00; Thu: (3:50), 6:20, 9:00

**Jkon-Tiki (PG-13)** 118m
“Reminds us how important it is to expand our horizons by making discoveries, exploring new worlds and pushing ourselves to the absolute limits of human endurance.” Chicago Sun Times

Fri: (3:30), 6:15, 9:10
Sat & Sun: (12:45), 3:30, 6:15, 9:10
Mon: (4:45), 9:00; Tue: (2:45), 7:40
Wed: (3:30), 6:15; Thu: (3:45), 8:45

**Broken (NR)** 91m - Gathr Preview Series
Mon: 7:30 - Starring Tim Roth

**Love Free or Die (NR) 90m - Free!**
Tue: 5:30 - ITVS Community Cinema

**Trailer Wars (NR) 60m**
Wed: 9:00

**Hey Bartender (NR) 92m**
“Engagingly looks at the new age of the craft cocktail, and the masters who mix them.” Seattle Times

Come early for a special exhibition!
Thu: 6:30 - presented by The Real McCoy

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**CASCADIA WEEKLY**

**MAIL 4**

**FOOD 18**

**B-BOARD 31**

**MUSIC 22**

**ART 20**

**STAGE 18**

**FILM 06**

**CURRENTS 8**

**STAND 14**

**FILM 06**

**NEWS 14**

**DO IT 2**

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**LimeLight cinema**

**COMING JULY 4 - BEER/WINE AT THE LIMELIGHT!**

Before Midnight (R) 108m “Whatever a modern love story is, Before Midnight takes it to the next level. It’s damn near perfect.” Rolling Stone

Fri: (4:00), 6:30; Sat: 4:00, 6:30; Sun: 3:00, 5:30
Mon: 6:30; Tue - Thu: (4:00), 6:30

Frances Ha (R) 86m
“Effortless and effervescent, Frances Ha is a small miracle of a movie, honest and funny with an aim that’s true.” Los Angeles Times

Fri: 9:00; Sat: (1:50), 9:00; Sun: (12:50), 8:00
Mon - Thu: 9:00
FREE WILL ASTROLOGY

ARIES (March 21-April 19): Maybe you’ve seen that meme circulating on the Internet: “My desire to be well-informed is at odds with my desire to remain sane.” If you feel that way now—and I suspect you might soon if you don’t already—you have cosmic permission, at least for a while, to emphasize sanity over being well-informed. Lose track of what Kim Jong-un and Kim Kardashian are up to, ignore the statements of every jerk on the planet, and maybe even go AWOL from the flood of data that relentlessly pours toward you. Instead, pay attention to every little thing your body has to tell you. Remember and marvel at your nightly dreams. Go slow. Lay low. Be soft. Have fun with unspectacular influences that make you feel at home in the world.

TAUROS (April 20-May 20): I expect you will be called on to mediate between opposing camps or competing interests or different realities. Maybe you’ll volunteer to serve as an arbiter between the cranky good guys and the righteous bad guys. Perhaps you’ll try to decode one friend’s quirky behavior so that another friend can understand it. You might have to interpret my tortured, cruel-to-people with whom I think astrology is bunk. You may even have to be a mediator between your own heart and head, or explain the motivations of your past self to your future self. You can’t be perfect, of course. There will be details lost in translation. But if you’re as patient as a saint and as tricky as a crow, you’ll succeed.

GEMINI (May 21-June 20): Pablo Casals was one of the greatest cellists people who ever lived. Among his early inspirations was the music of Johann Sebastian Bach. Casals discovered Bach’s six cello suites when he was 13 years old, and played them every day for the next 33 years. Have you ever done something similar, Gemini? Devoted yourself to a pleasurable discipline on a regular basis for a long time? I invite you to try it. The coming months will be an excellent time to seek mastery through a long time project. Cancerians, you’re not a finished product, and if you feel that way now—and I suspect you do—you have cosmic permission, at least for a while, to emphasize sanity over being well-informed. Lose track of what Kim Jong-un and Kim Kardashian are up to, ignore the statements of every jerk on the planet, and maybe even go AWOL from the flood of data that relentlessly pours toward you. Instead, pay attention to every little thing your body has to tell you. Remember and marvel at your nightly dreams. Go slow. Lay low. Be soft. Have fun with unspectacular influences that make you feel at home in the world.

