PAINT B’HAM BLUE
The ultimate back-to-school party P.16

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A way with words P.10

LEMONS
An off-campus collaboration P.13

MEAL PLANS
No meat, no problem P.26
**THIS WEEK**

**WEDNESDAY [09.25.19]**

**WORDS**
Fall Book Sale: Through Saturday, Bellingham Public Library

**COMMUNITY**
Climate Action Week: Events take place through Sept. 29, throughout Whatcom County
Paint Bellingham Blue for WWU: 6:30pm-9:30pm, downtown Bellingham

**FOOD**
Eat Local Month: Through Sept. 30, throughout Whatcom County
Final Wednesday Market: 2pm-6pm, Barkley Village Green
Sedro-Woolley Farmers Market: 3pm-7pm, Hammer Heritage Square

**THURSDAY [09.26.19]**

**ONSTAGE**
Good, Bad, Ugly: 7:30pm, Upfront Theatre
And Then There Were None: 7:30pm, Bellingham Theatre Guild

**MUSIC**
Led Zeppelin: 7:30pm, Mount Baker Theatre
Best Intentions: 7:30pm, Chuckanut Center

**WORDS**
David Guterson: 7pm, Village Books

**FRIDAY [09.27.19]**

**ONSTAGE**
And Then There Were None: 7:30pm, Bellingham Theatre Guild
Good, Bad, Ugly: 7:30pm, Sylvia Center for the Arts
Welcome Back Students Shows: 7:30pm and 9:30pm, Upfront Theatre
Tuesdays with Morrie: 7:30pm, Claire vg Thomas Theatre, Lynden
My Fair Lady: 7:30pm, Anacortes Community Theatre
Afterglow Comedy Hour: 9pm, Stemma Brewing Company

**WORDS**
Caroline Van Hemert: 7pm, Village Books

**SATURDAY [09.28.19]**

**ONSTAGE**
On Approval: 7:30pm, Upfront Theatre
And Then There Were None: 7:30pm, Bellingham Theatre Guild

**FOOD**
Ferndale Farmers Market: 2pm-6pm, LaBounty Drive
Oktoberfest: 6:30pm-10pm, Depot Market Square

**VISUAL**
Fourth Friday Art Walk: 5pm-8pm, historic Fairhaven

**SUNDAY [09.29.19]**

**ONSTAGE**
And Then There Were None: 7:30pm, Sylvia Center for the Arts
Tuesdays with Morrie: 7:30pm, Claire vg Thomas Theatre, Lynden

**MUSIC**
Bellingham Symphony Orchestra: 3pm, Mount Baker Theatre

**FOOD**
Birchwood Market: 10am-3pm, Park Manor Shopping Center

**VISUAL**
Handmade Market: 11am-4pm, Goods Nursery and Produce

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**A brief overview of this week’s happenings**

Whodunnit? Find out during the final weekend of showings of Agatha Christie’s *And Then There Were One* Sept. 26-29 at the Bellingham Theatre Guild.

It’ll be a car-crashing, engine-revving night during a **Fall Demo Derby** Sat., Sept. 28 at Lynden’s NW Washington Fairgrounds.
WINNING
IS CLOSER THAN YOU THINK!

WIN UP TO $1,000 IN SILVER DOLLARS!
SUNDAYS IN OCTOBER
12pm - 8pm
Earn 250 points with your Reef Rewards card to qualify.

SPooky SCRATCH OFF

WATCH THE GAMES!
SUNDAYS IN THE THEATER
With John of KISM
MONDAYS IN PORTAGE BAY BAR
With Scott Les of KISM

LATE NIGHT HAPPY HOUR
$4 WELLS // $4 DRAFT BEERS // $8 SHAKER COCKTAILS
DAILY
9-11pm | Mon-Sat
8-10pm | Sun

BBQ OYSTERS
SHUCK. GRILL. ENJOY. (x6 or x12)

LIVE MUSIC
9/27: Trio Sueno
10/11: Trio Sueno
10/4: Tea Seas Trio
10/18: Tea Seas Trio

WANTED: ED BEREAL FOR DISTURBING THE PEACE

Featuring six decades of nationally acclaimed artist
Ed Bereal's provocative work, including sketches, sculpture,
self-portraits, assemblage, and radical street theater.
NOW SHOWING at the Lightcatcher

Whatcom Museum
Lightcatcher building
250 Flora Street
www.whatcommuseum.org/exhibition/wanted-ed-bereal
"People are dying; entire ecosystems are collapsing." 16-year-old climate activist Greta Thunberg said Monday night during an emotional speech directed to world leaders at the United Nations climate summit. "We are in the beginning of a mass extinction and all you can talk about is money and fairy tales of eternal economic growth. How dare you!" Thunberg is credited with galvanizing youth-led protests around the world, and testified before Congress earlier this month.

**PROCEEDINGS ARE PROCEEDING**

In my humble opinion, having been aware of Donald Trump's shady dealings since the 1970s, I think all the yadda-yadda about impeachment is inappropriate—he is destroying America, its values and world image. He is setting a deeply poor example for other world leaders and he is either ignoring or sabotaging our most immediate and dangerous issues. He is a traitor and should be dealt with as such.

Listen to 16-year-old Greta Thunberg—she is wise beyond her years.

—A.R. Kennedy, Bellingham

**WHO'S WHO**

Who benefits from rapid global warming? Russian oligarchs who extract resources from Siberia and the Russian military who will control an ice-free shortcut to Asia. Who loses? Everyone else—including those who are currently suffering from hurricanes, record flooding and forest fires. Who's out to dismantle every effort to slow climate change? Donald Trump.

Follow the money. Expose the traitor.

—Mark Ashworth, Bellingham

**ELECT NATALIE MCCLENDON**

I am supporting Natalie McClendon for Whatcom County Council. She is running for the Coastal District 5 position.

Natalie has been a tireless worker for Whatcom County over the past 40 years. During those years she has been involved in several volunteer organizations, including the Sierra Club, Planned Parenthood, PTA, and Boy Scouts. She is currently serving her second term on the County Planning Commission, where she deals with issues that often come before the County Council.

During her years of community service, Natalie has learned the importance of building strong communities with affordable housing, family wage jobs, and investing in future generations. She is committed to bringing rural broadband to our county communities.

Natalie understands that Whatcom County families need their council members to share their concern for a healthy environment, clean air and water, and a protective infrastructure. Council members must be able to work together and accomplish what's needed for the future of our growing county and all its citizens.

For more than 20 years she has been a small business owner and knows firsthand how hard it can be to keep up with the ever-changing environment they face. She is an active member of the Blaine, Ferndale, and Birch Bay chambers of commerce.

I know Natalie to be an intelligent, hardworking
problem-solver who will put the interests of the people of Whatcom County first. Her business knowledge and volunteer experiences give her a unique insight into some of the difficult problems facing Whatcom County and how to effectively work together on the Council to solve them.

Please join me in supporting Natalie McClendon for Whatcom County Council.

—Linda Schonborn, Ferndale

SUPPORT APRIL BARKER

I am supporting April Barker for Bellingham’s next mayor. We were fortunate to have good candidates in the primary. In the upcoming November general election, however, April is the stronger, and the most-needed candidate.

I’ve known all of Bellingham’s fine mayors since moving here in the 1980s—Tim Douglas, Mark Aasmusdon, Dan Pike, and now Kelli Linville. April will take us to the next level of local governance at a time when what we do locally matters in response to current national and international struggles around the environment, how people treat each other, and how we care for our most vulnerable children and adults.

April is a part of the extraordinary movement that elected scores of women to office in 2016—she is a bridge- and coalition-builder—at a time when many powerful people seek to divide and separate us.

Please consider supporting April.

—Ann Stevenson, Bellingham

A DEVELOPERS’ DREAM

As a Council member, April Barker voted to allow multi-family housing in single-family neighborhoods. They didn’t do an inventory of existing DADUs, research the results of the Happy Valley “pilot project” or have a discussion with the people most affected, but rushed into a sweeping change that has provided neither of the stated goals of availability and affordability anywhere—not Portland, Seattle, Vancouver, and not Bellingham.

Barker proposed removing the owner-occupancy requirement that a landlord live in one of the units on a property with a DADU, opening up opportunities for speculators and companies with deep pockets to buy up properties, thus making them unavailable for purchase by individuals.

The American Dream is home ownership, not being a lifelong renter.

As a landlord with three rental properties, Barker stands to gain by changing this rule and it is a cornerstone of her agenda. If we don’t agree with her policies of destroying the livability and character of our neighborhoods, we are labeled privileged, exclusionary and racist.

Her agenda is a developer’s dream. Instead of giving the details of her plans, she uses words like “equity,” “justice” and “inclusion”—language calculated to appeal to (progressive) voters. She was trained to use value-based language and not actually say what she would do.

I support Seth Fleetwood for mayor.

He has a long and impressive record of public service, of working well with others, and taking a thoughtful approach to the issues that affect us. Unlike his opponent, he didn’t jump on the climate crisis bandwagon mid-campaign, but has been an active advocate for the environment for many years.

—Jude Green, Bellingham

SEEKING A MORE JUST SOCIETY

I first met April Barker two years ago as I began working with six other activists on ways to create a safer city environment—especially for our most vulnerable, marginalized and targeted groups. We have frequently met with her individually and/or with other Council members. She has kept in regular and thoughtful communication with me by phone and email as our effort has perked through city offices and related agencies such as the Whatcom Dispute Resolution Center.

She has provided supportive, candid and sage advice about the strengths of our efforts and those weaknesses where we might be setting up unnecessary roadblocks.

For our next mayor, we need someone who can see beyond the traditional ways of supporting resident safety and complaint processes. We need someone who is willing to think “outside the box”—especially for those for whom the playing field isn’t so level.

