A brief overview of this week’s happenings

**WEDNESDAY [07.04.18]**

**COMMUNITY**  
Old-Fashioned 4th of July: 8am-11pm, Blaine  
4th of July Celebration: 10am-10:30pm, Anacortes  
Loggeredoe: 10am-11pm, Sedro-Woolley  
Old-Fashioned 4th: 12pm-11pm, La Conner  
Haggen Family 4th: 2-11pm, Zuanich Point Park

**THURSDAY [07.05.18]**

**ONSTAGE**  
The Seagull: 7:30pm, Maritime Heritage Park  
Bard on the Beach: Through Sept. 22, Vanier Park, Vancouver, BC  
Good, Bad, Ugly: 8pm, Upfront Theatre  
The Project: 10pm, Upfront Theatre

**DANCE**  
Harry Potter Burlesque: 8:30pm, Fryfi Lounge

**MUSIC**  
BFM Community Concert: 12pm, Whatcom Museum’s Old City Hall  
Blues and Brews: 5-9pm, Hotel Bellwether terrace  
Jazz Jam: 5:30-8:30pm, Illuminati Brewing  
Out of the Ashes: 6-8pm, Elizabeth Park

**FOOD**  
Bow Farmers Market: 1-6pm, Samish Bay Cheese  
Ales & Sails: 6pm, Bellingham Cruise Terminal

**FRIDAY [07.06.18]**

**ONSTAGE**  
The Seagull: 7:30pm, Maritime Heritage Park  
10-Minute Play Festival: 7:30pm, Anacortes Community Theatre Annex  
LOL-Apalooza: 9pm, Upfront Theatre

**DANCE**  
Dancing on the Green: 7-9:30pm, Fairhaven Village Green

**MUSIC**  
Baby Cakes: 6-8pm, Seafarers’ Park, Anacortes

**GET OUT**  
Sin & Gin Tour: 7pm, downtown Bellingham

**SATURDAY [07.07.18]**

**ONSTAGE**  
Mr. Burns: 7:30pm, Maritime Heritage Park  
10-Minute Play Festival: 7:30pm, Anacortes Community Theatre Annex  
LOL-Apalooza: 9pm, Upfront Theatre

**MUSIC**  
Sky Colony: 7pm, Heart of Anacortes  
Festival of Music: 7:30pm, Performing Arts Center  
Concert Hall, WWU

Get a sneak peek at five city and country gardens  
July 7-8 at the Whatcom Horticultural Society’s 32nd annual Tour of Private Gardens

**FILM**  
Ferdinand: Dusk, Fairhaven Village Green

**COMMUNITY**  
WeSnip ReSale: 9am-5pm, Cordata Plaza  
Skookum Kids Celebration: 4-7pm, Franklin Street

**GET OUT**  
Chuckanut Foot Race: 9am, Marine Park  
Tour of Private Gardens: 11am-5pm, five gardens in Whatcom County  
Nooksack River Walk: 3pm, Horseshoe Bend Trailhead

**FOOD**  
Anacortes Farmers Market: 9am-2pm, Depot Arts Center  
Mount Vernon Market: 9am-2pm, Riverwalk Park  
Lummi Island Market: 10am-1pm, the Islander  
Lynden Farmers Market: 10am-2pm, Centennial Park  
Blaine Gardener’s Market: 10am-2pm, H Street Plaza  
Bellingham Farmers Market: 10am-3pm, Depot Market Square  
Street Food Saturdays: 11am-2pm, Zuanich Point Park  
Saturday Market: 1-3pm, Concrete Community Center

**VISUAL**  
York Yard Crawl: 12-6pm, throughout the York neighborhood  
New Exhibits Reception: 1pm, Museum of North-west Art, La Conner  
First Saturday Art Walk: 2-5pm, downtown Mount Vernon  
Indra’s Net Opening: 4-6pm, i.e., gallery, Edison  
PlantBased Opening: 5-7pm, Smith & Vallee Gallery, Edison

**SUNDAY [07.08.18]**

**ONSTAGE**  
La Cage Aux Folies Auditions: 7pm, Bellingham Theatre Guild  
Mr. Burns: 7:30pm, Maritime Heritage Park  
The Gateway Show: 8pm, Upfront Theatre

**MUSIC**  
Stick Shift Annie: 1-4pm, Gilkey Square, La Conner  
Fiddlin’ Fox Summer Series: 2-5pm, Fairhaven Village Green  
Chamber by the Bay: 4pm, Bellingham Cruise Terminal  
Drayton Harbor Music Fest Kickoff: 7pm, Blaine Performing Arts Center

**GET OUT**  
Street Scramble: 10:30am, Whatcom Family YMCA  
Tour of Private Gardens: 11am-5pm, five gardens in Whatcom County

**FOOD**  
Edison Farmers Market: 10am-3pm, Edison Granary

**MONDAY [07.09.18]**

**MUSIC**  
Drayton Harbor Music Fest: 7pm, Blaine Performing Arts Center  
Greta Matassa Trio: 7:30pm, Jansen Art Center, Lynden

**TUESDAY [07.10.18]**

**ONSTAGE**  
BFIT: 6pm, Boundary Bay Brewery  
Comedy Open Mic: 7:30pm, the Shakedown

**GET OUT**  
History Sunset Cruise: 6:30pm, Bellingham Cruise Terminal
Featuring JULY /two.lf/zero.lf & /two.lf/one.lf, /nine.lfPM - /one.lfAM

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WIN YOUR SHARE EVERY MONDAY IN JULY!

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Megs McLean

JULY 2 - 30, 2018
Anniversary Winnings

WIN YOUR SHARE EVERY MONDAY IN JULY!
Lawrence Andrew Tom Sr., or Seathluk, passed away last week at the age of 92. “This Independence Day, Lummi Nation mourns the loss of one of our great warriors, ‘Spaghetti’ Tom, who served as a U.S. Army Technician Fifth Grade during World War II and was a proud member of Lummi American Legion Post #33,” Anthony Hillaire says. The dedicated community member was the last surviving Lummi Nation World War II veteran, and leaves a legacy of service.

**AMERICAN GULAG**

The golfer-in-chief, Donald Trump, loves all things Russian, apparently to the extent of recreating what looks like a gulag archipelago, as children separated from their parents are sent to camps throughout the country.

Entering the country illegally is a misdemeanor and requires an equivalent due process. But this action is beyond the pale and is so egregious and vicious that it will join other dark moments in American history, from Native American children forcibly sent to residential schools and the Japanese internment camps.

That this administration even implemented this botched plan makes you wonder what else they are willing to do.

—Klaus Wergin, Bellingham

**EVIL PRESIDES**

After the atrocity of 9/11 I remember a very fundamentalist friend of mine trying to convince me that there was true evil in the world that we had to stand up and fight. Raised in a church where I was taught God is love and God is everywhere, I found this world view disturbing. Sure, certain people did bad things but most people were fundamentally good. Right?

After living through the Trump regime and the collapse of the old Republican Party, I am changing my mind. I’ve read all the history—how the conservative think tanks, legislative groups like ALEC and billionaires like the Koch brothers have worked for years to take over the legislatures, the courts and now the executive branch, but I used to think it was a difference in political beliefs, that we could come together with the best ideas from both sides, that compromise would prevail.

Boy, was I wrong. The gerrymandering, the cheating to get their own Supreme Court nominee, the baiting of ethnic fears have all worked against the republic for which we stand, one nation, one God with liberty and justice for all.

I have come to the concept of evil.

How can it be anything but evil to separate mothers and children as they flee from violence? How can it be anything but pure evil that takes the safety net away from our most vulnerable people by proposing cuts in Medicare, Social Security and Medicaid while providing the 1 percent a huge tax break?

Evil presides when we treat our allies like pariahs and dictators are praised. Evil presides when we work to disenfranchise voters—if your ideas are so good why not encourage people to vote? Evil is rampant when the people we have entrusted our government to spend more time filling their own pockets than in trying to make the world a better place.

This is not an ideological argument. This is good vs. evil.

Will evil prevail? Only if We the People let it.

—Jayne Freudenberger, Bellingham
KEEPING THE VIBE ALIVE

Bellingham is becoming a hot spot for not being Seattle and still having a fun community vibe, naturally attracting people to move here. Hence, all the new development in the downtown area and parts of Fairhaven are going up. My concern is that all these people are bringing a car or two each. Soon enough we will have a “rush hour,” and Bellingham will lose its calm ambiance.

My question is, what is the city planning to do with the increase of vehicles due to an increase in density?

Welcoming new people to this town is all part of what Bellingham is about, how beautiful it is to have people move to Bellingham because they feel they can be part of this community to make it more productive in culture and to be able to participate in the livelihood of all the Bellinghamsters. Live music, local markets, yoga, ocean, mountains and good beer. A magical place.

I want to reach out to the transportation authority to reach out to these incoming people that are going to be part of our community and encourage them to use the WTA and to ride their bikes, especially if they work and live between downtown Bellingham and Fairhaven.

I ask the city and the community to rub off the biking culture on the newcomers. The Whatcom Transportation Authority is a beautiful way to get around downtown, and they give the most beautiful service.

How sweet would it be to walk down Holly Street and hear people’s laughter, footsteps and the cutlery dinging of people dining?

Let us keep Bellingham calm.

—Brittany Portillo, Bellingham

HEART OF ICE

There are two reasons why ICE agents rip crying kids away from their parents, and “Orders are orders” is not one. The two reasons are because it makes the rippers feel powerful and because they like it. If they didn’t enjoy it, they could refuse or quit.

“Following orders” is neither excuse nor explanation. Nazi perpetrators said “If we didn’t they would have sent us to the front.” Well, you were “soldiers,” and millions of your countrymen fought the Russians while you stayed behind safe, bullying, torturing and murdering. No one in the German armed forces was ever punished for refusing to murder people. Soldiers who declined were given other duties (while eager volunteers took their place). No one is forcing these agents to behave like monsters. If Nazis could decline, so can they.

The really scary thing about the Trumpists is that there are tens of thousands who would love to take part in savagery, love to watch parents and children cry, love to be guards at camps set up to hold “undesirables” where they could act like gods.

We are now standing on a cusp. The president—who-would-be-king is taking the stand that he is totally and absolutely above the law, and we now must hope that some Republican senators and congressmen find a spine, some testicles and a conscience.

I hold little hope.

—Jamie Selko, via email

CANADA’S OIL FUTURE

In response to Clark Williams-Derry excellent article re: “dirty” oil sands oil from Canada. Lots of excellent statistics, but perhaps he forgot to mention a few other important facts.

American oil companies own or control more than 80 percent of all the oil (including the oil sands) in Canada, including known oil reserves. The Canadian Arctic estimates are up to an additional 25 percent more of this oil supply.

Canada currently is close to being the second-largest oil-producing country in the world and, when the Arctic oil is on-stream, might be the world’s largest proven oil reserves. Right next door. A stable, democratic nation, and biggest trade partner with the United States.