CANCER (June 21-July 22): Among his early inspirations was the music of Johann Sebastian Bach. Casals discovered Bach’s six cello suites when he was 13 years old, and played them every day for the next 33 years. Have you ever done something similar, Gemini? Devoted yourself to a pleasurable discipline on a regular basis for a long time? I invite you to try it. The coming months will be an excellent time to seek mastery through a long time project. Cancerians, you’re not a finished product, and if you feel that way now—and I suspect you do—you have cosmic permission, at least for a while, to emphasize sanity over being well-informed. Lose track of what Kim Jong-un and Kim Kardashian are up to, ignore the statements of every jerk on the planet, and maybe even go AWOL from the flood of data that relentlessly pours toward you. Instead, pay attention to every little thing your body has to tell you. Remember and marvel at your nightly dreams. Go slow. Lay low. Be soft. Have fun with unspectacular influences that make you feel at home in the world.

LEO (July 23-Aug. 22): Renowned 20th-century theologian Karl Barth worked on his book Church Dogmatics for 36 years. It was more than 9,000 pages long and contained over six million words. And yet it was incomplete. He had more to say, and wanted to keep going. What’s your biggest undone project, Leo? The coming months will be a good time to concentrate on bringing it to a climax. Ideally, you will do so with a flourish, embracing the challenge of creating an artful ending with the same liveliness you had at the beginning of the process. But even if you have to culminate your work in a plodding, prosaic way, do it! Your next big project will be revealed within weeks after you’ve tied up the last loose end.

VIRGO (Aug. 23-Sept. 22): Susannah Cibber was a popular 18th-century English contralto whose singing was expressive and moving. On one occasion, she performed Handel’s “Messiah” with such verve that an influential priest responded by making an extravagant guarantee. He told her that as a result of her glorious singing, any sins she had committed or would commit were forever forgiven. I’d like to see you perpetuate an equivalent amazement, Virgo: a good or beautiful or soulful deed that wins you a flood of enduring slack. The cosmic omens suggest that such an achievement is quite possible.

LIBRA (Sept. 23-Oct. 22): Johnny Appleseed was a 19th-century folk hero renowned for planting apple trees in vast areas of rural America. During the 70 years this famous Libra was alive, he never got married. He believed that if he remained un wed during his time on earth, he would be blessed with two spirits in the afterlife. Have you ever done something similar, Libra? Is there an adventure you’ve denied yourself in the here and now because you think that’s the only way you can get some bigger, better adventure at a later date? If so, now would be an excellent time to adjust your attitude.
by community members and supporters of sentencing alternatives. Yet the low end of the LJC recommendation is now the mid-range cited by jail planners, and the number that continues to be widely cited by the county administration and executive planning group. Louws’ top-down executive committee, smaller than the original JPFF, seems constructed along the lines of the flawed LJC—missing the guiding opinions of groups like the ReEntry Coalition.

Other forces continue to press from other directions.

The surge in population growth has fallen off considerably in Whatcom County, easing a demographic pressure for more beds. But even more remarkable, crime has plummeted. Plunging most markedly are those Class A offenses—violent crimes against persons and property—that typically draw jail time.

Violent crime has been on the decline for nearly a decade in Whatcom County, as it has nationally, according to the Washington Uniform Crime Reporting (UCR) using data provided by local police. Only property crimes like larceny and vandalism hold steady when compared to previous years. Of violent crimes reported against persons statewide in 2012, half (49.5 percent) were related to domestic violence. And—as any cop will tell you—they’re a poor and expensive choice for marriage counselors. More generally, Millennials seem of a different breed in the crimes they commit, their patterns of recidivism markedly different.

A small change in law enforcement imperatives could yield huge effects in future jail populations. Simply removing a crime from the books might sharply reduce both incidence of crime and convictions for related crimes.

In 2012, the San Francisco-based Center on Juvenile & Criminal Justice (CJCJ) released a policy briefing with an analysis of arrest data collected by the California Department of Justice’s Criminal Justice Statistics Center. The report found state marijuana decriminalization efforts introduced in 2011 had dropped the arrest rate among juveniles by a staggering 20 percent, with nearly four drug violations in five were for marijuana possession in 2012.

“We do not hold many inmates solely on possession of small amounts of marijuana,” Sheriff Elfo noted recently in a policy brief. “This charge may be included in a list of charges that brings an inmate to jail, but rarely is the only reason they are in custody. A data search for 2010 indicates 19 people were booked solely on a charge of possession of a small amount of marijuana. The total number of bookings in 2010 was 7,811, meaning that for our facility, 0.24 percent of the bookings were due to possession of small amounts of marijuana.