Please join me in supporting April for mayor.

—Michael Berres, Bellingham

COURSE CORRECTIONS

I believe there is no greater gauge of good governance than how a city handles its screwups. A seriously bad COB planning decision hurting the residents in my patch of Bellingham presented the perfect opportunity to assess the executive mettle of the two mayoral candidates.

Both candidates responded to my request for a walk and talk through the neighborhood to see the problem firsthand. One candidate blindly accepted the planner’s judgement as the final answer; the other saw the bigger picture, a neighborhood noise pollution problem in need of consideration and a bad omen for a city ill-prepared for growth.

This experience taught me there is only one candidate exhibiting empathy for the residents, a forward vision, and a clear understanding of the hamster zeitgeist.

Please join me in electing the only candidate ready for prime time, Seth Fleetwood.

—Boyd Collings, Bellingham
Weathering What We Eat

WE NEED TO RETHINK OUR FOOD SYSTEM

THE WAY we produce, consume and discard food is no longer sustainable. That much is clear from the newly released UN climate change report, which warns that we must rethink how we produce our food—and quickly—to avoid the most devastating impacts of global food production, including massive deforestation, staggering biodiversity loss and accelerating climate change.

While it’s not often recognized, the food industry is an enormous driver of climate change, and our current global food system is pushing our natural world to the breaking point. At the press conference releasing the Special Report on Climate Change and Land, report co-chair Eduardo Calvo Buendia stated that “the food system as a whole—which includes food production and processing, transport, retail consumption, loss and waste—is currently responsible for up to a third of our global greenhouse gas emissions.”

In other words, while most of us have been focusing on the energy and transportation sectors in the climate change fight, we cannot ignore the role that our food production has on cutting emissions and curbing climate change. By addressing food waste and emissions from animal agriculture, we can start to tackle this problem.

Livestock production is a leading culprit—driving deforestation, degrading our water quality and increasing air pollution. In fact, animal agriculture has such an enormous impact on the environment that if every American reduced their meat consumption by just 10 percent—about 6 ounces per week—we would save approximately 7.8 trillion gallons of water. That’s more than all the water in Lake Champlain. We’d also save 49 billion pounds of carbon dioxide every year—the equivalent of planting one billion carbon-absorbing trees.

What’s more, to the injury from unsustainable food production, we add the insult of extraordinary levels of food waste: nearly one third of all food produced globally ends up in our garbage cans and then landfills. We are throwing away $1 trillion worth of food, or about half of Africa’s GDP, every single year. At our current rates, if food waste were a country, it would be the world’s third-largest carbon emitter after the United States and China.

To ensure global food security and sustainable food practices in an ever-growing world, we need to reexamine our food systems and take regional resources, such as land and water availability, as well as local economies and culture into account. To start, the United States and other developed countries must encourage food companies to produce more sustainable food, including more plant-based options, and educate consumers and retailers about healthy and sustainable diets. Leaders must create policies that ensure all communities and children have access to affordable fruits and vegetables. And we all can do our part to reduce food waste, whether it’s in our company cafeterias or our own refrigerators.

Technology also plays a part. Developed countries should support and incentivize emerging innovative technologies in plant-based foods, as well as carbon-neutral or low-carbon meat production.

By promoting enhanced production of healthy and nutritious foods while also improving markets in low-income countries, we can lower prices and increase accessibility of healthy and sustainable diets. Politicians can also tackle systemic inequalities by redirecting agricultural subsidies to promote healthy foods, as well as investing in infrastructure like rural roads, electricity, storage and cooling chains.

Change must happen at every level if we want to build a better food system. International participation and resource-sharing can spread regional solutions across countries. And working for change at the ground level—among individuals, communities, local and federal governments and private entities—can help fight hunger and food inequality firsthand.

Yes, our food system is broken, but not irrevocably so. The challenges are enormous, but by understanding the problem and potential solutions, we can effect critical changes in the ways we produce, consume and dispose of food.
for individuals in crisis. LEAD is a diversion program currently underway in King County that brings in police and prosecutors constructively on the back-end, when community outreach and intervention solutions are ineffective and an individual is brought into the criminal justice system. LEAD attempts to find credible alternatives to booking people into jail for criminal activity that stems from unmet behavioral health needs or poverty.

“We are in the beginning phases of introducing LEAD,” Richey explained. “This is something that I spoke with the Sheriff about two years ago, and we are making progress” in consultation with other offices employing the program.

Richey also announced the creation of a new office of pretrial services to help reduce the number of people in custody awaiting trial.

In 2019, these policies and programs are mostly aspirational in Whatcom County. They’ve been discussed and studied, but not fully implemented. Nevertheless, Richey reported an 11.5 percent drop in incarceration rates at the Whatcom County Jail since he took office at the start of this year.

That’s an encouraging number; and an illustration of the remarkable change that can occur merely by looking at a problem through a fresh lens.

Richey identified gaps in the county’s ability to lower rates of incarceration and improve outcomes in the criminal justice system. The speed at which these concepts can be implemented is surely among them.

“People work at the speed of trust,” Flaherty observed of the importance of building strong relationships that move the county forward.

It was a witty quote, and one seized upon by members of the community who commented during the evening.

The county has a continuing trust gap with the public over the issue of the jail, and policy approaches to incarceration. Two public bond initiatives to finance a big new jail failed at the polls. Incarceration rates were white-hot as these measures were debated, then cooled miraculously after the measures failed. The county was inflexible on jail size and location, and intractable with local jurisdictions on the financing and operations of the facility. An aging jail characterized as ready to collapse has instead been found to be structurally sound although in need of repair. On and on.

Success builds trust, and the county is working at the speed of the trust they’ve built (and are building) with the public. ☺
WASHINGTON is one of 13 states that follow California’s fuel-economy standards. Clean air and environmental advocates say cars and trucks are a huge source of pollution in our state and we need to reduce that. Gov. Jay Inslee criticized the Trump administration’s effort to block states from setting more stringent vehicle emission standards and Zero Emission Vehicles standards. The state Attorney General will file a lawsuit, challenging federal efforts to reduce emissions standards. [Office of Governor, AGO]

Federal protections for the waters that endangered orcas call home could soon expand beyond the Salish Sea to encompass much of the West Coast, from the Canadian border to central California. The National Oceanic and Atmospheric Administration proposes to increase the critical habitat designation for southern resident killer whales by more than sevenfold under the Endangered Species Act. Just 73 orcas remain in the Pacific Northwest population, the lowest number in more than three decades. They’re struggling with a lack of Chinook salmon, their preferred prey, as well as toxic contamination and vessel noise. [NOAA, Associated Press]

A hiker is rescued. The 21-year-old woman is found uninjured after being reported missing over the weekend from Hidden Meadows Camp on the east side of North Cascades National Park, approximately nine miles from State Route 20. A ground search team found the missing woman about a half mile from camp. [North Cascades National Park Service]

Washington’s Attorney General files a lawsuit to block the Trump Administration’s plan to “reprogram” funding for more than $3.6 billion in congressionally approved military construction projects to help build a wall along the U.S. southern border with Mexico. In February, President Trump declared a “national emergency” to reallocate funds for his long-promised border wall, despite the fact that Congress has repeatedly refused to approve the funding he requested. The plan diverts nearly $89 million from the Kitsap Peninsula’s Bangor submarine base, the AG claims. [AGO]

U.S. Senator Patty Murray comments on recent reports concerning a whistleblower complaint that has been withheld from Congress and President Trump's admission that he and members of his team pressured the Ukraine government on multiple occasions to manufacture an investigation into former Vice President Joe Biden. “What we’re hearing about—the idea of an American President repeatedly pressuring a foreign government to investigate a political rival—is gross corruption and completely outside of our democratic norms,” the Washington Democrat said. "It is essential that Congress have access to every piece of information relevant to the whistleblower's complaint so that we can investigate immediately, take appropriate action, and make it abundantly clear to this President that despite what he may think, this isn't how things work in the United States.” Washington’s congressional Democrats have signaled they favor a more aggressive response to the obstruction of the executive branch, up to and possibly including letters of impeachment. [U.S. Senate]

An appeals court may decide whether to block a Trump administration rule that bans taxpayer-funded health clinics from referring patients for an abortion—a rule that has already prompted many providers, including Planned Parenthood, to leave a longstanding federal family-planning program. Eleven judges from the 9th U.S. Circuit Court of Appeals in San Francisco hear arguments in challenges brought by 22 states as well as Planned Parenthood and other organizations. In June, a three-judge panel from the same court allowed the rule to take effect, undoing decisions by judges in Washington, Oregon, and California that had put the administration’s action on hold. [Associated Press]

House Speaker Nancy Pelosi launches a formal impeachment inquiry against President Donald Trump, acquiescing to mounting pressure from fellow Democrats and plunging a deeply divided nation into an election year clash between Congress and the executive branch. The probe centers on whether Trump abused his presidential powers and sought help from a foreign government for his reelection. Pelosi said such actions would mark a “betrayal of his oath of office” and declared: “No one is above the law.” Pelosi’s brief statement capped a frenetic stretch on Capitol Hill, as details of a classified whistleblower complaint about Trump burst into the open and momentum shifted swiftly toward an impeachment probe. The charge was laid by several moderate Democratic lawmakers from political swing districts, many of them with national security backgrounds and serving in Congress for the first time. [Associated Press]
CRACKPOT JACKPOT
On Sept. 20, a Bellingham woman who used her employee access to steal $200,000 from the Lummi Nation’s Silver Reef Casino last November was sentenced in U.S. District Court in Seattle to time-served and two years of supervised release, federal prosecutors reported. According to records filed in the case, the woman walked into the employee entrance at the rear of the casino and got another employee to let her into the cash vault. She filled a bag with four bricks of cash totaling $200,000 and told the employee in the vault not to push the panic button. The woman then ran from the vault, got in her car and drove away. She called 911 claiming that a man with a gun had forced her to rob the casino and that the man claimed to have placed a bomb at the casino which he would trigger if she did not steal the money. Because of the report of a bomb, law enforcement from the Lummi Nation, Bellingham and Ferndale Police Departments, the FBI, and the Whatcom County Sheriff’s Department evacuated the hotel and casino. No bomb was located, and her entire story was determined to be a ruse.