The most important point is Canada must sell its oil to the United States with up to 25 percent discount from the world price to honor previous trade agreements prior to NAFTA. U.S. refineries have been upgraded to handle “dirty oil,” but the refineries don’t have to buy dirty oil from Canada.

Canada has a large enough supply of so-called mixed oil (no oil sands oil) that could supply all the import needs of the refineries. A new pipeline through Washington state could be replaced with train car transport.

Yes, there are dangers of moving crude oil by any means.

Tanker traffic along the British Columbia coast from Alaska to Washington refineries have never had a spill—ever. More and more new tankers are now double-hulled, for further protection.

By further refining crude oil first into gasoline/diesel fuel and then transport is safer in case of a spill. Canada would prefer to ship all its oil sands oil to Asia, especially China and other nations to obtain an additional 25 percent world price.

That oil will be shipped out of many BC ports, not just Vancouver. Two more is northern BC ports are being readied to ship oil to Asia.

The Salish Sea in the future may not have Canadian oil tanker traffic headed across the Pacific. The other oil-producing nations, like Venezuela are in chaos—ready to collapse and can’t supply present customers. Trinidad is too small a producer. The Middle East will always be a tinder box of instability—and a long distance away.

What is the answer to concerns about Canadian oil?

No one is forcing any U.S. refinery to buy Canadian oil at a 25 percent discount. Refineries don’t have to buy “dirty oil sands oil”—they can order conventional oil at the same discount.

—H.M. Jay James, Vancouver BC
Muslim Ban
THE SUPREME COURT AND TRUMP’S UGLY ABYSS OF RACISM

By Amy Goodman

The U.S. Supreme Court delivered a tsunami of decisions last week, most of which left no doubt about its fiercely right-wing orientation. By a narrow 5-4 majority, the court upheld Republican gerrymandering in Texas, overturned pro-choice legislation in California, dealt a significant blow to public sector unions and upheld President Donald Trump’s latest Muslim ban. Each decision sets back decades of organizing and progressive legislative achievements, struggles for which people fought, protested, went to jail and, in some cases, died.

Each decision will be heralded as a signal achievement of Senate Majority Leader Mitch McConnell, who engineered the current makeup of the court by denying President Barack Obama a confirmation hearing for his nomination to replace the late Justice Antonin Scalia. But of all these decisions, the most odious, the most reprehensible, was the case of Trump v. Hawaii, upholding the Muslim ban, endorsing and empowering Donald Trump’s vile, naked racism.

This case involves the three successive attempts by Donald Trump to deliver one of his many notorious campaign promises, to implement, as he said at one rally, “a total and complete shutdown of Muslims entering the United States.” Trump issued the first Muslim ban on Jan. 27, 2017, provoking massive protests at airports from coast to coast. After legal challenges blocked that ban, Trump issued “Muslim Ban 2.0” in March. That one was also blocked by the courts, with one federal appeals court concluding Trump’s executive order “drips with religious intolerance, animus, and discrimination.”

Finally, in September, the White House issued a proclamation, “Muslim Ban 3.0,” with narrowly tailored legal language restricting, to varying degrees, entry to the United States for people from Chad, Iran, Iraq, Libya, Yemen, North Korea, Syria and Venezuela. The Supreme Court allowed it to go into effect while the legal challenges progressed. This week, it gave Trump the green light to make his racist ban permanent.

Justice Sonia Sotomayor wrote a blistering dissent that performed a vital public service, by collecting all of Donald Trump’s blatant anti-Muslim and Islamophobic statements, tweets and press releases in one place, permanently inscribed in the public record for future generations to behold. In addition to the formal campaign statement that he wanted to ban all Muslims, Sotomayor summarized, “Trump told an apocryphal story about United States General John J. Pershing killing a large group of Muslim insurgents in the Philippines with bullets dipped in pigs’ blood in the early 1900s.” He later said—again, from Sotomayor’s dissent—“We’re having problems with the Muslims, and we’re having problems with Muslims coming into the country.” The list of blatant statements is long and, as she wrote, “harrowing.” Of Muslim Ban 3.0, she concludes, “this repackaging does little to cleanse ... the appearance of discrimination that the president’s words have created.”

Trump’s Muslim Ban is now the law of the land. Sotomayor’s dissent continued: “Trump justified his proposal during a television interview by noting that President Franklin D. Roosevelt ‘did the same thing’ with respect to the internment of Japanese Americans during World War II.”

She was referencing the 1944 case, Korematsu v. United States. Fred Korematsu was a California-born U.S. citizen of Japanese heritage, who was ordered to report to one of the internment camps where 110,000 Japanese Americans were imprisoned after Pearl Harbor. He resisted the order, and took the government to court. The Supreme Court upheld the legality of the internment camps by a 6-3 majority. Justice Frank Murphy, in his dissent, said the policy “falls into the ugly abyss of racism.”

As if anticipating how reviled their decision would be held, the majority specifically stated that the Korematsu decision was in no way relevant to the matter before them, but, nevertheless, they formally overturned the Korematsu decision.

Despite the wave of negative decisions, there are signs of hope. “We are not waiting. We are resisting,” Linda Sarsour, director of MPower Change, the first Muslim online organizing platform, and co-chair of the Women’s March, said. “I will be joining hundreds of women engaging in the largest mass civil disobedience by women that this country has ever seen.”

While the Supreme Court adjourns for the summer, networks ofgrass-roots social justice organizations are just getting started.

Views expressed are not necessarily those of Cascadia Weekly
In Whatcom County, 30 percent of residents surveyed reported experiencing a situation where they or someone they know personally had medicines taken from them for use or abuse by someone else.

“In Whatcom County, the opioid crisis has become a public health emergency, and the costs to the county have been substantial,” Deputy Civil Prosecutor Karen Frakes noted in her narrative. “Between 2002-2004 and 2011-2013, the number of deaths attributed to opioids rose over 300 percent in Whatcom County. Moreover, according to the Health Department, the county had the second highest rate of treatment admissions for opioids in Washington State.

Of the 39 counties in the state, Whatcom County ranks third for overall negative impacts from heroin abuse and sixth for overall negative impacts from prescription opioids.

“The crisis has significantly strained county departments and services,” attorneys detailed in their complaint, “including through increased costs in the areas of public health, the county’s jail system, the county’s court and social service systems, and emergency medical services. Opioid addiction has caused a substantial increase in crime in Whatcom County, including property and retail crimes. The county also estimates that a large proportion of the county’s homeless population is addicted to heroin, which compounds the problem of homelessness and makes it more difficult for the county to address.”

Yet in light of the county’s ranking among other communities around the state in the incidence of opioid abuse, the complaints filed by the ACLU seem particularly damning.

Whatcom County’s policy and practice has been to deny medically assisted treatment (MAT) for all inmates suffering addiction withdrawal, except for pregnant women, and only now—years into the epidemic—is beginning to slow walk the protocol to the wider jail population.

“The county’s Subutex protocol for pregnant women indicates that county understands that MAT is a safe, effective treatment for OUD,” the ACLU reasoned in their complaint. “It also indicates that the county has the means and resources, including trained staff and internal protocols, to provide Subutex to anyone with OUD.”

As the county prepares to clean house on the failings of the pharmaceutical industry, the county should also proceed to sweep their own front door.
WASHINGTON ATTORNEY General Bob Ferguson announced last week that Washington will lead a coalition of nearly a dozen states that will sue the Trump Administration over its “zero tolerance” policy of separating immigrant children from their parents during illegal border crossings.

Between October 1, 2017, and May 31, 2018, at least 2,700 children were separated from their parents, many detained in caged enclosures. Of that number, 1,995 were separated over the last six weeks, an average of 45 children taken from their parents each day. The policy drew widespread public outrage, and prompted a policy revision by the administration.

“The motion for expedited discovery is necessary because hundreds of separated parents are in federal custody and the administration can move them to other facilities at any time without notice,” Ferguson warned. “The motion asks the court to order the federal government to cooperate in facilitating access to detained parents and to report to the court on the progress of such efforts.”

“The federal government has an obligation to reunite children with their parents immediately, and an obligation to cease any and all policies that ignore the due process rights of families seeking asylum or refuge at any of our borders,” said Gov. Jay Inslee, who supported the Attorney General’s announcement.

The states joining Ferguson’s lawsuit include Massachusetts, California, Delaware, Iowa, Illinois, Maryland, Minnesota, New Jersey, New Mexico, New York, North Carolina, Oregon, Pennsylvania, Rhode Island, Vermont, Virginia, and the District of Columbia.

“This case, like all our cases against this administration, says something important about who we are as a people,” Ferguson said. “We will stand up for the Constitution, basic decency and fundamental American values.”

In support of the motion, the states included declarations from parents and interviews with children separated by immigration officials as a result of the policy.

President Trump announced last week his administration would now keep families at the U.S. border in detention “during the pendency of” their immigration cases. That could easily mean months of detention (or longer) for some asylum-seekers. The new order is intended to replace an earlier one that separated parents from their children.

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The Trump Administration’s family separation policy is not over—it continues to harm thousands of parents and children,” Ferguson said. “The gut-wrenching stories we have heard from families demonstrate just how much it violates basic decency and fundamental American values. The policy also violates the Constitution, and I will continue to fight to put an end to it.”

Ferguson’s request for expedited review, filed in the U.S. District Court for the Western District of Washington, asks that Judge Marsha Pechman order officials to cooperate with state requests to interview parents in federal detention. Some states have faced procedural difficulties or been denied access to federal detention centers and other federal locations that house affected immigrants.

Included in Ferguson’s request were the declarations of dozens of experts in developmental psychology and public health, discussing the dangers of separating families and housing immigrant families together in barracks housing. Other declarations include those given directly by parents separated from their children and interviews with separated children.

A mother who fled Honduras after receiving death threats, currently held in Washington, described the experience of being separated from her 6-year-old son shortly after crossing the border.

“My son Jelsin and I were separated,” she related. “I was not told where he was being taken. They only told me he would be a ward of the state. To calm my son down, I told him it would only be for three days, although I really did not know. We had never been apart.”

She was not able to speak to her son for almost a month. When she did contact him, her son was nearly mute from trauma and grief.

Her story was common among the narratives.

“Children have reported experiencing distress and confusion at being separated from parents,” reported Jennifer Podkul, policy director at Kids in Need of Defense (KIND), a national nonprofit organization providing free legal services to unaccompanied immigrant children “For example, a 7-year-old girl reported crying throughout two days spent in a Border Patrol holding facility, and asking to be reunited with her mother. Other children have reported worrying about their parents, because they did not know what happened to them after the separation.”

Many parents related the difficulty they had had in contacting their children, and not receiving information on how to find their children from immigration officials. More than one parent relayed that after asking for weeks, their home country’s embassy was able to provide them with the location of their children.