An entire suite of successful sentencing alternatives have all emerged as a result of reduced capacity.

These 19 people spent a combined total of 12 days in custody. The total number of days spent in jail by all offenders booked into the Whatcom County Jail system was 153,244. This means that last year, 0.008 percent of the jail beds were used for individuals serving time for possession of a small amount of marijuana.” Others protest that the easy telltale of marijuana smoke is what frequently draws the attention of law enforcement in the first place, a gateway drug to a different sort of gate. Jailable charges are often drizzled over weed possession like oil over a salad.

“This whole jail is about moving, housing and controlling people,” Gilfflen noted in her comments. “It is a human impact process... inside and out. It is about changing the civic center, changing everything about how we administer justice in our community, changing the traffic and living and working patterns of our city and county. Therefore the impact on people, our community and society as a whole should be studied.

“If not studied now, then when, and by who?”

**THE ADVICE GODDESS**

**COITUS FRUSTATUS**

My boyfriend is a very spiritual person who practices yoga, meditation, etc. He showed me a website about karezza, which basically involves deriving sexual pleasure through long, drawn-out, non-vigorous physical contact without experiencing an orgasm. It sounds nice and all, but I would greatly miss the orgasm part of sex. Why, we recently revealed that he is a recovering porn and masturbation addict. I see from the way he talks how important it is for him that we give up traditional intercourse for karezz. I love him and want to help him in every possible way, but I'm not sure how to come to terms with giving up orgasms. —Conflicted

You aren't a bad girlfriend if you need your boyfriend to be something of an animal in bed, and not the kind found fossilized in rock.

O.K., to be fair, there is some movement during karezz, just not enough that anybody participating would get anywhere near Orgasmageddon. Alice Stockham, the 19th century Quaker doctor who came up with karezza (named for the Italian word carezza, meaning “caress”), argued in her 1896 book about it that orgasms “without cause” (such as the desire to make a baby) are “degrading.” Stockham called for a more “ennobling” sort of sex, “a quiet affair” that is “devoid of lustful thoughts, that is, the mere gratification of physical sensations”—or, to put it in more modern terms, “50 Shades of Reading Next to Each Other in Matching Snuggies.”

Karezza does get props from practitioners, who insist they feel way more bonded to each other than when they used to each other screaming orgasms. However, the science-y sounding claims for its benefits by some of those who publish books and articles about it seem largely unsupported by research. Also, it is not a solution to your boyfriend’s compulsions but a way to avoid dealing with the issues underlying them. As addiction treatment specialist Dr. Frederick Woolverton explains in Unhooked, at the heart of any addiction is an attempt to avoid legitimate suffering—difficult emotions which are part of being alive.

You could agree to try karezza for three weeks to see whether it works for you, and by “works,” I mean gets you off. “Oh, orgasms, sch orgasms.” Unless it does, it’s unfair to resign yourself to the sexual equivalent of reading a 300-page crime novel—except for the last 30 pages, which you tear out and burn. And despite the spiritual window dressing around karezza, unless your boyfriend is doing as Woolverton advises—taking steps to “head straight into (his) emotional pain, which is what terrifies (an addict) the most”—what you’ll likely have on your hands is a meditating, yoga-doing, spiritual-talking boyfriend who’s only somewhat present. In other words, you support him by committing to helping him deal with his feelings while he develops healthy coping mechanisms, not by replacing your “If the van’s a-rockin’…” bumper sticker with “If the van looks like it hasn’t been moved in years…”

**WHISTLE WHILE YOU WEEP!**

My boyfriend and I just ended our relationship and are trying to heal and move on. This is difficult because we not only work together but are in the same building and on the same research team. I love my job and feel lucky to have it, so moving on to another workplace isn’t the answer.

—Blasted With The Past

It’s hard to maintain a veneer of professionalism when the plant’s loud-speaker pages you, “Employee #442, Employee #440 is drunk-dialing you on extension 2.” Unfortunately, it’s easy to end up in that situation when you don’t have the usual benefit of a break-up, which typically involves separating once and for all, not every day at the end of the workday. Give yourself concrete reinforcement that it’s over by writing down five reasons you don’t belong together, and help yourself compartmentalize at work by drawing a line down a piece of paper and listing the appropriate behaviors for “Together” vs. “Just work together.”