FORGIVE OUR TRESPASSES, AS WE FORGIVE THEM THAT TRESPASS
On Sept. 14, Blaine Police learned of a trespass complaint. “Officers arrived and contacted the suspect a short distance away,” police reported. “Officers tried to arrest the man for trespassing but the suspect resisted. When police attempted to take him into custody, he assaulted two officers by kicking them. Officers were able to gain control of the suspect. He was transported to the Whatcom County Jail where he was booked for assaulting police, resisting arrest and trespass.”

On Sept. 14, Blaine Police learned that someone had thrown a rock through the window of a home on Wood Duck Loop for a report of malicious mischief. The homeowner told police he would check his closed-circuit television for relevant video footage. Officers documented the damage. The case remains under investigation.

AUDACIOUS AUDITOR
On Sept. 14, an Anacortes man called police, concerned that a census volunteer came to his house even though the homeowner understood the U.S. Census wasn’t taking place until next May. The officer told the man that census data is collected throughout the year and to call police if he detected anything suspicious about the volunteer’s visit.

BORDER DISORDER
On Sept. 3, U.S. Customs agents reported a vehicle had entered into the United States from Canada and they discovered the rear license plates had been reported stolen over 30 days ago. “The people in the truck were the owners of the vehicle and they had no idea how the stolen plates got on their truck,” police reported. A Blaine patrol officer confiscated the stolen license plate and advised the reporting agency the license plate had been recovered. “The owners of the truck were advised to file a report of their stolen rear license plate with their police department when they get home,” police noted.

THE CONTINUING CRISIS
On Sept. 15, Blaine Police learned three minors were smoking marijuana and drinking liquor at the Peace Arch park. An officer arrived and cited the three teens.

PET POLICE
On Sept. 17, a pet owner in Anacortes was bathing her small dog when its paw got stuck in the drain. The owner called the police department’s animal control officer for help but the ACO didn’t have all of the tools needed to free the animal, so she called the Anacortes Fire Department to assist, police reported. “The end result? One point for the ACO, two firefighters, and an anxious, but healthy dog. Zero points for the sink drain that was destroyed in the process.”

On Sept. 14, two roommates in Anacortes got into an argument over their shared pet, police reported. The two men admitted that they were involved in a physical altercation and the primary aggressor, an intoxicated 43-year-old allegedly head butted his roommate multiple times. He was taken into custody.

On Sept. 19, Blaine Police spoke to a woman about her pet. “Her husband gave away their dog and she wants it back,” police explained. “She just wanted to know what legal action she could take. Officers advised her that, unfortunately, this was a civil matter and police could not get involved. Officers advised her to seek advice through an attorney or the civil court system.”

On Sept. 15, Anacortes Police learned that a hawk or falcon was on a residents’ fence, then on a trampoline but still unable to get airborne. Police contacted wildlife officials to capture and rapture the raptor.

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Source: U.S. Census Bureau State of Women-Owned Businesses Report; American Express; Business Wire

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Estimated number of businesses in Washington owned by women. Washington ranks ninth among states witnessing an increase in firms owned by women.

<table>
<thead>
<tr>
<th>Number of firms owned by women</th>
<th>Estimated billions in revenues generated by firms employed by women in Washington in 2019.</th>
<th>Percent increase in firms owned by women in Washington since 2014.</th>
<th>Rank of Seattle with the largest growth in firms owned by women among the top 50 metropolitan areas.</th>
<th>Percent of the net new businesses owned by women that have been created by women of color.</th>
<th>Number of firms owned by African American women-owned firms grew even faster at a 50 percent increase over those years.</th>
<th>Estimated millions of new jobs that would be added to the economy if the average revenue of firms owned by women of color matched that of firms owned by white women.</th>
<th>Greatest growth in women-owned businesses happened at the two extremes of the spectrum—low-revenue companies and million-dollar-plus businesses.</th>
</tr>
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<tbody>
<tr>
<td>215,185</td>
<td>202,869</td>
<td>6</td>
<td>6</td>
<td>89</td>
<td>2,346,200</td>
<td>4</td>
<td>Sources: U.S. Census Bureau State of Women-Owned Businesses Report; American Express; Business Wire</td>
</tr>
</tbody>
</table>
Kate Tempest
A WAY WITH WORDS

WARNING: IF you're on a tight schedule, don't search for Kate Tempest on Youtube.

If you don't heed this admonition, there's a very good chance you'll spend the next hour—or however long the clip is—watching the mesmerizing performer bringing her fascinating stories to life with a combination of spoken word and music.

Even is she's telling these tales with her eyes closed, Tempest is a sorcerer who makes it difficult to look away from what she's bringing to the stage. She's gritty and real, sweaty and swooning.

The London-born performer is only 33 years old, but she appears to have lived a lifetime in those years. She's an English lit grad who toured internationally with her alternative hip-hop band Sound of Rum until 2012, but is also a sought-after wordsmith who was commissioned to write her first play, Wasted, that same year.

She must've had a lot more to say, because in 2013 she published her first book of poetry, Everything Speaks in its Own Way, on her own imprint, Zingaro. She also launched a theatrical spoken-word piece, Brand New Ancients, wrote another play that premiered at Birmingham Rep Theatre, and released Everybody Down.

The subject matter of that debut album centered around two characters, Becky and Harry. Becky's a dancer who also works as a waitress and an erotic masseuse, and Harry's a cocaine dealer who longs to quit the business and open up a community space.

When Tempest's debut novel, The Bricks That Built Houses, came out in 2016, those characters came back to life—except in the album Harry was portrayed as man, and in the book he's a she.

“Within the context of the novel, I go further and I explain—as in me, the writer—I explain at greater length and in greater detail about Becky and her life and her work,” Tempest told NPR that year. “Whereas with a four- or five-minute track, there’s an ambiguity to a lot of stuff because actually that’s what you need in that moment. You don’t want to be kind of beaten over the head with the minute details of everything; it needs to work as a song.”

So is she a writer or a musician first? When she comes to Bellingham for a Sat., Sept. 28 gig at the Wild Buffalo, you'll get a chance to find out for yourself that she simply has a way with words, and it isn't worth the time to check off her formidable talents in any sort of box.

Last year, Tempest was nominated for Best British Female Solo Performer at the Brit Awards, and it stands to reason that someone who's been called one of the most respected writers and performers in her own county—and sells out shows around the world—is worth giving up your Saturday night for. I promise, it'll be worth your time.

If you don't believe me, make your way to Youtube's search engine, and plug in Kate Tempest's name. Don't blame me if doing so makes you late for an important meeting. I warned you, after all.
and a "Sea" event from 2pm-3:30pm at the Lynden Library, 216 4th St. Call the library for guest speaker details, then show up for a discussion, a warm cup of tea, and a sweet treat.

"(360) 354-4883

A LIFE IN ALASKA: As part of the Nature of Writing series, Adrienne Lindholm reads from It Happened Like This: A Life in Alaska at 7pm at Village Books, 1200 11th St.

WWW.VILLAGEBOOKS.COM

THURS., OCT. 3

SWEET BOUNTY: Bellingham-based author E.W. Finke reads from his latest mystery, The Sweet Bounty, at 7pm at Village Books, 1200 11th St.

WWW.VILLAGEBOOKS.COM

COMMUNITY

SEPT. 23-29

CLIMATE ACTION WEEK: Bellingham’s Climate Action Week continues with an E-Bike Ride Wednesday starting at Bellingham High School; a Shared Electric Scooter Demo Thursday at the Granary Building; Green Power X (GPX) Thursday at Asian Depot; Go Solar! events Thursday at Cordata Presbyterian Church at the Firehouse Events Center; a Scavenger Hunt by WTA Bus and Clamato Action Week Work Party on Friday; "Netse Mot: One Mind for the Salish Sea" Friday at the Blaine Fishing Pier, and more. Check out the full lineup online.

WWW.COB.ORG

FRI., SEPT. 27

INTERNATIONAL MARKET: The Birchwood International Market returns for the final time this year from 6pm-9pm at 1650 Birchwood Avenue. This family-friendly open-air market celebrates the diversity of the neighborhood, showcasing local vendors selling culturally rich merchandise, art, and food. Small-scale performances and entertainment will be part of the free fun.

WWW.SUSTAINABLECONNECTIONS.ORG

NETSE MOT: Come by land or sea at the border to show that there is no border when it comes to protecting the Salish Sea at a "Netse Mot: One Mind for Xwul’līmey" event taking place from 5pm-7pm at the Blaine Fishing Pier at the end of Marine Drive. Tribal and non-tribal, U.S. and Canadian, fishers, kayakers, pleasure boaters, elders, youth, and everyone who loves the Salish Sea will welcome. Tribal leaders will speak, and will stand with NGOs and faith communities, all addressing the question “What can be done to save the Salish Sea?”

WWW.SACREDSEA.ORG

SAT., SEPT. 28

CHESS TOURNAMENT: Bellingham Knights Chess Club will host a United States Chess Federation (USCF) tournament from 8:15am-6:30pm at Bellingham Youth Chess, 4320 Meridian St., 8270. The online registration fee is $20. Registration at the door is $30, if space permits.