“Immigrant children seeking safe haven in the United States should never be placed in detention facilities,” said Colleen Kraft, MD, president of the American Academy of Pediatrics. “Studies of detained immigrants have shown that children and parents may suffer negative physical and emotional symptoms from detention, including anxiety, depression and posttraumatic stress disorder. Conditions in U.S. detention facilities, which include forcing children to sleep on cement floors, open toilets, constant light exposure, insufficient food and water, no bathing facilities, and extremely cold temperatures, are traumatizing for children. No child should ever have to endure these conditions.”
Squirrel Butter 
String Band  
(Lively Old Time Music)  
**JULY 14**

Baby Cakes  
(Soul and R&B)  
**JULY 21**

The Anniversary Boys  
(Party Time Music)  
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**WEDNESDAYS**

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7/11: ACORN PROJECT + HOT HOUSE JAZZ BAND
7/18: PETTY OR NOT + DIRTY FERNS
7/25: TATANKA + MR FEELGOOD & THE FIRM BELIEVERS
8/1: MARCHFOURTH + ROBT SARAZIN BLAKE & THE LETTERS
8/8: KLOZD SIRKUT + MÔTUS

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**PARK IN THE COMMERCIAL STREET PARKING GARAGE**

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WEDNESDAY

In a crippling blow to unions, the U.S. Supreme Court issues a 5-4 opinion that government employees who are not members of public-sector unions need not pay fees to cover collective-bargaining activities that benefit the whole. Now, teachers unions, police unions, and more will be forced to lobby public employees to pay full union dues, even though those employees will get the same benefits from the union if they pay nothing at all. “The reality is that all workers benefit from strong unions and their bargaining activities,” Gov. Jay Inslee said in a statement. “Washington has been and will remain a state that all workers benefit from strong unions and their bargaining activities,” Gov. Jay Inslee said in a statement. “Washington has been and will remain a state that believes in and supports the rights of all workers to organize, in both the public and private sector.” [Associated Press; Office of the Governor]

Seventeen states team up with Washington’s Attorney General and file a lawsuit in federal court in Seattle against the Trump Administration to force officials to reunite migrant families separated at the U.S.-Mexico border. A federal judge in California issued a ruling on a separate but similar lawsuit ordering border authorities to reunite children with their families within 30 days. [AGO]

The U.S. House approves a bill that makes it easier to kill sea lions that threaten imperiled salmon and steelhead populations. The legislation was co-sponsored by Reps. Jaime Herrera Beutler (R-Wash.), and Kurt Schrader (D-Ore). “What we currently have on the Columbia River is an ecosystem seriously out of balance,” said Herrera Beutler, who believes the bill is necessary to save fish runs on the brink of extinction. [NPR]

The majority of EA-18G Growler field carrier landing practices on Whidbey Island will occur at an airfield in rural Coupeville surrounded by farmland and homes under the preferred alternative identified by the Navy this week. The amount of practice necessary for Growler pilots to remain prepared to land on aircraft carriers decreased by 30 percent under the scenario, but it still means a four-fold increase over current activity at Outlying Field Coupeville. [Skagit Valley Herald]

07.02.18

MONDAY

Proponents of a Washington carbon-fee initiative showed up at the Secretary of State’s office in Olympia with more than 370,000 signatures to put their measure on the November ballot. The signatures tally for Initiative 1631—backed by a broad coalition that includes environmental, labor, tribal and social-justice groups—is more than a third higher than the minimum number required for a measure to be put to a vote. [Seattle Times]

When the Big One hits, Bellingham beachcombers will have about an hour and a half to get clear. New maps published by the Washington State Department of Natural Resources (DNR) show the likely impacts to communities on the north Salish Sea mainland from a tsunami generated by a magnitude 9 earthquake on the Cascadia subduction zone. This modeling indicates the first tsunami waves will reach the Anacortes/Bellingham areas about 1.5 hours after the Cascadia earthquake, with inundation depths as high as 18 feet. [DNR]

Scores braved cold rains in front of Bellingham City Hall on Saturday to join thousands of their counterparts across the country to rally in protest of the Trump administration’s separation policy for migrant families. Congressman Rick Larsen addressed the crowd, pledging action to reunite these families, and to replace a culture of deterrence with compassion.

In a crippling blow to unions, the U.S. Supreme Court issues a 5-4 opinion that government employees who are not members of public-sector unions need not pay fees to cover collective-bargaining activities that benefit the whole.
NICOTINE FIT
On June 25, a mother called 911 to report that her adult son had stabbed his 71-year-old stepfather in the chest and left their residence on foot toward the Mt. Baker Highway near the Y Road. The 39-year-old had reportedly been pestering his mother for cigarettes and his dad started “talking shit” so he stabbed him with a knife. The son then went to a kitchen drawer, grabbed a knife and told his stepfather he was going to kill him and stabbed him several times. The son fled on foot. Whatcom County Sheriff’s deputies caught up with the son who admitted, “I stabbed my dad in the chest.” Deputies said the son, who suffers from mental illness, continued with his story and said he was talking to his mom about his cigarettes and his dad started “talking shit” so he stabbed him with a knife. The son was arrested for assault and attempted murder in the second degree. The stepfather received about seven somewhat superficial stab wounds on his chest from the blunt-tipped knife and one on the back of his right hand that was bleeding.

B’HAM BEAR IS EVERYWHERE
On June 2, Bellingham Police logged several sightings of black bears in the area of Cornwall Park.

On June 3, Bellingham Police responded to the sighting of a bear on Maplewood Avenue south of Bellis Fair Mall.

LOOKING FOR A FIGHT
On June 27, a man caused a disturbance outside two homes in Anacortes. When the residents came out to see if he needed help, the man began to yell at them and asked them if they wanted to fight. When Anacortes Police arrived, the 36-year-old was not cooperative with them, “but was ultimately detained without incident despite displaying evidence of a desire to fight or run,” police reported.

On June 16, Anacortes Police checked on a fight in a city park. “The fight had stopped by the time officers arrived,” police reported. “According to witnesses, the suspect arrived at the park and began hitting and kicking another juvenile several times before leaving the area.” Later in the evening, an officer contacted the 17-year-old at his home and took him into custody for assault. He was later released to a family member.

On June 23, Mount Vernon Police responded to a reported fight at the AM/PM on East College Way. One man was observed by witnesses punching a man who on the ground. Prior to police arriving on scene, the victim was transported to the hospital by a woman believed to be known to both men involved in the fight. The injured man was treated for a wound to his neck. “Based on the investigation it appears all parties involved know each other,” police reported.

ADULT SUPERVISION
On June 26, Bellingham Police took a woman into custody who they say was involved in a gang-related shooting at Sunset Pond on June 21. A 15-year-old boy was arrested after he reportedly shot an 18-year-old rival gang member in the leg. Police said the 45-year-old woman knew there was going to be a fight, and she encouraged it and even took part in planning it. The gun used in the shooting and other weapons were found at her home. She was charged in connection with first-degree assault. The 18-year-old who was shot was released from the hospital.

PUT THESE GUNS IN THE GROUND
On June 18, the Bellingham Police Department’s Hazardous Devices Unit helped dispose of old reloading supplies after the death of a family member.

On July 2, a Bellingham resident came to police headquarters to turn in old gun ammunition and parts. “These items were impounded for destruction,” police reported.

On July 2, Bellingham Police accepted more firearms for destruction.

On June 15, a citizen turned a firearm in to Bellingham Police for destruction.

On June 12, a citizen turned in gun ammunition to Bellingham Police for disposal.

CALL OF THE WILD
On June 30, Bellingham Police spoke to a 60-year-old man who was sitting naked on his lawn in York neighborhood.

On June 30, a woman at the same location called Bellingham Police to report her ongoing mental issues and give an update of her status.

POOP PATROL
On June 13, an Anacortes woman complained to police that someone had placed dog feces on the top of her car. “She had washed it off and there was no damage to the vehicle, however, she wanted to report it since it has been an ongoing problem with someone placing things atop her vehicle,” police reported.

On July 1, Bellingham Police asked a man to leave a downtown property after he was discovered defecating nearby.

On June 16, a property manager reported that someone had defecated on the side of the building in downtown Bellingham.

20+
Shift in public support of immigration and immigration reform among Democrats and Democratic-leaning independents. Support for legal immigration has doubled among that cohort since 2006, from 20 percent to 40 percent.

32
Percent of general poll respondents who believe legal immigration into the United States should be increased. About 38 percent believe immigration should be kept at its current levels.

3/4
Lawful immigrants account for three-quarters of the foreign-born population in the United States—33.8 million people out of 44.7 million in 2015, the most recent year for which numbers were available.

45
Percent of Americans who agree that the majority immigrants living in the U.S. are here legally. 35 percent say most immigrants are in the country illegally, while 6 percent believe that about half are here legally and half illegally. The remaining 13 percent say they don’t know.

40
Millions of people living in the United States who were born in another country, accounting for about one-fifth of the world’s migrants in 2015. The United States has more immigrants than any other country in the world.

61.8
Estimated millions of U.S. residents who speak a language other than English at home. The number of foreign-language speakers increased 2.2 million between 2010 and 2013. It has grown by nearly 15 million (32 percent) since 2000 and by almost 30 million since 1990 (94 percent).

Sources: Pew Research Center; U.S. Census Bureau
One controversial sign they found was a reliance on public-private partnerships to attract new businesses, rebuild old downtowns and educate students who might otherwise be ignored. James Fallows admits he was unfamiliar with the concept, thinking it was a euphemism for sweetheart deals between big government and big business.

It is on that relationship in the examples he cites, the one exception being the experience of Allentown, Pennsylvania, which didn’t end well for the half-dozen public officials who pleaded guilty, or their mayor, who was indicted for taking payoffs in exchange for construction contracts.

Apparently, the voters didn’t mind some corruption if they experienced economic growth. More than $1 billion had been committed to their downtown over five years, after adopting a unique new tax scheme designating a multi-block downtown area, in which all state and city taxes generated by the new private development would go to cover construction costs.

An unexpected sign, one with a liberal approach, is having an open and welcoming culture to all ethnic groups, particularly for immigrants and refugees. Cities as diverse as Sioux Falls, South Dakota, and Burlington, Vermont, have been resettlement cities for refugees for decades. The civic leaders in those two cities believed they benefited from the refugees.

Overall, the Fallowses discovered that while national politics are divisive, successful communities ignore those divisions and focus on getting things done. They point to Michael Coleman in Columbus, Ohio, and Ashley Swerengin in Atlanta, Georgia—where a Democrat and Republican were elected, despite their respective communities being strongholds of the opposite party. They remained popular because they avoided rhetoric and focused on concrete solutions. It’s not a bad message to hear these days.

Nick Licata is a former Seattle City Council member and author of Becoming a Citizen Activist (www.becomingacitizenactivist.org). A version of this article appeared in the Seattle Times.
Plover ferry rides, a parade, a barbecue, fireworks and much more will be part of Blaine’s annual Old Fashioned 4th of July Celebration taking place from 8am-dusk at various locales throughout Blaine. Most events are free.

[www.blainechamber.com](http://www.blainechamber.com)

LOGGERODEO: The longest-running 4th of July celebration in the state, “Loggerodeo,” will conclude today with activities happening from 8am-12pm throughout town. Chainsaw carving, a footrace, a barbecue, a grand parade, arts and crafts, an auction, a rodeo, a log exhibition and fireworks will be part of the festivities.