Because research finds that ritual is highly effective in helping people assimilate change (and because it’ll probably be comforting to have a cackle with a couple of friends), maybe have a “funeral” for your relationship and “bury” a few symbolic items from it in the nearest Dumpster. That probably sounds a bit wacky, but acting like the relationship is dead and gone and you’re moving on should help you do just that. According to British psychologist Dr. Richard Wiseman, author of The As If Principle, numerous studies suggest that “the easiest, quickest and most effective” way to change your thinking isn’t by thinking about it but by acting “as if” you’re the person you want to be—in your case, the person who’s managed to demote one of her coworkers from soulmate to paperweight.
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Sudoku

HOW TO SUDOKU: Arrange the digits 1-9 in such a way that each digit occurs only once in each row, only once in each column, and only once in each box. Try it!

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Jen Sorensen SLOWPOKE

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HOW TO SUDOKU:

Arrange the digits 1-9 in such a way that each digit occurs only once in each row, only once in each column, and only once in each box. Try it!
Friday, June 21 marks the beginning of summer and a time when many beer lovers gravitate to lighter and more refreshing beers to match the warmer days.

“Summer beers,” as they’re loosely categorized, include a wide range of beer styles, though they hold the common thread of being light, refreshing, easy to drink and relatively low in alcohol, making them better served for multi-hour barbecues, water activities, outdoor games and sports. Below are some beers to try that are perfectly suited for the season.

If summer could be squeezed into a bottle or a can, Summer Ale by Fremont Brewing Company might be how it tastes. It offers citrusy pops of tangerine, a balanced amount of bitterness and gentle aromas that will make you think you’re standing in a wildflower-filled meadow. For a “SMaSH” beer, which is a single malt and single hop beer, it’s surprisingly complex and flavorful. It’s also easy to quaff.

Kulshan Brewery’s light, crisp, slightly sweet and slightly tart Dude Man Wheat Ale is the quintessential summer ale, but that choice is too easy. Instead (or in addition to Dude Man), you really must try the brewery’s new summer seasonal, Hop Howdy Belgian Blonde. Sure, it has more than 8 percent alcohol by volume, so it’s a tad strong for your typical summer beer, but it’s no less refreshing, and its Belgian yeast esters conjure up images of blooming flowers and sun-soaked farmland. It finishes with a blast of spicy hop flavors and a healthy amount of bitterness. And if that doesn’t sound like your average Belgian ale, it’s not. Though in recent times, a growing number of Belgian brewers—including Achouffe, Het Anker, and De Ranke, to name a few—have begun brewing some rather hop-forward ales imitating American-style IPAs. “Hop Howdy is our take on some Belgian brewers’ take on the American IPA,” Kulshan founder Dave Vitt explains with a laugh.

Boundary Bay Brewery’s Pilsner is the brewery’s highly anticipated summer seasonal. Being a lager, it is fermented longer and cooler than ale, which helps to create smoother, drier and less-fruity flavors. Noble hop additions give it a balanced hop bitterness level as well as delicate hop aromas, and Pilsner, Munich, and Vienna malts contribute to the beer’s light but flavorful malt backbone.

Sierra Nevada Brewing Company’s Summerfest is a Czech Pilsner-style lager with a subtle, honey-like sweetness, rich and grainy malt flavors, a floral and peppery hop profile, and a crisp and dry finish. It’s full of flavor, yet incredibly easy to drink.

The Helles style of beer (“hell” means “pale” or “light” in German, and “helles” means “bright”) was Munich’s response to the Czech Pilsner. Compared to Pilsner, Helles is slightly maltier, lower in alcohol and less bitter. Chuckanut Brewery’s Helles Lager is a perfect example of the style, and panels of expert beer judges agree. This year, it won gold medals at the Great American Beer Festival and the Washington Beer Awards, and a silver medal at the North American Beer Awards.

Some fruit beers are too sticky and sweet. Others lack a noticeable fruitiness. 21st Amendment Brewery’s Hell or High Watermelon Wheat Beer seems to be just right. This American-style wheat beer is brewed with watermelon, which contributes a pinch of sweetness and some pleasantly fruity background aromas.

Rolle Bolle by New Belgium Brewing Company is named after a Belgian yard game that can be conveniently played with a beer in one hand. This summer season has oaty and cracker-like malt flavors, a mild hop bitterness, and a crisp, dry and quenching finish. Adding to its refreshing qualities, Rolle Bolle is brewed with two exotic fruits—monk fruit and soursop—that imbue it with tart, vinous and tropical fruit flavors, plus a pinch of sourness, making it the ideal accompaniment to a hot summer day.
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