WWW.BELLINGHAMCHESS.COM

PARKINSON’S DAY: Attend Bellingham Parkinson’s Day from 9am-3pm at Squalicum Boathouse and Zuanich Point Park. The event begins with a HOPE Conference offering a resource fair, as well as breakout sessions. Starting at 12:30pm, attend a Walk for Parkinson’s. Entry is $15-$20 for the conference. The walk is free, but fundraising is encouraged.

WWW.WALKFORPARKINSONS.ORG

MARKET & SALE: Attend a Lummi Island Saturday Market and Yard Sale from 10am-3pm on the north side of the Islander Grocery, one block south of the ferry landing.

"(360) 756-2815

FALL FESTIVAL: Vendors, baked books, a holiday house, a silent auction, a luncheon counter, produce and more will be part of an annual Fall Festival taking place from 10am-3pm in Everson at Immanuel Lutheran Church, 5792 Lawrence Rd.

WWW.IMMANUELLUTHERANEVERSON.COM

HARVEST FESTIVAL: A pumpkin pitch, zucchini race, activities for kids, food vendors, wagon and pony rides, inflatables, pumpkin painting, a pie-eating challenge and more will be part of an annual Harvest Festival happening from 10am-4pm at Burlington’s Skagit River Park, 1100 Skagit St. Entry, parking and all activities are free.

WWW.BURLINGTON-CHAMBER.COM

FALL DEMO DERBY: Witness an evening of cars crashing, engines revving and dirt flying at a Fall Demo Derby starting at 6:30pm in Lynden at the Northwest Washington Fairgrounds, 1775 St. Entry is $14 in advance, $17 at the gate (free for kids 10 and younger).

WWW.NWWAFIR.COM

SUN., SEPT. 29

KULSHAN ANNIVERSARY: Kulshan Community Land Trust will host its 20th anniversary Celebration and Community Party from 12pm-3pm at the Squalicum Boathouse, 2600 N. Harbor Loop Dr. The free event will focus on all that’s been accomplished over the past 20 years, and what’s to come. The free, family-friendly event will feature both food and fun.

WWW.KULSHANCLT.NET

TUES., OCT. 1

CANDIDATE FORUM: Attend a Mayoral and City Council Candidate Forum from 5pm-8pm at Options High School, 2015 Franklin St. Please RSVP online.

WWW.RE-SOURCES.ORG

WED., OCT. 2

CONSERVATION AWAARDS: Whatcom Land Trust will host a breakfast buffet and award the Bob Keller Business Conservation Leadership Award to the Conservation Alliance from 7:15am-9am at the Bellingham Yacht Club, 2625 S. Harbor Loop Dr. Keynote speaker is Hilary Franz, Washington State Commissioner of Public Lands. Tickets are $50.

WWW.WHATCOMLANDTRUST.ORG

Bellingham Theatre Guild presents

Agatha Christie

AND THEN THERE WERE NONE

Directed by Dee Dee O’Connor

SEPTEMBER 13–29, 2019

360-733-1811 www.bellinghamtheatreguild.com

“Eats every ounce of suspense, commentary and pathos from the classic Agatha Christie novel. The results are astonishingly and almost absurdly entertaining.” —variety

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RESOURCES

www.bellinghamishfest.com

BELLINGHAM IRISH FESTIVAL

OCTOBER 4th, 5th & 6th

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www.bellinghamirishfestival.com

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www.bellinghamirishfestival.com
Chewuch River

A CHANGE OF PLANS

I WAS supposed to be hiking.

The long-planned itinerary was to have been a weeklong backpacking trip to Whatcom Pass, deep in the green heart of the North Cascades. But the previous weekend, I had tweaked my left knee up at High Pass, scrambling across a rockslide to photograph some seductive monkey flowers, an irresistible splash of color in the gray rubble beneath Mt. Larrabee.

So instead I found myself on a camping trip up the Chewuch River with old friends Gary and Jesse. They had graciously sacrificed a week of backpacking to camp with me in this semi-obscure area north of Winthrop.

We pulled into a remote campground and established a camp beside the sparkling river. We had the place to ourselves. An osprey followed the current, a wriggling fish in its talons. A tightly choreographed group of 17 ducks glided past, riding the riffles.

As evening fell, we gathered around the fire for an hour or two, speaking in low voices before rolling out our sleeping bags beneath the star-spangled sky.

In the morning we continued up the river, leaving the pavement behind. The rough road followed the flow up into a deepening canyon and soon we encountered a devastated landscape of blackened tree trunks, the aftermath of the Thirty Mile Fire, which in 2001 consumed more than 9,000 acres and took the lives of four young firefighters. A memorial beside the road tells the tragic tale.

At the end of the road, we walked (I hobbled) among the apocalyptic remnants of the forest. The midday sun was scorching. I had little choice but to submerge myself in the crystalline waters of the river for an instant attitude adjustment. Nirvana for the epidermis.

Back at camp, we positioned our chairs in the river and watched the aspens dance in the breeze while listening to the beguiling backbeat of the tumbling water. The late sunlight shifted in the trees and shadows danced to the current’s rhythm in the lodge pole pines across the river. Wisps of cloud animated the blue sky and all of it was reflected in the eddies of the river. Is there anything more glorious than the last days of summer in Cascadia?

We enjoyed another quiet evening beside the fire. Time to think. The sparks from the campfire rose to join the stars.

In the morning we explored the trail to Falls Creek Falls, drawn by the symmetrical name and the promise of cool spray, and then drove up Eightmile Creek Road (FR-5130) to its conclusion at the Billy Goat Trailhead, deep in the mountains and a jumping-off point for trails leading off into the Pasayten Wilderness.

Here, too, the landscape was fire-ravaged. Dark clouds gathered overhead, adding a dramatic operatic flourish (cue the Wagner).

We returned to camp, happy to reenter the green realm. When we arrived, everything seemed in order but, just to make sure, we leaned back in our chairs, the river splashing over our feet, to keep an eye on things.

THURS., SEPT. 26
FIND YOUR PARK: Discover the best spots to recreate at a “Find your Park: Olympic National Park Coastline” event at 6pm at REI, 400 36th St. An experienced instructor will share tips on navigating permits, where to camp, and what makes this coastline so unique. Stop dreaming and start planning the trip where you get to end your day watching the sunset over the Pacific Ocean from the comfort of a driftwood log. ☎️ 427-6950 or WWW.REI.COM

FRI., SEPT. 27
VENDOVI ADVENTURE: Skagit Guided Adventures will host its final “Explore n’ Cruise” to Vendovi Island Preserve from 9am-1:30pm, departing from Anacortes. The outing is kid- and dog-friendly. Call for details. ☎️ (360) 474-7479

WILD THINGS: Kids, adults and adventurers can join Holly Roger of Wild Whatcom for a “Wild Things” Community Program from 9:30am-11am at Whatcom Falls Park (Scudder Pond). Please bring a simple, healthy snack to share, and dress for the weather. Suggested donation is $5 per person. ☎️ WWW.WILDHATCOM.ORG

SAT., SEPT. 28
BAKER LAKE CLASSIC: The annual Baker Lake Classic 25K begins at 9am at Concrete’s Kulshan Campground. From north to south, the trail contours the eastern shoreline of Baker Lake, offering glimpses of Mt. Baker and plenty of stunning scenery. Entry is $50 (registration closes Sept. 27). ☎️ WWW.NWENDURANCEEVENTS.COM

RUN FOR THE HILLS: Kick off a week of flood awareness for Skagit County by taking part in the “Run for the Hills” Fun Run starting at 9am in Mount Vernon at the Skagit Valley Softball Fields, 2700 Martin Rd. Day-of registration for the 5K will be available. A Preparedness and Prevention Fair will follow at Skagit Valley College’s Tollefson Plaza. ☎️ WWW.SKAGITCOUNTRY.NET

PUBLIC LANDS DAY: Celebrate trails while building them at a Public Lands Day work party taking place from 9am-3:30pm at Lake Whatcom Park, 3220 N. Shore Rd. Join with volunteers throughout the community to put finishing touches on the new trails while clearing brush, debris and logs, moving rock, and installing wood structures as needed. Please register in advance. ☎️ WWW.CO.WHATCOM.WA.US

GARDENING ROUND TABLE: Sit down with Master Gardeners to discuss your successes and failures, vegetables, fruits and berries, and to begin planning for next year at a Gardening Round table happening from 3pm-4:30pm at the Deming Library, 5044 Mt. Baker Hwy. Attendees can also choose free seeds to plant next spring. Please register in advance. ☎️ (360) 592-2422

SEPT. 28-29
EXPO AND MARATHON: The public is invited to peruse exhibitor booths at the Bellingham Bay Marathon Race Expo from 12pm-6pm Saturday at the Bellingham Cruise Terminal, 335 Harris Ave. From 6:30am-2pm Sunday, the event will feature a variety of lengths of runs, starting on Lummi Nation and finishing in downtown Bellingham. Fees vary. ☎️ WWW.BELLINGHAMBAYMARATHON.ORG

BOATING CENTER FALL HOURS: Bellingham’s Community Boating Center will be open 10am until sunset weekends only through October 13 at 555 Harris Ave. Rentals include kayaks, sailboats, rowboats and paddle boards. The Boating Center will be closed for the season beginning October 14. Stay tuned for fall and winter indoor classes. ☎️ WWW.BOATINGCENTER.ORG

SUN., SEPT. 29
RABBIT RIDE: Join members of the Mount Baker Bicycle Club for a “Rabbit Ride” starting at 8am every Sunday at Fairhaven Bicycle, 1108 11th St. The 32-mile route takes riders down Chuckanut and back via Lake Samish. ☎️ WWW.MTBAKERRIDECLUB.ORG