[www.loggerodeo.org](http://www.loggerodeo.org)

ANACORTES FOURTH: As part of a 4th of July celebration, Anacortes residents can show up for a town photo at 10am at 5th Street and Commercial Avenue. At 11am, a parade starts at 3rd Street and Commercial, and a patriotic program will follow at Causland Park. Fireworks will light up Fidalgo Bay at dusk.

[www.anacortes.org](http://www.anacortes.org)

BELLINGHAM FOURTH: The annual Haggen Family 4th of July Celebration takes place from 2-11pm alongside Bellingham’s harbor at Zuaniish Paint Park, 2600 Harbor Loop. Before fireworks begin at dusk, there’ll be a family-friendly assortment of old-fashioned fun and games, live music, vendor booths, a beer garden and more. Entry is free and open to all. Limited parking will be available, so celebrants are encouraged to walk, bike or use the free passenger shuttles that will pick up and drop off passengers at Bellingham High School.

[www.portofbellingham.com](http://www.portofbellingham.com)

LA CONNER FOURTH: Fireworks will light up the sky and music will fill the air as the Town of La Conner and the Port of Skagit combine forces to celebrate the Fourth of July 2018 the old-fashioned way. A noontime children’s parade, hot dogs, three-legged races, and a watermelon contest start the day’s festivities at Pioneer Park, 1200 South 4th St. From 5-9pm, a free concert featuring Jr. Cadillac and the Walrus will include a beer garden and local food vendors. Stick around for a fireworks display over the Swinomish Channel.

[www.lovelaconner.com](http://www.lovelaconner.com)

JULY 6-8

WESNIP RESALE: Find decor, kitchen items, lines, clothing, stuff for kids, furniture, garden goods, jewelry, books and much more at the WeSnip Resale taking place from 9am-5pm Friday through Sunday at Cordata Plaza, 4151 Meridian St. All profits will benefit accessible and affordable spay and neuter for cats and dogs in our community—WeSnip has “fixed” more than 18,000 cats and dogs in Whatcom County in the past 10 years.

[www.wesnip.org](http://www.wesnip.org)

SAT., JULY 7

SKOOKUM KIDS CELEBRATION: Help Skookum Kids celebrate its third birthday from 4-7pm on the portion of Franklin Street behind Perch & Play, 3707 N. State St. The party will feature food trucks, carnival games, a bounce house, local vendors and live music from Kuinka. Entry is free.

[www.skookumkids.org](http://www.skookumkids.org)

WHATCOM MUSEUM HISTORY CRUISE

SAIL AWAY WITH US!

Take a memorable sunset tour of Bellingham Bay with local historians as your guides. You’ll learn city history from a waterside perspective. Pack a picnic & your sunscreen. Wine & beer sold onboard.

TUESDAYS, JULY 10 - SEPTEMBER 11

The cruises take place on Tuesday evenings, boarding at 6:15 PM at the Bellingham Ferry Terminal, 355 Harris Ave., sailing at 6:30 PM, and returning at 8:30 PM.

TICKETS

$35 General/$30 Museum members (group rate available)

Purchase tickets online at BrownPaperTickets.com, event #3380820 or by phone 1.800.838.3006 ext. 1.

[whatcommuseum.org/history-sunset-cruise/](http://whatcommuseum.org/history-sunset-cruise/)

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Susan Chase-Foster

Poems & Images from Taipei

Friday, July 6, 7pm
FREE EVENT at VILLAGE BOOKS in FAIRHAVEN

Moments of geographical and cultural discovery are captured in these "poemoirs."

Chuckanut Radio Hour

Thursday, July 12
doors at 6:30pm
Enjoy live music by The Scarlet Locomotive, fun skits, humor, and biologist Thor Hanson introducing his latest book...

BUZZ

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Go to VILLAGEBOOKS.COM for more information about these and other upcoming events!

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1200 11th St, Bellingham & 430 Front St, Lynden • Open Daily

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VILLAGE BOOKS & PAPER DREAMS

1200 11th St, Bellingham & 430 Front St, Lynden • Open Daily
Making History
THE GOOD TIME GIRLS

SEVEN YEARS ago, Sara Holodnick and Marissa McGrath first tightened their corsets and took to the streets of downtown Bellingham as the Good Time Girls. From uncovering tales about everything from prostitution to prohibition, their costumed “Sin & Gin” tours aimed to provide citizens of the city they lived in with an unvarnished history of its past.

They did just that, and along the way, they met Kolby LaBree and Wren Urbigkit, who were officially handed the corset strings this spring, and have been hard at work continuing McGrath and Holodnick’s legacy of bringing Bellingham’s lesser-known history to light.

Changes the duo have made include more all-ages tours on weekend afternoons through the summer at locales such as Whatcom Creek, the Columbia-Eldridge neighborhood, State Street, and the South Side, but the “Sin & Gin” tours are still on track weekends through September, and the Good Time Girls’ trademark brand of “feminism, sass and entertaining history” remains intact.

“I find this statement is important because it is part of the Good Time Girls’ brand,’ and how we approach history,” LaBree says. “The Good Time Girls was started by women, with a focus on women. I think our approach is part of a larger trend of looking at history from other perspectives rather than the ones who did the writing down of it all—which was largely white men for a long time.”

LaBree likens researching and developing tours to being a “history detective,” and Urbigkit says her favorite thing to do when presenting a tour is to find the ways an anecdote can be made more approachable.

“That could be anything from describing what it would have been like to live above the swirling cesspool in Old Town, to simply using the occasional well-placed curse word,” she says. “These stories are incredible, but they can be pretty hard to suss out for the average person. I see it as our job to make them come to life.”

Urbigkit points out that their predecessors began the tours to talk about the city’s “working girls,” and points out that telling the stories of marginalized facets of the population is always going to be an important part of that they do.

The more family-friendly “Bellinghistory” tours in locales like the Columbia neighborhood have also provided insights into the city’s past.

“Earlier this year I learned a lot about the Bellingham coal mines and the hundreds of miles of tunnels beneath the Columbia and Birchwood neighborhoods,” Urbigkit says. “It’s an especially fun topic to talk about with kids.”

LaBree says she’s aware the Good Time Girls are also making history in Bellingham.

“I just want people to look around their environ and ask questions,” she says. “Why is this (town, building, person, law) here? Why is this like this? Has it always been like this? What do we want this to be like going forward?”

For more details about the Good Time Girls tours, go to www.goodtimegirls.com
Frisky Fandoms

WHEN NERDS ARE NAUGHTY

IN THE past couple of months, Frisky Fandoms has given Star Wars and Game of Thrones the burlesque treatment. On Thurs., July 5, they’ll do it again with Harry Potter. We caught up with founder Charlie Fun-Facts to find out more about how she’s planning on putting the audience under her spell.

Cascadia Weekly: Is Charlie Fun-Facts your real name?

Charlie Fun-Facts: It’s my stage name/nickname. A drunk Australian called me that on a road trip once, and the name stuck.

CFF: What does nerdy burlesque look like compared to “regular” burlesque?

CFF: To create nerdy burlesque we make routines that honor characters or play with themes from our favorite shows, books and movies. It’s a little more referential than your average burlesque, since we get to make a lot of inside jokes about the characters and stories.

CW: In what ways are you a nerd?

CFF: I’m from a family of nerds, so I grew up playing tabletop games like Dungeons & Dragons and Magic the Gathering. As an adult, I love great stories, as you can see with our choice of themes. And also, I love trivia about history and science.

CW: How do you choose your themes?

CFF: I work closely with Erin Gill, the owner of the Firefly Lounge, to pick themes that will create visually stunning shows. The first couple have been very specific. But soon we’ll be moving into more general themes like Monster Hunters and Time Travel—that way we can incorporate more fandoms per show.

CW: Can you give us some sneak peeks regarding content for the Harry Potter Burlesque show?

CFF: Our house dance troupe, the Fireflies, will be there to school us all with a class on Sexy Magic. You’ll see a few familiar faces, such as Luna Lovegood. There will also be a Sorting Ceremony, but it will be a good deal more scandalous than the one in the books.

CW: “Nerds. Sex. Mayhem” is your tagline. Given that premise, what can audiences expect from a Frisky Fandoms show?

CFF: Well, the Nerd is on the stage and in the audience. The Sex is mostly on the stage. And the Mayhem is imbued in every element of our show. We bring audience members onstage for our “Birthday Burlesque” segment, serve drink specials like shots of Felix Felicis, and our lovely Fireflies are constantly bustling through the audience stirring up trouble.

CW: What do you love about producing these shows?

CFF: I love the community. Our local nerdy businesses have really come out in spades to help make these shows happen.

CW: What else do you want people to know?

CFF: Our performers will be Uncle Kunkel, Bellow Wing, Chayla Coolitah Carraha, Shine DeLange, Emeral Fire, Kalamity Jean, and myself. ♡

ATTEND

WHAT: Harry Potter Burlesque
WHEN: 8pm Thu., Jul. 5
WHERE: Firefly Lounge, 1015 N. State St.
COST: $10-$15
INFO: www.facebook.com/friskyfandoms

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Crawl and Stomp
A NEIGHBORLY APPROACH TO ART

WHAT ARE you doing Saturday afternoon?

If you’re not busy, I’d like to take this opportunity to invite you to my backyard, which for one day only will be transformed into an art gallery, multi-neighbor yard sale and chicken-viewing station.

I won’t be alone. Thanks to organizer and resident June Hathaway, the inaugural York Yard Crawl taking place from 12-6pm Sat., July 7 will see as many as 30 of our neighbors opening up their private spaces to the public.

Among the artistic offerings those can be perused by dropping by our historic and diverse hood near downtown Bellingham are one-of-a-kind modern quilts stitched by Jess Flegel, stained glass art at Crosby Glass Studio, photography by Cate Reed and Andrew Mollitor, and abstract paintings by Melissa Helzer (who’ll also be painting faces at her post near our plum tree).

But viewing and purchasing art isn’t the only reason to attend. Tarot and palm readings, yard games, music by R House Zydeco and East Coast Dave the Midwest Swingers, tours of the York Farm, scads of yard sales, lemonade stands and much more are planned for the Saturday soiree.

“I’m hoping that those who are hosting in their yards who will have fun showing off their art, mingling with friends old and new, and for the yard-salers, maybe unloading those Birkenstocks that never quite fit right,” Hathaway says. “I hope folks attending the crawl will gain a new appreciation for the amazing creative community we have right here, drink some lemonade, get a tarot reading, and maybe score some sweet, hardly worn Birkenstocks.”

Hathaway was inspired by the nearby Sunnyland Stomp, which will be celebrating its 10th anniversary the following weekend—Sat., July 14—with a noontime chicken race and more than 40 hosts who will open their doors and fences to showcase everything from paintings to Bocce ball lessons to live-action screen printing, puppet shows, a Bastille Day-themed celebration and far beyond.