DAHLIA DAY: Whatcom County Master Gardeners will host a “Dahlia Day” from 1pm-3pm in Ferndale at Hovander Homestead Park, 5299 Nielsen Ave. Dahlia experts will be on hand to answer questions on growing and storing dahlias, and Master Gardeners will also be available to answer your general gardening questions. Attendees will also receive a free bouquet of cut dahlia flowers. Entry is free and family-friendly. ☎️ WWW.WHATCOM.WSU.EDU

TUES., OCT. 1
ALL-PACES RUN: Staff and volunteers are always on hand to guide the way at the weekly All-Paces Run starting at 6pm every Tuesday at Fairhaven Runners, 1200 11th St. Entry is free. ☎️ WWW.FAIRHAVENRUNNERS.COM

WED., OCT. 2
GARDEN CLUB MEETING: Ev- erett Chu, founder of Azusa Farm and Gardens in Skagit County, will be the guest speaker at a Birchwood Garden Club meeting at 7pm at Whatcom Museum’s Old City Hall, 121 Prospect St. ☎️ WWW.BIRCHWOODGARDENCLUB.ORG
Language, Interrupted
AN OFF-CAMPUS COLLABORATION

BY AMY KEPFERLE

Western Washington University wasn’t yet in session during a recent run-through of Lemons Lemons Lemons Lemons Lemons at the Firehouse Arts and Events Center, but the actors portraying a couple struggling to come to terms with a draconian law limiting verbal communication were already ahead of the game when it came to furthering their education through real-world experience.

As theater majors entering their junior year at WWU, Monty Rozema (portraying Bernadette, a lawyer) and Mitch Stevens (playing Oliver, a musician) were being backed up by director Max Koh, a recent graduate from Western who’s regularly making the trek from his current home base in Seattle to guide the production. Additionally, aspiring theater producer Jordan Neyens—another Viking alum with stage smarts—is co-producing the play with award-winning writer, director and producer Valerie Dalena.

“We’ve been lucky enough to receive support from Scott Ward, executive director of the historic Fairhaven Association, as our honorary producer—a new role we’re pioneering in the Bellingham theater community,” Neyens says. “Additionally, Eileen Nelson from www.fairhavenhistory.com has been a big supporter of ours, organizing parties to get more people excited and energized for the presence of more theater in Fairhaven.”

Neyens in the one who discovered Sam Steiner’s award-winning play at the National Theatre in London three years ago, and is excited to bring it to life through the collaboration with current and former WWU students and long-standing members of the community, judging by the talent witnessed both onstage and backstage during the rehearsal, the formula appears to be a successful one thus far.

Additionally, the choice of Lemons Lemons Lemons Lemons was timely, in a world where a new Quixote Law has limited each person’s speech to a measly 140 words per day, Bernadette and Oliver must deal not only with how to communicate with each other in a new way, but also with bigger issues of censorship and day-to-day survival.

Toggling back and forth between a time when the duo could say anything they meant and a new reality where an argument or discussion might end midsentence, the audience experiences the full spectrum of why free speech is so important—and what it means when it’s gone.

Some questions don’t get answered, and that’s OK. We never know exactly what the punishment is for noncompliance, or what entity is keeping track of who says what. What we do know is that the “hush law” affects every aspect of Bernadette and Oliver’s life, whether it has to do with sex, communication about what’s for dinner, or each other’s politics.

One of the more memorable scenes in Lemons Lemons Lemons Lemons Lemons takes place shortly before the language ban goes into effect and the couple uses the remaining time to air the grievances they’ve kept bottled up inside for the duration in their relationship. In that case only, silence might’ve been the better choice. 🎭

ATTEND
WHAT: Lemons Lemons Lemons Lemons
WHERE: Firehouse Arts and Events Center, 1314 Harris Ave.
WHEN: 7:30pm Oct. 3-4 and 10-11
COST: $10-$15
INFO: www.firehouseperformingarts.com

THURS., SEPT. 26
GOOD, BAD, UGLY: Watch “The Good, the Bad and the Ugly” at 7:30pm every Thursday at the Upfront Theatre, 1208 Bay St. At 9:30pm, stick around for “The Project”—which tonight will feature “Prop Pov.” Entry is $8 for the early show. $5 for the late one.

WWW.THEUPFRONT.COM

SEPT. 26-28
GODLIKE: Experience a modern twist on ancient legends when Godlike concludes this weekend with performances at 7:30pm Thursday through Saturday at the Sylvia Center for the Arts, 205 Prospect St. In the original comedy written by Rosalind Reynolds, the Greek heroes are finally home from Troy, but their reentry to domestic life hasn’t been easy. Luckily, an unconventional therapist is willing to help them sort things out. Tickets are $6-$12.

WWW.SYLVACENTERFORTHEARTS.ORG

SEPT. 26-29
MYSTERY ISLAND: Find out what happens after 10 strangers with wicked pasts and big secrets are summoned to a remote island where Agatha Christie’s And Then There Were None concludes this weekend at 7:30pm Thursday through Saturday, and 2pm Sunday at the Bellingham Theatre Guild, 1600 H St. Tickets are $9-$16 to see the thrilling murder mystery.

WWW.BELLINGHAMTHEATREGUILD.COM

SEPT. 26-29
MORRIS AND APPROVAL: View Or Approval, a comedy of manners involving a widow and a man who’s been in love with her for years, at 7:30pm Thursday and Saturday and 2pm Sunday in Lynden at the Claire vg Thomas Theatre, 655 Front St. At 7:30pm Friday and Saturday, and 2pm Sunday, learn more about a weekly pilgrimage that leads to a class in the meaning of life at showings of Tuesdays with Morris. Tickets are $10-$14; the plays show in repertory through Oct. 6.

WWW.THECLAIRE.ORG

FRI., SEPT. 27
COMEDY HOUR: Attend the monthly Afterlow Comedy Hour at 9pm at Stemma Brewing Company, 209 Moore St. The ticket includes an hour of fan favorite local comics, along with other stand-ups from all over the United States.

WWW.THESTEMMABREWING.COM

SAT., SEPT. 28
CONTRA DANCE: Heliotrope will provide live tunes at the Bellingham Country Dance Society’s bi-monthly Contra Dance from 7pm-10:30pm at the Fairhaven Library, 1177 12th St. Suggested donation is $7 for students, $10-$15 general.

WWW.BELLINGHAMCOUNTRYDANCE.ORG

MOTOWN CRUISERS DANCE: “Motown Baby, Motown!” will be the theme of a dance with the Motown Cruisers starting at 8pm at the American Legion Hall, 1688 W. Bakerview Rd. Entry is $5.

WWW.BELLINGHAMCOUNTRYDANCE.ORG

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Order and Chaos

INTERPRETATIONS AND INSTALLATIONS

A monthlong exhibit at Smith & Vallee Gallery in Edison, Patty Haller draws from artistic styles of 19th century Vienna and Meiji Japan to depict “order and chaos” in the forests of the Pacific Northwest. Starting with a few simple plant forms, the artist who trained as a forester presents images in layers, resulting in a picture at once recognizable and mysterious.

All are in oil, painted on panel. Two are restrained: “Jeweled Understory” is a lovely gathering of pastel leaves against a dark background. “Lightcatchers” shows broad maple leaves transitioning smoothly upward to become green birds rising into a rosy sky.

Each of her other pieces has its own approach. “Chuckanut Sister, Living Wall” presents a screen of light-colored leaves or drops cascading in front of ferns. “Coastal Sister” breaks into a wild phantasmagoria. It’s not hard to imagine doll faces, torn petals, butterflies.

A set of three large panels share a family resemblance. From a few paces, water and forest are the themes—“Wetland Emphatic,” “Wetland First Approximation,” and “Free Martha.” But as you approach, abstract features claim attention; tangled lines, planes of solid color—and does she intend us to see wobbly eyes and bony fingers?

There’s no question Haller’s work is beautiful, and it has enough edgy strangeness to keep you looking at it endlessly.

In the same space, Andrew Vallee’s new wood and bronze sculptures represent some of the natural forms he has collected along the shores of Samish Bay. Many have three iterations. For example, an actual whale vertebra, a replica of it carved from cedar, and another cast in bronze, sometimes polished, others matte-finished. He treats a large clam shell, a shark’s tooth “kohala” and a scallop in a similar way. Each is a glorious treasure.

Jesse Max Otero talked about his art recently in the Bitters Co. barn (corner of Calhoon and Best Road). His exhibit, “Terms, Conditions and Futures” relates to the barn’s history of processing agricultural products.

His installation in the barn includes ropes suspended from pulleys. Reluctant to climb a ladder, he left several nets rolled up against the wall, where he believes “they are equally beautiful.” Another part of his project, “For Calculating Entropic Range,” is a pressed cube of dried flowers, which he expects to break up and be blown across the floor by the wind.

Otero believes any product “is a relationship between material, situation and circumstance.” He poured paint and water onto waterproof art paper in pans, which he left in a sunny window. Evaporation—or “reduction”—will dry the fluid, leaving a deposit on the paper, which he plans to display at Bitters Co.’s shop in La Conner.

Otero, a professional cook, says he “came into art through the kitchen.” He finds all natural processes to be engaging and beautiful. I reflected that his work was similar to how I’d spent my afternoon—stalking Little Indian Slough to photograph seagull tracks in the mud.

By Stephen Hunter
ONGOING EXHIBITS

ALLIED ARTS: “Precise Practicalities” will be on display through Sept. 28 at Allied Arts, 1418 Cornwall Ave. www.alliedarts.org

ANACORTES LIBRARY: Works by Alden Mason, Max Benjamin, Lanny Bergner, Philip McCracken, Derek Ward and many other can be viewed at the Anacortes Public Library, 1220 10th St. www.anacorteswa.gov/library

ARTWOOD: Paintings on wood will be featured through September at Artwood Gallery, 1000 Harris Ave. www.artwoodgallery.com

BAYOU ON BAY: Self-taught artist Savannah LeCornu will show her Northwest form-line pieces through September at the Annex Bar at Bayou on Bay, 1300 Bay St. www.patreon.com/lecornu

COLOPHON CAFE: A staff collaboration and new paintings by Lori Hill will be on display through September at the Colophon Cafe, 1208 11th St. www.colophoncafe.com

DAKOTA ART GALLERY: View works by sculptor Denise Snyder and painter Mary Jo Maute through Sept. 29 at the Dakota Art Store Gallery, 1322 Cornwall Ave. www.dakotaartbellingham.com

DAKOTA ART GALLERY: View a variety of abstractions by the late Jeffrey Thostenson through September at the Mount Vernon City Library, 315 Snoqualmie St. www.mountvernonlibrary.org

FISHBOY GALLERY: Discover the contemporary folk art of RR Clark from 1:30-5pm Fridays or by appointment at the Fishboy Gallery, 617 Virginia St. 360-291-3 OR WWW.FISHBOYGALLERY.COM

FOURTH CORNER: View salmon fisherman, marine engineer and artist Tom Crestodina’s “A Closer Look” through Sept. 28 at Fourth Corner Frames & Gallery, 311 W. Holly St. www.fourthcornerframes.com

GALLERY SYRE: Peruse a selection of paintings, drawings and sculptures that span David Syre’s artistic career thus far at a permanent exhibit open to the public from 12pm-5pm Tues.-Thurs. at Gallery Syre, 465 W. Stuart Rd. www.davidsyreart.com

GOOD EARTH POTTERY: “Pitcher Perfect” will be highlighted through September at Good Earth Pottery, 1000 Harris Ave. T www.gooodearthpots.com

HADRIAN ART GALLERY: View a variety of abstract interpretations via the group show “Dive In” through Sept. 29 in Edison at Hadrian Art Gallery, 5717 Gilkey Ave. www.facebook.com/edisonwa5717

I.E. GALLERY: Abstract expressionistic painter Drie Chapel’s solo show, “Soul Juice,” can be seen through the month in Edison at i.e. gallery, 5800 Cains Court. www.ieedison.com

JANSEN ART CENTER: View a “Fall Juried Exhibit” through Nov. 29 in Lynden at the Jansen Art Center, 321 Front St. Additional exhibits open for perusal include a “Fall Fiber Showcase” featuring tapestry weaver Linda Rees, and painter and multimedia artist Hilarie Couture’s “Intertwinings.” www.jansencenter.org

MATZKE GALLERY: View more than 95 paintings, glass pieces and sculptures that will be part of a 10th annual Art Auction through Oct. 5 on Camano Island at Matzke Fine Art Gallery, 2345 Blanche Way. www.matzkekineart.com

MOUNT VERNON LIBRARY: Peruse and purchase abstract paintings by the late Jeffrey Thostenson through September at the Mount Vernon City Library, 315 Snoqualmie St. www.mountvernonlibrary.org

PERRY AND CARLSON: Trish Maharam’s “One Continuous Body” can be viewed through September in Mount Vernon at Perry and Carlson Gallery, 504 S. First St. www.perryandcarlson.com

RAGFINERY: A variety of textile-related workshops happen on a regular basis at RagFinery, 1421 N. Forest St. www.ragfinery.com

RIVER GALLERY: View a showcase of smaller fine artworks at a “Fall Show” from 10am-5pm Fridays through Sundays through Oct. 20 in Mount Vernon at River Gallery, 19313 Landing Rd. (off Dodge Valley Rd.). www.rivergallerywa.com

WESTERN GALLERY: “Systems of Viewing” shows through Oct. 5 at the Western Gallery on Western Washington University’s campus. www.westerngallery.wwu.edu

WHATCOM ART MARKET: Works by Whatcom Art Guild members can be perused daily at the Whatcom Art Market, 1103 15th St. www.whatcomartmarket.org


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Paint B’ham Blue 
PARTY WITH A PURPOSE

IT USED to be you could tell the students had returned to Bellingham when moving vans—or family vehicles that serve that purpose—would arrive in front of dorms, apartment complexes and rental houses, disgorging young folks and their possessions alike, typically in the company of wearily looking parents.

These days, the signal that the students are on their way comes in the form of lights. A whole lot of them—$150,000 worth. If you’ve been anywhere in the downtown core during the past couple of weeks, you’ve seen the strands of lights wrapping the trees on the sidewalks, making downtown look like a blue-tinged fairy realm of sorts.

Those blue lights are a harbinger, but not one of evil. Instead, they’re part of the effort to “Paint B’ham Blue,” which also happens to be the name of the event they signal.

When I was a student at Western Washington University back when dinosaurs roamed the campus, I don’t think I made it off the hill for my entire first year except to buy cereal and snacks at the Sehome Haggen. Then when I did emerge from my college cocoon, it was exclusively to buy takeout burritos and head back up the hill where I thought I belonged. It was not until I found myself inexorably drawn to Bellingham’s music scene that I realized my true destiny as a downtown denizen.

However, that’s not quite how things work anymore. Four years ago, the WWU Alumni Association, which has offices on the ground floor of the Herald Building, decided to throw a party for incoming students that would get them off campus and into downtown. They dubbed it “Paint B’ham Blue for WWU,” and it proved to be an inspired idea.

The shindig, which takes place this week on Wed., Sept. 25, begins on campus, in Red Square, where thousands of new and returning students will amass and assemble. They will then form a procession led by WWU President Sabah Randhawa, and will march down the hill and into downtown with their final destination being the Depot Market Square. Once there, they will get a chance to sign their names on a giant WWU Vikings banner, enjoy tasty foodstuffs from an array of Bellingham’s food trucks (way better than cereal from Haggen), suss out some local vendors and more.

And, of course, Paint B’ham Blue is a proper Bellingham party, so there will be live music.

It will come in the form of recent WWU graduate Ricky Rath, the artist otherwise known as R-Squared. For Rath, R-Squared isn’t just his DJ handle—although he does throw a mean rumour has it

RUMOR HAS IT

SOUND OF SOUNDINGS: I’m not what you’d call a spiritual person. Perhaps I should be—I don’t think it would hurt me to get in touch with a kinder, gentler, calmer version of myself.

Even in my state of spiritual ignorance, I’m still aware of Dean and Dudley Evenson and the peaceful-yet-mighty musical empire they’ve built right in our backyard. Called Soundings of the Planet, it’s the umbrella under which the Evensons have released a staggering number of music and video recordings. If you’ve ever had a massage and been lulled into a state of meditative bliss by the soundtrack chosen by your massage therapist, odds are high it was a Soundings of the Planet release.

Over the years, the Evensons—probably the kindest, most humble folks you’ll ever encounter—have built Soundings of the Planet into an impressive enterprise that boasts millions of albums and downloads sold. Their releases have been listened to billions of times. Not bad for a couple who got their start selling cassette tapes out of the back of a van.

Just as notable, this year marks the 40th anniversary of Soundings of the Planet, and the Evensons are throwing a party to celebrate. The event will happen Sat., Sept. 28 at the Majestic, and will feature Dean and Dudley, as well as Tom Barabas, Scott Huckabay, Peter Ali, d’Rachael, Phil Heaven, Burke Mulvany, and others, too many to list here. Tickets and more information can be found at www.soundings.com.

Awhile back, I told local musician and booking agent Jan Peters that my sieve-like brain works best with reminders, and so he should bug me when he’s cooking up something special. When he confirmed renowned vocal group Windborne for a Wed., Oct. 2 show in Boundary Bay’s Mountain Room, he sent me an email to let me know. Then, over the course of the following weeks, he sent me insect emojis by way of “bugging” me.

His unorthodox approach worked because here I am telling you about the show. The quartet of close-harmony singers hails from New England, but performs music from the world over. Their concerts feature songs from places as far-flung as Corsica, Bulgaria, Quebec, and Basque country, and from the American folk tradition as well. They’ve also built their following on using their music as a vehicle for social change, which has never been more necessary than it is now. Tickets to see them are $20, but something tells me if you come up short, you might be able to talk your way in. Just bug Jan about it. I’m told that kind of thing works.
dance party if his sets at Lawnstock are any indication. According to his mission statement, R-Squared is a whole multimedia affair “dedicated to producing memories and carving legacies for others through digital media, content creation and music.” At the core of the memory producing and legacy carving is Rath’s desire to amplify artists of color, with an emphasis on Asian Americans. But when he performs at Paint B’ham Blue, his sole mission will be to get the students at the Depot Market Square to the dance floor, and something tells me he will be quite successful in that endeavor.

But the dance party isn’t the finale of Paint B’ham Blue. For that, you’ll have to look to the sky.

Right about the time darkness falls, the countdown will begin, and when the crowd chants down to zero, the iconic sign atop the Herald Building will change to the sky.

Paint B’ham Blue. For that, you’ll have to Depot Market Square to the dance floor, mission will be to get the students at the Western, and help get them connected to the greater Bellingham community,” President Randhawa says. “Fostering a sense of belonging and community is a crucial part of a successful student experience, and Paint B’ham Blue helps us extend that sense of belonging beyond the boundaries of campus from the start.”