“I’m thrilled to see the community come together for this unique, creative event,” co-organizer and participant Erin Boyd says. “It’s such a good reflection of the best of Bellingham. We’re looking forward to sharing art, community and fun times with all of the visitors to our neighborhood.”

Boyd says another highlight of this year’s Stomp is the increased support and participation of neighborhood businesses. Kulshan Brewing is creating a beer just for the event, and HomeSkillet will host a Pride celebration. A new brewery, Twin Sisters, will also be hosting a pig roast.

At both events, bike and pedestrian travel is encouraged, as is a neighborly approach to art.

“I think every neighborhood should have an event like this,” Hathaway says. “But on different weekends, so I can go to them all.”
MV ART WALK: The Mount Vernon Downtown Association hosts its first Saturday Art Walk from 2-5pm throughout the urban core. The highlighted exhibit will feature works from La Conner’s Pacific Northwest Quilt & Fiber Arts Museum at the Front Gallery, 420 Myrtle St. Other venues include the Skagit Valley Food Co-op, Ristretto Coffee Lounge & Wine Bar, Perry and Carlson Gallery, Empire Ale House, Forte Chocolates, Lincoln Theatre, Skagit Running Company, PAVE Jewelry & Design, and ByWater Consultation.

SMITH & VALLEE OPENING: An opening reception for “PLANTbased” takes place from 5-7pm at Smith & Vallee Gallery, 5472 Gilkey Ave. The paintings feature Patty Hailes’s unique perspective of the forest. Works by sculptors Brian O’Neill and Marcell DeJaci will also be part of the exhibit. Show up at 3:30pm for an Artist Talk.

Smith & Vallee Gallery, 5472 Gilkey Ave. See more details and register online.

Whatcom Art Market, 1103 11th St. Guild members can be perused Wed.-Sun. at the Whatcom Art Market. View “50 Years of History at The Lummi Island Gallery” will be on display and for sale through July 21 at the Lummi Island Gallery at the Village Point Marina, 4327 Legoe Bay Rd.

QUILT MUSEUM: “50 Years of History at The Top of the Hill” through March 3 at The Lummi Island Gallery. 501 S. Fourth St.

ST. JOSEPH: As part of the “Healing Through Art” series, painter Sandra Lepper’s “As Above, So Below” and photographer Chuck Banuti’s “Journey Into Native Lands” will be on display and for sale throughout July 21 at PeaceHealth St. Joseph Medical Center, 2901 Squalicum Hwy.

WHATCOM ART MARKET: Works by Whatcom Art Guild members can be perused Wed.-Sun. at the Whatcom Art Market, 1103 11th St.


SEND YOUR EVENT INFO TO: CALENDAR@CASCADIAWEEKLY.COM
Downtown Sounds

YOU ARE MY SUNSHINE

As our much-anticipated and much-needed sun dissolved into gray skies and showers last weekend, I had a conversation with someone who insisted that June 21 marks the first day of summer. Given that this person has lived in Western Washington for most of his life, I was surprised to hear this. I thought June 21 was the summer solstice, not the first day of summer.

I don’t know if Lindsey Payne Johnstone, Downtown Bellingham Partnership events coordinator, adheres to the same calendar I do when she schedules Downtown Sounds. But I’m pretty sure that when she picks the dates, she does whatever she can to ensure a worthy weather window.

Every outdoor entertainment endeavor in this area deals with the same worries with regard to summer’s capricious nature, but there’s an economy of scale involved with Downtown Sounds that ups the ante quite a bit. After all, it’s no small matter to shut down two entire city blocks in Bellingham’s core.

If the stakes are high, then so is the payoff. Year after year, Downtown Sounds draws thousands of people, first to the block of Bay Street bookended by Bayou on Bay and the Pickford Film Center, and then, beginning last year, to that block and the one adjacent to it on Prospect Street.

It’s entirely possible that Payne Johnstone and Downtown Sounds will stage a block-by-block takeover of the entire downtown core before its all said and done, and if that’s the long game she’s playing, she’s got my full support.

But back to the weather. According to available info, when the 2018 Downtown Sounds makes its debut on Wed., July 11, the skies will be clear, the sun will shine bright and it will be a perfect summer day to attend a free, family-friendly concert in the heart of the Arts District.

One of the best parts of each Downtown Sounds concert is leaving the car behind and joining the tide of humanity all walking toward the same sonic destination. If you, like me, tend to wander over after the music has already begun, you’ll hear the show long before you see it, and so the July 11 opening band, Hot House Jazz Band will play you into the concert venue. The crush of people can be a bit daunting, but as you look around, you’ll see it, and so the July 11 opening band, Hot House Jazz Band will play you into the concert venue. The crush of people can be a bit daunting, but as you look around, you’ll

RUMOR HAS IT

By now, it’s no secret that my musical tastes and viewpoint are heavily influenced by growing up 20 minutes away from Seattle during the early 1990s. I’m an unashamed child of the grunge era and, as such, you can probably pretty well figure out what my favorite bands were—and what my wardrobe looked like.

But when I wasn’t swaddling myself in flannel, listening to Pearl Jam and persecuting my parents with all of their pretentious angst one teenage girl from the suburbs could muster, I was trafficking in lighter musical fare.

Mixed in with the Madonna and the Motown—the latter thanks to my mom’s record collection—was a healthy helping of power pop courtesy of the Posies.

In the days before the internet, it was more the Posies’ incredible story than their music that first landed them on my radar. I kept hearing about this Bellingham band that had nabbed a major-label record deal while they were still teenagers—unusual, but in an era when record deals seemed to rain down from the heavens, not unheard of—but they’d done it by playing power pop, not grunge.

Add to that lore a debut album, 1988’s Failure, that was reputed to be as excellent as it was hard to come by, and I was officially intrigued. I got my hands on their first major-label release, Dear 23, and by the time Frosting on the Beater came out in 1993, I was all in. I have a clear memory of cruising through Bellingham playing “Flavor of the Month” at full volume on the stereo of my 1983 Toyota Ter-}

BY CAREY ROSS
The Dirty Ferns will open. After that, Colorado-based reggae-tinged band Tatanka will be joined by Mr. Feelgood and the Firm Believers on July 25, and with Aug. 1 comes the return of the much-beloved MarchFourth Marching Band with Robt Sarazin Blake and the Letters opening. The 2018 edition of Downtown Sounds will close out on Aug. 8 with Klozd Sirkut and Motus playing us all off into the sunset.

If this year is anything like years past, Payne Johnstone will begin planning and plotting 2019’s Downtown Sounds before the stage is even packed away from the 2018 series. She’ll deprior with the rest of Downtown Bellingham Partnership’s staff and volunteers and reaffirm what went well and what could be tweaked. Her nimble brain will begin the work of composing a wish list of bands and artists she’d like to book, and she’ll identify potential sponsors to which she can spread the gospel of Downtown Sounds. And somewhere in all that mix of details and stew of future tasks, she will also think about the weather. I just hope she knows summer doesn’t officially (unofficially) begin until July 5.

**41st Annual Vancouver Folk Music Festival**

**July 13-15** Jericho Beach Park
Vancouver, BC, Canada

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RODNEY CROWELL | THREE WOMEN AND THE TRUTH | JAMES MCMURTRY
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DAKHABRAKHA | WAZIMBO & BANDA KAKANA | KACY & CLAYTON
ART BERGMANN | WALLIS BIRD | MARIEL BUCKLEY | STEPH CAMERON | JOACHIM COODER
CAROLE POPE | ALEX CUBA | DALAVA | LAS ESTRELLAS DE VANCOUVER | MICK FLANNERY
DORI FREEMAN | CAMELAN BKE BKE | ILARI GRACIANO & FRANCESCO FORNI
GORDON GRINNIS HARAM | JIMMY “DUCK” HOLMES | ISKWE | MARTIN KRR
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JOHN LOWELL BAND | MIKE MUNSON | MURFITT & MAIN | DAWN PEMBERTON
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**THURS., JULY 5**
**BFM COMMUNITY CONCERT:** Enjoy a free Bellingham Festival of Music chamber music concert at 12pm at Whatcom Museum’s Old City Hall, 121 Prospect St. Another free concert takes place at 12pm Wed. July 18.

**WWW.WHATCOMMUSEUM.ORG**

**BLUES AND BREWS:** “Blues, Brews and Barbecue” hosts a country night with tunes by Willen Campbell from 5-9pm on the outdoor terrace at Hotel Bellwether, 1 Bellwether Way. Admission is $7-$10.

**WWW.HOTELBELLWETHER.COM**

**JAZZ JAM:** The Jazz Project’s Jud Sherwood hosts a Jazz Jam happening from 5:30-8:30pm Thursdays at Illuminati Brewing, 3950 Hammer Dr., Suite 101. Entry is free.

**WWW.JAZZPROJECT.ORG**

**PARK CONCERT:** Hear Out of the Ashes perform classic rock from 6-8pm as part of the Elizabeth Park Summer Concert Series. Entry is by donation.

**WWW.THELEORIDGEVICTORIA.ORG**

**FRI., JULY 6**
**BABY CAKES:** Hear soul, funk, R&B and more when Baby Cakes kicks off the free Port of Anacortes’ Summer Concert Series from 6-8pm at Seafarers’ Park, 601 Seafarer Way.

**WWW.PORTROFANACORTES.COM**

**SAT., JULY 7**
**SKY COLONY:** “Dream folk” can be heard when Skagit County’s Sky Colony kicks off a free Summer Concert Series from 6-8pm at the Heart of Anacortes, 1014 Fourth St.

**WWW.HEARTOFANACORTES.COM**

**JULY 7-8**
**FESTIVAL OF MUSIC:** The 25th annual Bellingham Festival of Music continues this week with a concert featuring pianist Ion Barnatan at 7:30pm Saturday at Western Washington University’s Performing Arts Center Concert Hall. At 4pm Sun., July 8, attend “Chamber by the Bay” at the Bellingham Cruise Terminal, 355 Harris Ave. Tickets are $12-$49; free community concerts are also scheduled.

**WWW.BELLINGHAMFESTIVAL.ORG**

**SUN., JULY 8**
**LA CONNER LIVE:** Stuck Stick Annie with Kimball and the Fugitives perform a “La Conner Live!” concert taking place from 1-4pm Sunday at the town’s Gilkey Square. Entry is free and open to all.

**WWW.LOVELACONNER.COM**

**FIDDLIN’ FOX:** Live music and dance instruction will be part of the annual “Fiddlin’ Fox” summer music series continuing today with gypsy Balkan tunes by TW from 2-5pm at the Fairhaven Village Green, 1207 10th St. The free, all-ages shows continue July 15 (Swamp Soul), July 22 (Alma Vilegas), and July 29 (Balkanarama).

**WWW.FAIRHAVEN.COM**

**JULY 8-14**
**DRAYTON HARBOR MUSIC FEST:** World-class musicians will come together to teach young musicians ages 12-19 as part of the 17th annual Drayton Harbor Music Festival happening through July 14 throughout Blaine. Concert prices vary; some events are free.