THURS., SEPT. 26
LED ZEPAGAIN: Longtime Sony recording artists Led Zeppelin will capture the heart and soul of the “world’s greatest band” at “A Tribute to Led Zeppelin” at 7:30pm at the Mount Baker Theatre, 104 N. Commercial St. From high-energy electric classics to beautiful acoustic works, you will be mesmerized as the band resurrects Page’s soaring guitar leads, Jones’ brilliant keyboard passages, Bonham’s trademark pounding rhythms, and the signature Robert Plant vocals. Tickets are $47. 
734-6080 OR WWW.MOUNTBAKERTHEATRE.COM

BEST INTENTIONS: Hear jazz standards, old blues, contemporary diamonds in the rough, and classic-sounding original music at a House Concert with the Best Intentions (Ani Banani and Pete Jerving) from 7:30pm-9pm at the Chuckanut Center, 103 Chuckanut Drive Rd. Suggested donation will be $5-$10 at the door.
(360) 383-7502

SAT., SEPT. 28
BEATLES SINGALONG: Sing the most sharable of the Beatles songs, lead by skilled musicians who have led a Beatles Singalong at Folklife for decades, at 2pm at the Bellingham Unitarian Fellowship, 1207 Elsworth St. Entry to the fundraiser is suggested $15, but nobody will be turned away if they need to pay less.
WWW.BUF.ORG

MANOUCHE NORTHWEST: Christine Tassas et Les Imposters will perform as part of the Manouche Northwest jazz series at 7pm at the Mount Baker Theatre, 104 N. Commercial St. The all-female ensemble focuses on gypsy jazz, and includes violin, two guitars, bass, trumpet and trombone players. Tickets are $25.
334-6080 OR WWW.MOUNTBAKERTHEATRE.COM

THURS., OCT. 3
NIGHT BEAT: As part of the Bellingham Music Club’s “Night Beat” series, organist Wade Dingman will play orchestral transcriptions and opera themes by Mozart, Bizet, Wagner, Saint-Saëns, Vivaldi, and more at 7:30pm at St. Paul’s Episcopal Church, 2117 Walnut St. Entry is free and open to the public.
WWW.BELLINGHAMMUSICCLUB.ORG

JAZZ WALK: Ten bands will play at six venues during Whatcom Jazz Music Arts Center’s annual “Jazz Walk” taking place from 6pm-10pm in downtown Bellingham at both theaters at the Sylvia Center for the Arts, Brandywine Kitchen, Caffe Adagio, the Cabin, and Camber. The Groover Quartet headlines, and other ensembles include Miles Black with Kevin Woods; Greta Matassa Quartet; Arlee with Joe Doria; Jerry Steinshilber Trio; MANTRIO; Steve Kaldestad Quartet; Milo Petersen; Mark Taylor Trio, and the Thomas Harris Quartet. Tickets to the fundraiser are $10 for students, $25 general. 
WWW.WJMAC.ORG

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### Music Venues

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<tr>
<th>Date</th>
<th>Venue</th>
<th>Events</th>
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<tr>
<td>09.25.19</td>
<td>Alternative Library</td>
<td>Cigarettes After Sex (8pm)</td>
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<td>Anelia’s Kitchen &amp; Stage</td>
<td>Bottom Shelf Bourbon Trio (7:10pm)</td>
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<td>DJ Yogoman (9pm)</td>
<td>Fetch Hop Forum (12pm)</td>
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<td>Edison Inn</td>
<td>Fish Fry Fryday (4pm) w/Ebb, Stack &amp; Flood (6pm)</td>
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<td>Firefly Lounge</td>
<td>Back 2 Bellingham w/Feelineng, Heri, more (9pm)</td>
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<td>Guemes Island General Store</td>
<td>Snug Harbor (6:30pm)</td>
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<td>Kulshan Brewing Co.</td>
<td>Jordan Rain and Bongo Jac (6pm)</td>
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<td>Old World Deli</td>
<td>Strong Sun Moon (7:30pm)</td>
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<td>Rumors Cabaret</td>
<td>Spin-Off Thursday (10pm)</td>
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<td>The Shakedown</td>
<td>Spin-Off Friday (10pm)</td>
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<td>Silver Reef Casino Resort</td>
<td>Back-to-School Bash w/Methanom, Deearth, Apolloy Wars (8:10pm)</td>
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<td></td>
<td>Skagit Casino Resort</td>
<td>Moon Palace, India Glover, more (9pm)</td>
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<td>Stones Throw Brewery</td>
<td>Sam Halbert and Friends (7pm)</td>
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<td>Swinomish Casino and Lodge</td>
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<td></td>
<td>Wild Buffalo</td>
<td>40s Till Now w/Boombox Kid (9pm)</td>
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### Alternative Library
519 E. Holly St. | Anelia’s Kitchen & Stage 513 S. 1st. St., La Conner • (360) 466-4778 | Beach Store Cafe 2200 N. Burgert Road, Lummi Island • www.beachstorecafe.com | Bellewood Acres 6410 Guide Meridian, Lynden • (360) 318-7701 | Big Lake Bar & Grill 18247 WA-9, Mount Vernon • (360) 422-6411 | Boundary Bay Brewery 1107 Railroad Ave • 647-5993 | Brown Lantern Ale House 412 Commercial Ave., Anacortes • (360) 293-2344 | Chuckanut Brewery 601 W. Holly St. • 752-5377 | Commodore Ballroom 1015 N. State St. | Conway Muse 5829 Cassi Ct., Edison • (360) 766-8266 | Firefly Lounge 208 E. Holly St. Ste. 301 • www.shakedownbellingham.com | Forecasting 210 W. Holly St. • www.wildbuffalo.net | Send your music info to clubs@cascadiaweekly.com. Deadlines are always at 5pm Friday.
World Music supergroup, The BC World Music Collective, is a collaboration of musicians from around the world including Cuba, Brazil, France, Chili, Mexico, First Nations, Zimbabwe, England, and Canada.

360.416.7727 mcintyrehall.org
On the Mount Vernon Campus of Skagit Valley College - 2501 E College Way, Mount Vernon

“Jake is taking the instrument to a place that I can’t see anybody else catching up with.”
— Eddie Vedder

Meet the “Jimi Hendrix of the ukulele” whose magical tunes top Billboard charts.

Shimabukuro’s virtuosic approach to the ukulele has made him one of the hottest tickets around, headlining the Hollywood Bowl, Lincoln Center, the Sydney Opera House, and even playing for Her Majesty Queen Elizabeth II. This star is humble, passionate, and filled with songs to share.

SATURDAY OCTOBER 12 7:30PM

Mount Baker Theatre is a 501(c)(3) nonprofit organization dedicated to the performing arts.
**FILM SHORTS**

**Abominable:** An animated adventure about a kid who wakes up to find a yeti on his roof, befriends it and tries to help it return to its home on Mt. Everest. I’m pretty sure that if I found a yeti on my roof, that’s not at all how things would go, so kudos to that kid. ★★★★★ (PG • 1 hr. 37 min.)

**Ad Astra:** A lavishly shot, Very Serious sci-fi movie that tackles issues wrt small and universal that probably deserves better than to be described as “that Brad Pitt space movie,” but I went ahead and said it anyway. ★★★★★ (PG-13 • 2 hrs. 4 min.)

**Angel Has Fallen:** Just when I forgot all about the existence of Gerard Butler, here he is. I gave some thought to learning what this movie is about, but that seems like a waste of effort, so I’ll just go ahead and guess it’s about as good as every other Gerard Butler movie. ★★★★★ (R • 1 hr. 54 min.)

**Brittany Runs a Marathon:** Jillian Bell plays a fat woman who runs off the pounds in this film that is, to its credit, a lot more complex than other, similar stories in which being skinny is somehow an inspirational ideal rather than an arbitrary standard imposed by society and its ever-changing and largely meaningless principles. ★★★★½ (R • 1 hr. 44 min.)

**October:** This year’s documentary extravaganza kicks off with a touching story of triumph over illness with a Bellingham twist (Waldo on Weed), a weeklong run of the tale of a truly singular political rabble-rouser (Rose Hell: The Life and Times of Molly Sivos), as well as accounts of a boy coping with economic displacement by finding his inner lion (Anbessa), one of Canada’s most iconic songwriters (Gordon Lightfoot: If You Could Read My Mind), how generational deafness cannot interfere with a love of music (Moonlight Sonata: Deafness in Three Movements), the rise of tempi (Picture Character), a heartbreakingly loving tribute to actor Anton Yelchin (Love, Antosha), and so much more. ★★★★★½

**Downton Abbey:** I’m always skeptical when a beloved television show gets the feature-film treatment, but I think this is going to be a good one. Welcome back, Violet Crawley, Dowager Countess of Grantham. We’ve missed you. ★★★★★ (PG • 1 hr. 30 min.)

**The Goldfinch:** Evidently, this movie is as hard to watch as the book was to read. (Sorry, Donna Tartt.) ★★★☆☆ (PG-13 • 1 hr. 35 min.)

**Hustlers:** Lest you think Jennifer Lopez is nothing more than hit songs and husbands, she’s here to remind you she’s got acting chops for miles in her mesmerizing portrayal of a stripper with big ideas and a cast of coconspirators that includes Constance Wu, Keke Palmer, Cardi B, and probably not nearly enough Lizzo. Anything you can do, J.Lo can do better. ★★★★☆ (R • 1 hr. 47 min.)

**It Chapter Two:** This movie is predicated on the premise that if murderous Pennywise the clown shows up and starts effing people, the now-adult kids from the Losers Club will return to Derry and vanquish him once again. If I were one of those now-adult kids, that would be the hardest nope I ever noped. ★★★★½ (PG-13 • 1 hr. 58 min.)

**Judy:** Renee Zellweger transforming herself to play a late-in-life Judy Garland? Sometimes the dreams that I dare to dream really do come true. ★★★★★ (PG-13 • 1 hr. 53 min.)