**WWW.DRAYTONHARBORMUSIC.ORG**

**MON., JULY 9**
**GRETA MATASSA TRIO:** In collaboration with the Drayton Harbor Jazz Festival, Greta Matassa will perform a 7:30pm concert at Lynden’s Jansen Art Center, 321 Front St. Tickets are $20.

**WWW.JANSENARTCENTER.ORG**

**WED., JULY 11**
**SKAGIT SWINGS:** As part of a free Summer Concert Series by the Port of Anacortes, Skagit Swings All Stars will perform from 6-8pm at Seafarers’ Park, 601 Seafarer Way.

**WWW.PORTROFANACORTES.COM**
music venues

See below for venue addresses and phone numbers

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<th>Music Venue</th>
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<td>Big Lake Bar and Grill</td>
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<td>Boscote's</td>
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<td>Boundary Bay Brewery</td>
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You’re Invited!

COMMUNITY PRE-SALE PARTY

For another year’s worth of national touring shows celebrating our community with early access - in person only!

Special 3 hour pre-sale - Sunday, July 15 at 2:00PM!

Enjoy insider theatre tours while you learn about the artists and experiences to come. MBT ticketing specialists will help you choose the best seats and packages for show savings. Try out all the seats and enjoy our historic building. Get your MBT ticketing specialists United States of Inspiration passport to collect stamps and win prizes.

Enjoy insider theatre tours while you learn about the artists and experiences to come. MBT Ticketing Specialists will help you choose the best seats and packages for show savings. Try out all the seats and enjoy our historic building. Get your Mount Baker Theatre United States of Inspiration passport to collect stamps and win prizes.

Enjoy! Get great seats with package savings!

Tour our historic venue - watch sneak peek video and enjoy free popcorn & prizes.

Mount Baker Theatre is a 501(c)(3) non-profit dedicated to the performing arts.

MountBakerTheatre.com • (360) 734-6080
## Music Venues

### Numbers and Addresses

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<td>(360) 422-6411</td>
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Ant-Man and the Wasp

**THE BIGGEST LITTLE SUPERHERO**

*Ant-Man and the Wasp* has a pleasingly breakneck, now-you-see-it-now-you-don't surreal glee. It's a cunningly swift and delightful comedy of scale, in which Scott Lang (Paul Rudd), that quipster mensch of a convict-turned-superhero (has there ever been a movie criminal this nice?), shoots around in his miniaturizing metal suit like the world's tiniest gadfly, only to loom up as large as Godzilla. Either way, he always has time to deliver a line like “Do you really just put the word quantum ahead of everything?” The answer is: Yes. *Ant-Man and the Wasp* is a fantasy of mutating matter in which buildings collapse into Monopoly toys, a Hello Kitty Pez dispenser is inflated into a freeway battering ram, and the most fearless of the characters is injected into an ocean of psychedelic subatomic protoplasm.

The director, Peyton Reed, also made the first *Ant-Man* (2015), but at the time he'd never helmed a special-effects blockbuster before, and his inexperience showed. He jammed comedy, action and origin-story mythology into a film that had more amiable spirit than craft. In *Ant-Man and the Wasp*, Reed keeps the entire movie—one-liners, Macy's parade effects, hand-to-insect-wing combat—spinny aloft. Always an inspired director of comedy (*Down with Love*, *Bring It On*), Reed has learned how to operate the heavy machinery of a Marvel superhero movie yet keep it all light and fast and dizzying. His combat scenes don't overpower. They're well spaced out and actually make visual sense, like a hypnotic one early on in which Hope van Dyne (Evangeline Lilly), aka the Wasp, confronts a pack of goons in a restaurant kitchen by popping in and out of micro size, sliding along the edges of a tossed carving knife only to burst into her full ninja self to deliver the knockout blows.

Yet part of the fun of *Ant-Man and the Wasp* is that you don't have to pretend there's anything cosmic at stake. How could you? The plot is an elaborate throwaway. Rudd's Scott Lang is doing all he can to be a good divorced daddy to his daughter, Cassie (Abby Ryder Forston). As he lip-syncs and digital drums his way through his last few days of house arrest, he is lifted out of his predicament by Dr. Hank Pym, the physicist and former S.H.I.E.L.D member played, once again, by a triumphantly disgruntled Michael Douglas, in a silver coif and goatee, who bites down into the role of this cuttingly tormented science geek.

Hank won't rest until he extracts his wife, Janet van Dyne (Michelle Pfeiffer), from the Quantum Realm, where she's been miniaturized and living for 30 years, ever since she sacrificed herself by going subatomic to defuse a bomb. Hank and their daughter, Hope, have built a tunnel that will theoretically transport them to the Quantum Realm. But the lab on which the project depends is also coveted by two forces of People We Don't Want To Root For.

The first of them is Sonny Burch, a trafficker of black-market tech, played by Walton Goggins as the most uncannily literate of oily Dixie sleaze-hounds. Then there's Ghost (Hannah John-Kamen), a quivering and alienated desperado who, after being damaged as a young girl in a lab accident presided over by her scientist father (a colleague of Hank's), acquired the ability to phase through objects. Her powers are visually vivid yet a tad vague, and so is her goal: to use the lab to set herself free.

Hank and Hope's desire to reunite with Janet is certainly understandable, and Michelle Pfeiffer has a lovely, wistful presence, yet the plot of *Ant-Man and the Wasp* is just a MacGuffin, a frame on which to hang the hijinks. The movie is all jokes and movement, fused by the spirit of transmogrification. Scott, who went down to the Quantum Realm before, has a bit of a mind-meld with Janet, which means that in one scene Paul Rudd literally channels Michelle Pfeiffer, and hilariously. *Ant-Man and the Wasp* is a full two hours, yet even when it's pulling out all the stops, the movie never gives you that sinking sensation you can get when a comic-book film's extended climax kicks in, and you feel the visual effects army taking over. That's because Peyton Reed invests every moment of the movie with personality. That's not quite the same thing as humanity. But it's enough to qualify as the miniature version.
American Animals: This is part heist film about the dumbest crime caper ever conceived of and part documentary—which means as actors play out the plot, those who were involved in real life narrate in a movie that is as entertaining as it is wholly original.★★★★★ (R • 2 hrs.)

Ant-Man and the Wasp: See review previous page.

Avengers: Infinity War: By the time you read this, this movie will have surpassed $2 billion in worldwide box office. Marvel Cinematic Universe, I am officially afraid of you.★★★★ (PG-13 • 2 hrs. 36 min.)

Boundaries: See review next page. ★★★ (R • 1 hr. 44 min.)

Deadpool 2: Wise-cracking anti-superhero Ryan Reynolds is back with an even bigger budget, more ridiculous plot and a well-earned R rating in tow. Marvel’s bad boy is badder than ever.★★★★★ (PG-13 • 1 hr. 43 min.)

Ferdinand: See what kind of crazy antics the bull with a big heart gets up to when he takes over the Fairhaven Village Green on Sat., July 7. The Sweet Goodbyes will open the show.★★★★ (PG • 1 hr. 48 min.)

The First Purge: Is this some kind of throwback origin story that explains how all hell broke loose and violence spread across the United States or a chilling vision of our future? ★★★ (R • 2 hrs. 7 min.)

Hereditary: This horror movie starring Toni Collette (excellent in everything) was referred to by one reviewer as a “batsit-crazy collision of the supernatural and the classically mythological,” which I think is a fancy way of saying “scary as hell.”★★★★★ (R • 2 hrs. 7 min.)

Incredibles 2: No surprise here, Pixar continues to knock it out of the park, bringing the long-gestating family superhero sequel to the big screen at a time when we need our superheroes—especially the ones with big hearts and subversive spirits—the most.★★★★★ (PG-13 • 1 hr. 43 min.)

Jurassic World: Fallen Kingdom: With all apologies to the original Jurassic Park movie, which was really good and scary as shit, and Chris Pratt, who I once tried on as my movie star boyfriend, and director J.A. Bayona, who helmed the excellent and creepy The Orphanage, but I need the dinosaurs to the original franchise will die.★★★★ (R • 2 hrs. 9 min.)

Oceans 8: In a world where women make 78 cents on the dollar, I guess it should come as no surprise that they only get eight women to do a job that has historically taken anywhere from 11 to 13 men to pull off. I’m very sorry, but that joke was begging to be made.★★★★ (PG-13 • 1 hr. 50 min.)

RBG: Supreme Court Justice Ruth Bader Ginsberg, American hero, groundbreaker, protector of people and author of sizzling judicial opinions, finally gets the documentary treatment a notorious woman such as herself so richly deserves.★★★★ (PG • 1 hr. 37 min.)

Sicario: Day of the Soldado: Sicario was directed by Denis Villeneuve and was nominated for three Oscars. This one was not and I suspect Oscar will not come calling anytime soon. But both were written by Taylor Sheridan (Hell or High Water, Wind River) and star my onetime movie star boyfriend Benicio del Toro and the always excellent Josh Brolin, so I’m not mad about it.★★★★ (R • 2 hrs. 2 min.)

Solo: A Star Wars Story: I finally saw this movie which was made.★★★★ (R • 1 hr. 58 min.)

Supreme Court Justice Ruth Bader Ginsberg, American hero, groundbreaker, protector of people and author of sizzling judicial opinions, finally gets the documentary treatment a notorious woman such as herself so richly deserves.★★★★ (PG • 1 hr. 37 min.)

Tag: This star-stuffed (Jeremy Renner, Jon Hamm, Ed Helms, etc.) comedy about an overly competitive group of friends who have kept the same game of tag going for 20 years is based on a true story, and now I wish I were friends with those people because I feel like my life could really use a running tag gag.★★★ (R • 1 hr. 40 min.)

Uncle Drew: This is a group of actors in old-man makeup trying to win a basketball tournament, and normally it would earn all of my scorn, but since it stars Kyrie Irving, Shaquille O’Neal, Reggie Miller, Nate Robinson, Chris Webber, and more as the afore-mentioned made-up old men, I’m thinking it’s gotta be a slam dunk, right?★★ (PG-13 • 1 hr. 43 min.)

Won’t You Be My Neighbor?: Spoiler alert: There are no spoilers here. Mister Rogers really was a smart, kind, insightful, deeply empathetic man. We should all aspire to be so neighborly.★★★★★ (PG-13 • 1 hr. 34 min.)

Showtimes
Regal and AMC theaters. Please see www.fandango.com.
Pickford Film Center and PFC’s Limelight Cinema. Please see www.pickfordfilmcenter.com
The Road-Tripping Boundaries is packed with familiar rhythms and situations. Once you hear the setup and meet the characters, you can safely guess where the story is going, how we’re going to get there and even some of the gags we’ll be hearing on the way.

Still, it’s impossible to completely write the film off. Every so often, writer/director Shana Feste will drop in a line or a situation that doesn’t feel like something she picked up from Indie Screenwriting Tropes 101, and you feel yourself being drawn into the story.

You’ve also got the two stars who headline the project. Do Vera Farmiga and Christopher Plummer ever hit the wrong notes? Even when something feels too jokey, too trite, they somehow make you buy into it. And even if you don’t buy in, you want to believe them, which is almost as important in a film like this.

Farmiga plays Laura, a single mom in Seattle who has gone through a series of bad relationships with men. She goes to therapy to talk about her issues and collects special-needs pets to help fill the holes in her life.

All of this seemingly can be traced back to her absentee father. Jack (Plummer) is charming but has a tendency to disappear and break the law. He is estranged from his daughter—when he phones, the caller ID reads “Don’t Pick Up!”—and resides in an assisted-living facility. Well, he did until he got bounced out for dealing marijuana.

Needing a place to stay, he reaches out to Laura. She doesn’t want him living at home with her equally neurotic teen son, Henry (Lewis MacDougall), a sweet-natured loner with a fondness for drawing nude pictures of everyone he meets. So she arranges for him to move in with her sister in Southern California.

That means a big road trip, with Laura, Jack, and Henry accompanied by a growing menagerie of dogs. Of course, the trip is taken in Jack’s gold Rolls Royce—because, well, why not? And he’s not through with his drug-dealing days, as he stashes $200,000 worth of weed in the trunk and plans to unload it to his clientele along the way. Jack, it seems, is not merely some small-time dealer.

You can sit in the movie theater and predict the stops on their quick-filled journey. Will there be a near-miss with the law? Will Henry draw closer to Jack? Will there be the reveal of a life-threatening medical diagnosis?

Still, just when you’re ready to throw in the towel, Plummer does something that keeps you going; maybe it’s the quietly affecting way Jack turns up the twinky charm as age and illness are starting to take things away. Then there’s Farmiga’s ability to mine a laugh out of angst and yet remain human, and MacDougall’s sly, sleepy charm.

Feste creates some nice moments when she breaks away from cliche. There’s a lovely sequence when the family eats at a Chinese restaurant. Jack, with a quiet, authoritative flair, orders one of everything on the menu. In a quick instant, you learn how this man operates and how fun and charismatic he can be, and how much it hurts when he inevitably disappears.

Reviewed by Randy Cordova
FOR YOUR NEXT ADVENTURE, PICK UP SOME BAGELRY BAGELS, LIGHT ENOUGH TO CARRY WITH YOU, HEARTY ENOUGH TO KEEP YOU GOING!

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FREE WILL
ASTROLOGY

ARIES (March 21-April 19): Twentieth-century French novelist Marcel Proust described 19th-century novelist Gustave Flaubert as a troglodyte roulant, or “rolling sidewalk”, peddling, timeless, drowning. Meanwhile, critic Roger Shattuck compared Proust’s writing to an “electric generator” from which flows a “powerful current always ready to shock not only our morality but our very sense of humanity.” In the coming weeks, I encourage you to find a middle ground between Flaubert and Proust. See if you can be moderately exciting, gently provocative, and amiably enchanting. My analysis of the cosmic rhythms suggests that such an approach is likely to produce the best long-term results.

TAURUS (April 20-May 20): You remind me of Jack, the 9-year-old Taurus kid next door, who took up skateboarding on the huge trampoline his two moms put in their backyard. Like him, you seem eager to travel in two different modes at the same time. (And I’m glad to see you’re being safe: you’re not doing the equivalent of, say, having sex in a car or breakdancing on an escalator.) When Jack first began, he had difficulty in coordinating the bouncing with the rolling. But after a while he got good at it. I expect that you, too, will master your complex task.

GEMINI (May 21-June 20): From the day you were born, you have been cultivating a knack for mixing and blending. Along the way, you have accomplished mergers that would have been impossible for a lot of other people. Some of your experiments in amalgamation are legendary. If my astrological assessments are accurate, the year 2019 will bring forth some of your all-time most marvelous combinations and unifications. I expect you are even now setting the stage for those future fusions; you are building the foundations that will make them natural and inevitable. What can you do in the coming weeks to further that preparation?

CANCER (June 21-July 22): An open letter to Cancerians from Rob Brezsny’s mother, Felice: I want you to know that I played a big role in helping my Cancerian son become the empathetic, creative, thoughtful, crazy character he is today. I nurtured his idiosyncrasies. I made him feel secure and well-loved. My care freed him to develop his unusual ideas and life. So as you read Rob’s horoscopes, remember that there’s part of me inside him. And that part of me is nurturing you just as I once nurtured him. And he is giving you love for the quirky, distinctive person you actually are, not some fantasy version of you. I and he are helping you feel more secure and well-appreciated. Now I encourage you to cash in on all that support. As Rob has told me, it’s time for you Cancerians to reach new heights in your drive to express your unique self.

LEO (July 23-Aug. 22): The ghost orchid is a rare white wildflower that disappeared from the British countryside around 1848. The nation’s botanists declared it officially extinct in 2005. But four years later, a tenacious amateur located a specimen growing in the West Midlands area. The species wasn’t gone forever, after all. I foresee a comparable revival for you in the coming weeks, Leo. An interesting influence or sweet thing that you imagined to be permanently defunct may return to your life. Be alert!

VIRGO (Aug. 23-Sept. 22): The ancient Greek poet Sappho described a “sweet-apple turning red high on the tip of the topmost branch.” The apple pickers left it there, she suggested, not because they missed seeing it. It was just too high. “They couldn’t reach it,” wrote Sappho. Let’s use this scenario as a handy metaphor for your current situation, Virgo. I am assigning you the task of doing whatever is necessary to fetch that glorious, seemingly unobtainable sweet-apple. It may not be easy. You’ll probably need to summon extra ingenuity to reach it, as well as some as-yet-un guessed form of help. (The Sappho translation is by Julia Dubroff.)

LIBRA (Sept. 23-Oct. 22): Is there any prize more precious than knowing your calling? Can any other satisfaction compare with the joy of understanding why you’re here on earth? In my view, it’s the supreme blessing: to have discovered the tasks that can ceaselessly educate and impassion you; to do the work or play that enables you to offer your best gifts; to be intimately engaged with an activity that consistently asks you to overcome your limitations and grow into a more complete version of yourself. For some people, their calling is a job: marine biologist, kindergarten teacher, advocate for the homeless. For others, it’s a hobby, like long-distance running, bird-watching, or mountain-climbing. St. Therese of Lisieux said, “My calling is love!” Poet Marina Tsvetaeva said her calling was “To listen to my soul.” Do you know yours, Libra? Now is an excellent time to either discover yours or home in further on its precise nature.

SCORPIO (Oct. 23-Nov. 21): Have you entertained any high-quality fantasies about faraway treasures lately? Have you delivered inquiring communiques to any promising beauties who may ultimately offer you treats? Have you made long-distance inquiries about speculative possibilities that could be inclined to travel in your direction from their frontier sanctuaries? Would you consider making some subtle change in yourself so that you’re no longer forcing the call of the wild to wait and wait and wait?

SAGITTARIUS (Nov. 22-Dec. 21): If a down-to-earth spiritual teacher advised you to go on a five-day meditation retreat in a sacred sanctuary, would you instead spend five days carousing with meth addicts in a cheap hotel? If a close friend confessed a secret she had concealed from everyone for years, would you unleash a nervous laugh and change the subject? If you read a horoscope that told you now is a favorable time to cultivate massive amounts of reverence, devotion, respect, gratitude, innocence, and awe, would you quickly blank it out of your mind and check your Instagram and Twitter accounts on your phone?

CAPRICORN (Dec. 22-Jan. 19): A typical working couple devotes an average of four minutes per day to focused conversation with each other. And it’s common for a child and parent to engage in meaningful communication for just 20 minutes per week. I bring these sad facts to your attention, Capricorn, because I want to make sure you don’t embody them in the coming weeks. If you hope to attract the best of life’s blessings, you will need to give extra time and energy to the fine art of communing with those you care about.

AQUARIUS (Jan. 20-Feb. 18): Allergies, irritants, stings, hypersensitivities: sometimes you can make these annoyances work in your behalf. For example, my allergy to freshly-cut grass meant that when I was a teenager, I never had to waste my Saturday afternoons mowing the lawn in front of my family’s suburban home. And the weird itching that plagued me whenever I got into the vicinity of my first sister’s fiancé: If I had paid attention to it, I wouldn’t have lent him the $350 that he never repaid. So my advice, my itchy friend, is to be thankful for the twitch and the prickle and the pinch. In the coming days, they may offer you treats. Have you made long-distance inquiries about speculative possibilities that could be inclined to travel in your direction from their frontier sanctuaries? Would you consider making some subtle change in yourself so that you’re no longer forcing the call of the wild to wait and wait and wait?

PISCES (Feb. 19-March 20): Are you somehow growing younger? Your stride seems bOUNCIER and your voice sounds more buoyant. Your thoughts seem fresher and your eyes brighter. I won’t be surprised if you buy yourself new toys or jump in mud puddles. What’s going on? Here’s my guess: you’re no longer willing to sleepwalk your way through the most boring things about being an adult. You may also be ready to wear yourself from certain responsibilities unless you can render them pleasurable at least some of the time. I hope so. It’s time to bring more fun and games into your life.
THE SCIENCE ADVICE

GODDESS

FADE DIET

I got ghosted—dumped by a guy who just disappeared on me, no explanation—after three months of lovey-dovey dating. Clearly, he isn’t a great person, yet I’m unable to accept that it’s over so I can start dating again?

—Plagued

It’s hard on the ego to learn why somebody’s leaving you, but it beats needing a Ouija board.

It’s the mystery that’s causing the problem. Typically, when rotten things happen to us, our feel-bad emotions (like anger and sadness) rise up—driving us to take a wiser course of action the next time so we’ll keep those bad feelings from popping by again: “Wassup? Got any beer?”

Knowing the wiser course starts with knowing what to avoid. But all you’ve got is a terrible itch—the itch of uncertainty about why this guy vanished—and little hope of yanking him in to give you answers: “ Wanted/Reward—ex-boyfriend who ghosted me, last seen on 3/11/2018 carrying the remains of my dignity in a green reusable bag.”

However, you can probably dupe your mind into believing it has the answer. Research by cognitive neuroscientist Michael Gazzaniga suggests our mind is quick to create stories to fill in and make sense out of incomplete information—and then we tend to go right ahead and believe our stories. To take advantage of this, imagine a possible reason the guy vamoosed on you—and then just decide to accept it as the reason.

What might also help is transforming your thoughts of the guy into a material object—a piece of garbage, in fact—and throwing it away. And yes, I get this sounds absurd, but there’s a growing area of social science research—embodied cognition—that finds taking action is a highly efficient way to change our feelings. Accordingly, social psychologist Pablo Brinol had research participants write a negative thought on a piece of paper and then rip the paper up and throw it into a nearby trash can. This actually led to participants “mentally disposing” of their disturbing thinking to a great degree.

Should the guy sneak back into your thoughts, don’t worry; just widen the shot. Shift your focus from him to yourself—looking at how you maybe crossed your fingers that you had a keeper instead of seeing whether that actually was the case. Understanding what you should do differently is the first step toward expanding the male companionship in your life—amusing as it can be to spend your nights watching your current partner get loaded on catnip and try to make sweet love to your throw pillows.

FAPPY GILMORE

My husband and I are both 70, and we have a good, satisfying sex life. I found out recently that he masturbates now and then. I was puzzled and hurt, but he said he just doesn’t want to bother me all the time. Should I be worried that he’s masturbating?

—In The Dark

You really want your husband to hit you up for some sex whenever the urge strikes him? Imagine the call: “Hi, honey, I’m in the golf course bathroom. How quickly can you get down here?”

As long as your husband isn’t ditching sex with you for his knuckle-love sessions, his masturbating isn’t something you should take personally. People masturbate because they’re bored, they’re tense, they can’t sleep, or their phone needs to recharge before they can continue their Facebook flame war over whether Saved by the Bell was a vehicle for the Illuminati.

Also, there are times when a person just wants to get off solo—maybe because they’re short on time and maybe because they’re low on emotional energy (and their hand doesn’t get miffy if they don’t cuddle it afterward and tell it it’s beautiful).

Still, maybe you’re thinking, “Well, why can’t he just wait till I’m around?” And it’s understandable that you’d think that—maybe because you’re just fine with waiting. And if you are, that may be because you’re a woman. It turns out that there are sex differences in sexual desire.

Social psychologist Roy Baumeister and his colleagues, surveying piles of studies, explain that men tend to have a far stronger sex drive, with “more frequent and more intense sexual desires than women.” That’s surely why it’s primarily men (and probably single men) who show up in emergency rooms with embarrassing sex-for-one-related injuries—like wiener-in-the-vacuum-cleaner lacerations. (Since penis-in-vagina sex is fun, why not penis-in-the-Shop-Vac?!) On I-5 Exit 236+ theskagit.com

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AMERICAN ANIMALS (R) 117m
The unbelievable but true story of four young men who brazenly attempt to execute one of the most audacious art heists in US history.
Fri: (3:30), 6:15, 9:00; Sat: (2:35), 5:20, 8:05; Sun: 3:40, 5:55, 8:40
Mon: (1:05), 9:00; Tue: (1:05), 6:15, 9:00; Wed: (3:45), 8:30
Thu: (3:45), 9:00

WON'T YOU BE MY NEIGHBOR (PG-13) 94m
Morgan Neville (20 Feet from Stardom) takes an intimate look at America's favorite neighbor: Mister Fred Rogers.
Fri: (1:40), (4:00), 6:30, 8:50; Sat: (1:40), 4:00, 6:30, 8:50
Sun: (11:05AM), (1:20), 3:40, 6:25, 8:45; Mon: (1:40), (4:00), 6:30, 8:50
Tue: (1:40), (4:00), 8:30; Wed: (1:25), 6:30, 8:50; Thu: (2:40), 7:30

RBG (PG-13) 94m
*This woman is a force.* Los Angeles Times
Fri: (1:00); Sat: (11:15AM); Sun: (1:15); Mon - Wed: (3:50); Thu: (1:20)

SUMMER IN THE FOREST (NR) 108m
Fri: (1:50), (4:45), 6:30, 8:50; Sat & Sun: (1:50), (4:45), 6:30, 8:50
Mon - Thu: (3:50), 6:15, 8:50

PINK FLAMINGOS (NC-17) 93m - PFC's 20th Anniversary
Mon: 6:15 - Only $3 admission, sponsored by Warren Sheay

FIVE SEASONS: THE GARDENS OF PIET OUDOLF (NR) 75m
Wed: 6:30 - Skype Q&A with Director Ashlee Bell after the film

BOUNDARIES (R) 104m
"Fine performances (Christopher Plummer and Vera Farmiga) and lovely Pacific Coast scenery for a nice big-screen getaway." Film Journal International
Fri: (3:45), 6:15, 8:45; Sat & Sun: (1:15), (3:45), 6:15, 8:45
Mon - Thu: (3:45), 6:15, 8:45

MOUNTAIN (NR) 75m - An epic odyssey through the Earth's most awesome landscapes, showing the spellbinding force of highplaces and their ongoing power to shape our lives and our dreams.
Sat: (11:00AM)

I, CLAUDE MONET (NR) 90m - Exhibition on Screen
Based on over 2500 letters and narrated by Henry Goodman, this film reveals new insight into the man who gave birth to impressionism.
Sun: (11:00AM)
SUDOKU

INSTRUCTIONS: Arrange the digits 1-9 so that each digit occurs once in each row, once in each column, and once in each box.

INSTRUCTIONSDOC

Jen Sorensen SLOWPOKE

IN CONCLUSION, AMERICA MUST BAN IMMIGRANTS FROM INFERIOR NATIONS AND INSTEAD CELEBRATE EUROPEAN CULTURE.

YOU MEAN YOU SUPPORT A STRONG SOCIAL SAFETY NET?

EXCELLENT HIGH-SPEED TRAIN SYSTEMS?

UNIVERSAL HEALTH CARE?

LIBERAL DEMOCRACY?

RESPECT FOR SCIENCE AND THE PARIS CLIMATE ACCORD?

GENTLE VACATIONS AND PAID FAMILY LEAVE?

BICYCLE-FRIENDLY CITIES LIKE AMSTERDAM AND COPENHAGEN?

LOOK, I MEAN I LIKE WHITE PEOPLE, OKAY?

CASCADIA WEEKLY #27.13

DO IT 2

MAIL 4

4 VIEWS

6 CURRENTS

8 WORDS

12 GET OUT

14 STAGE

15 ART

16 MUSIC

18 FILM

23 B-BOARD

24 FOOD

29

FOOD 30

B-BOARD 34

FIN 35

MUSIC 18

ART 16

STAGE 35

GET OUT 14

WORDS 12

CURRENTS 8

07.04.18

29

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Bigger in Blaine

PEACE ARCH CITY CAFE

It’s a Wednesday night in Blaine and from the sidewalk I can hear the melodic voice of a vocalist filling the Peace Arch City Café & Bar with music. The 5,000-square-foot building on Peace Portal Drive is full of appreciative diners who’ve come for the combination of food, atmosphere and entertainment and as we wait to be seated I overhear one of them declare, “This is my favorite place!”

 Owners John Quimod and Kylie Bestul started out their business at the Little Red Caboose in 2009, and then moved to a 1,500-square-foot space on H street to broaden their menu. When Rodney and Christy Longquist ended the tenure of the Pastime Bar & Eatery in 2015 and closed its doors in October 2017, John and Kylie quickly got to work making the space their own.

“It was obvious that the brick work was the main aesthetic and characteristic of the space, so we removed all the oak paneling on the walls, which had covered the wonderful brick work under it for many decades,” Bestul says. “We upgraded the bar area with modern treatments, removed all references to the building’s past as a casino and pull-tab operation, and removed walls that separated the main dining space from the bar area, creating a more open and inviting space.”

The menu runs from breakfast through lunch and dinner and the wine list features a broad selection of martinis, cocktails, wine, cider and beer. Burgers, sandwiches, ribs, and fish and chips are the predominant items on the dinner menu.

I chose the barbecue salmon burger with grilled pineapple ($14), a substantial meal with toppings of avocado, spicy slaw, Swiss cheese and a side of salad or fries. My partner chose the spicy chicken breast sandwich ($14) and from the speed at which it disappeared, I know it was a favorable choice.

The other selections are mostly traditional comfort foods such as mushroom Swiss burgers, panini sandwiches, baby back pork ribs, tacos with Spanish rice and black beans, and a good selection of salads for those looking for lighter dining. The most expensive menu item is the pan-seared maple glazed salmon at $18. Everything else is priced $14 and under.

The couple has committed to featuring live music weekly on Wednesdays from 6:30-8:30pm, and has plans for an evening of Trivial Pursuit on Thursdays. So far, the roster of performers has included classic rock musicians Wicked Timing, Chuck Dingee, Sher Vadiniska and Patsy Thompson, and classical guitarists David Feingold and Jacob Seyer.

Our meals arrived quickly and our server was welcoming and friendly. On the usually dead-quiet strip of Peace Portal drive, it felt great to have the option of a well-priced dinner menu with live music, while still being in the sleepy city of Blaine.

As we drove into town, the busiest store was Mail Boxes Plus, where Canadians lined up patiently to pick up their online purchases. Edaleen Dairy is easily the second-busiest stop on Peace Portal drive, a popular choice for its selection of well-priced milk, cheese and ice cream. And the construction of a new 2,650-square-foot Starbucks location a few steps away, which will feature a drive-thru and seating indoors and out, is concerning for some.

“Many say that Starbucks is here to attract the Canadian customer,” Quimod says. “It’s very much a David versus Goliath story. It’s an interesting position to find a small, very conservative city so excited about the arrival of a business centered in the liberal stronghold of Seattle. Its obvious affect is potentially to force the closure of small, community-driven businesses whose owners are everyday people invested into Blaine’s very identity and core. My own business was built on espressos and sandwiches back in 2009, and I know other business owners are certainly concerned.”

STORY AND PHOTO BY LAUREN KRAMER
**SEASIDE SIZZLE:** Enjoy the ultimate beach barbecue experience at a special “Seaside Sizzle” from 5:30-8:30pm at Blaine’s Semiahmoo Resort, 9565 Semiahmoo Pkwy. Entry is $10-$26. From 11am-3pm, there will also be family-friendly beachside activities including lawn games, arts and crafts, face painting, live music and more. At nightfall, turn your eyes across the way and enjoy the fireworks put on by the City of Blaine.

**BELLINGHAM MARKET:** The 26th season of the Bellingham Farmers Market continues from 10am-3pm Saturdays through Dec. 22 at the Depot Market Square, 1100 Railroad Ave. In addition to offering locally grown produce, crafts and ready-to-eat foods, upcoming events include Demo Days, Chef in The Market, and a Wednesday Market.

**CONCRETE MARKET:** A Concrete Saturday Market can be visited from 1-3pm Saturdays through Labor Day weekend at the Concrete Community Center, 45821 Railroad Ave.

**SUN., JULY 8**
**LANGAR:** All are welcome at a Langar event from 11am-2pm in Lynden at Guru Nanak Gurshik Gurdwara, 176 E. Pole Rd. Langar is the sacred community free kitchen of the Sikh people and every temple serves delicious vegetarian food—which they invite the general public to come eat.

**WED., JULY 11**
**COOKING LIT:** Bellingham Farmers Market director Caprice Tkeie and Farmers Market board president Mary Vermillion lead a new “Regional Cookbook & Cooking Lit” book group at 4pm at Village Books, 1200 11th St. At each gathering, book group members will discuss the assigned cookbook or cooking literature. Today’s focus will be on Joshua McFadden’s Six Seasons: A New Way with Vegetables

Each chapter begins with recipes featuring raw vegetables at the start of their season.
HOT SEAT DRAWINGS - 3 winners!
3:30pm - 7:30pm  $250 • $150 • $50

GRAND PRIZE DRAWINGS
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