**Linda Ronstadt: The Sound of My Voice:** Her singular voice and sultry looks made her a star, but it is her status as a fearless trailblazer, singing and bringing a stunning variety of musical genres and styles to her audience that make her both a musical pioneer and force to be reckoned with. Go beyond the hits with Ronstadt herself in this illuminating documentary. ★★★★★ (PG-13 • 1 hr. 35 min.)

**The Lion King:** I didn’t like this movie the first time around, so do your worst, Disney. Everything the light touches is your kingdom, after all. ★★★★☆ (R • 1 hr. 48 min.)

**Maiden:** At 24 years old, fairly inexperienced sailor Tracy Edwards helmed the first all-female crew ever to compete in the hugely grueling Whitbread Round the World Race. This documentary—suitable for sailors and landlubbers alike—details the remarkable and inspiring journey. ★★★★★ (PG • 1 hr. 37 min.)

**The Overcomer:** Set against a backdrop of dire economic circumstances, a man, armed only with his Bible and a talented high-school athlete, overcomes something, thus being forever known as the Overcomer. It’s possible I got some plot points wrong, but I’m pretty sure the thing about the Bible is spot on. ★★★☆☆ (PG • 1 hr. 55 min.)

**Rambo: Last Blood:** If Arnold Schwarzenegger gets to be the Terminator again, it seems only fair that Sylvester Stallone reprise his role as John Rambo. They drew first blood. Now he’s going to draw last blood. Never mind all the blood in the middle. We don’t need to talk about that. ★★★★☆ (R • 1 hr. 29 min.)

**Villains:** A pitch-black comedy about a pair of burglars who get far more than they bargain for when they break into the home of a couple that has a whole lot to hide. ★★★★★ (R • 1 hr. 29 min.)

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**Showtimes**

@ Regal and AMC theaters, please see www.fandango.com.

@ Pickford Film Center and PFC’s Limelight Cinema please see www.pickfordfilmcenter.com
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FREE WILL

ASTROLOGY

AARIES (March 21-April 19): Comedian John Cleese speaks of two different modes toward which we humans gravitate. The closed style is tight, guarded, rigid, controlling, hierarchical, and tunnel-visioned. The open is more relaxed, receptive, exploratory, democratic, playful, and humorous. I’m pleased to inform you that you’re in a phase when spending luxurious amounts of time in the open mode would be dramatically healing to your mental health. Luckily, you’re more predisposed than usual to operate in that mode. I encourage you to experiment with the possibilities.

TAURUS (April 20-May 20): Upcoming adventures could test your poise and wit. They may activate your uncertainties and stir you to ask provocative questions. That’s cause for celebration, in my opinion. I think you’ll benefit from having your poise and wit tested. You’ll generate good fortune for yourself by exploring your uncertainties and asking provocative questions. You may even thrive and excel and glow like a miniature sun. Why? Because you need life to kick your ass in just the right way so you will become alert to possibilities you have ignored or been blind to.

GEMINI (May 21-June 20): Novelist John Irving asked, “Who can distinguish between falling in love and imagining falling in love? Even genuinely falling in love is an act of the imagination.” That will be a helpful idea for you to contemplate in the coming weeks. Why? Because you’re more likely than usual to fall in love or imagine falling in love—or both. And even if you don’t literally develop a crush on an attractive person or deepen your intimacy with a person you already care for, I suspect you will be inflamed with an elevated lust for life that will enhance the attractiveness of everything and everyone you behold.

CANCER (June 21-July 22): You know your body is made of atoms, but you may not realize that every one of your atoms is mostly empty space. Each nucleus contains 99 percent of the atom’s mass, but is as small in comparison to the rest of the atom as a pea is to a cathedral. The tiny electrons, which comprise the rest of the basic unit, fly around in a vast, deserted area. So we can rightfully conclude that you are mostly made of space! That’s a good meditation right now. The coming weeks will be a fine time to enjoy the refreshing pleasures of emptiness. The less frenzy you stir up, the healthier you’ll be. The more spacious you allow your mind to be, the smarter you’ll become. “Roony” and “capacious” will be your words of power.

LEO (July 23-Aug. 22): “We don’t always have a choice about how we get to know one another,” wrote novelist John Irving. “Sometimes, people fall into our lives cleanly—as if out of the sky, or as if there were a direct flight from Heaven to Earth.” This principle could be in full play for you during the coming weeks. For best results, be alert for the arrival of new allies, future colleagues, unlikely matches, and surprise helpers.

VIRGO (Aug. 23-Sept. 22): In North America, people call the phone number 911 to report an emergency. In much of the EU, the equivalent is 112. As you might imagine, worry-warts sometimes use these numbers even though they’re not experiencing a legitimate crisis. For example, a Florida woman sought urgent aid when her local McDonald’s ran out of Chicken McNuggets. In another case, a man walking outdoors just after dawn spied a blaze of dry vegetation in the distance and notified authorities. But it turned out to be the rising sun. I’m wondering if you and yours might be prone to false alarms like these in the coming days. Virgo, be aware of that possibility. You’ll have substantial power if you marshal your energy for real dilemmas and worthy riddles, which will probably be subtle.

LIBRA (Sept. 23-Oct. 22): “I just cut my bangs in a gas station bathroom,” confesses a Libran blogger who calls herself MagicLipstick. “An hour ago I shocked myself by making an impulse buy of a perfect cashier/men’s coat from a stranger loitering in a parking lot,” testifies another Libran blogger who refers to himself as MaybeMaybeNot. “Today I had the sudden realization that I needed to become a watercolor painter, then signed up for a watercolor class that starts tomorrow,” writes a Libran blogger named UsuallyPrettyCareful. In normal times, I wouldn’t recommend that you Libras engage in actions that are so heedlessly and delightfully spontaneous. But I do now.

SCORPIO (Oct. 23-Nov. 21): You could call the assignment I have for you as “taking a moral inventory” or you could refer to it as “going to confession.” I think of it as “flushing out your worn-out problems so as to clear a space for better, bigger, more interesting problems.” Ready? Take a pen and piece of paper or open a file on your computer and write about your raw remorse, fostering secrets, unspeakable apologies, inconsolable guilt, and desperate mortifications. Deliver the mess to me at truthrooster@gmail.com. I’ll print out your testimony and conduct a ritual of purgation. As I burn your confessions in my bonfire at the beach, I’ll call on the Goddess to purify your heart and release you from your angst. (P.S.: I’ll keep everything confidential.)

SAGITTARIUS (Nov. 22-Dec. 21): Two hundred years ago, Sagittarian genius Ludwig Beethoven created stirring music that’s often played today. He’s regarded as one of history’s greatest classical composers. And yet he couldn’t multiply or divide numbers. That inability made it hard for him to organize his finances. He once wrote about himself that he was “an incompetent business man who is bad at arithmetic.” Personally, I’m willing to forgive those flaws and focus on praising him for his soul-inspiring music. I encourage you to practice a similar approach with yourself in the next two weeks. Be extra lenient and merciful and magnanimous as you evaluate the current state of your life. In this phase of your cycle, you need to concentrate on what works instead of on what doesn’t work.
about cutting her out of my life, as we’ve left me in a huge bind. Still, I feel bad not that. It’s that she broke her word and away over not watching your dog.” But it’s even apologized. I don’t want to be friends night before I flew out, saying she needed FRIEND OVER BACKWARD THE SCIENCE ADVICE Goddess emotion. But anger actually has an im-

In this case, your catcher ran off last minute for a mani-pedi, and you woke up in the ER getting the crack in your head stapled shut by four surgical residents.

At least your anger hasn’t deserted you. Maybe that sounds odd, given that anger gets a bad rap as a “destructive” emotion. But anger actually has an im-

The function of these two tactics, Sell explains, is to show the other person (the slacking offender) that they will be worse off if they keep neglecting the angry person’s interests. Interestingly, in research across six cultures—including Shuar hunter-horticulturalists in the Amazon—Sell and his colleagues found that people were less angry when harmed for a large benefit compared to a small benefit.”

Accordingly, chances are you’d be less angry and less motivated to retire this woman as a friend if she’d bailed after being hit by some big emergency. Instead, it seems she just wanted to spend three days packing for her trip unimpeded by the slightest bit of doggie care. That desire in and of itself isn’t wrong, but being friends with someone (and getting the benefits) can involve some inconveniences from time to time—putting yourself out to make things better for a person you care about.

What’s more, this woman never apologized. So, your anger—your imposing a cost on her—did not motivate her to feel remorse or show you that your needs and feelings mean something to her. Yes, it’s good to keep friends—if they actually act like friends. Otherwise, you should probably treat them like a broken vacuum cleaner. Correct me if I’m wrong, but you probably wouldn’t keep it “for old time’s sake!” after it starts to smoke, blow big dust clouds, and scream like 20 goats being slaughtered in your living room.

NO WAY TO RETREAT A LADY

What should you do when a man you’ve been dating stops texting or otherwise responding? We had an amazing time when we were last together. I can’t believe he isn’t interested. Should I call? Drop by? What do you suggest? —Hurt

As a woman, there’s sometimes a good reason for you to chase a man, like that he’s good-looking and funny and has also stolen your wallet.

A man who’s interested in you will not need chasing. In fact, if he’s really into you, he will chase you like a dog chases a squirrel—a squirrel wearing a tiny jumpsuit made entirely out of bacon. Unfortunately, human psychology is particularly bad at helping us detach from lost causes, motivating us to lead with our ego and emotion rather than reason. For example, we’re prone to keep putting time, energy and/or money into something based on what we’ve already invested—what we’ve already “sunk” into it. This is called the sunk cost fallacy, and it’s irrational behavior because our initial outlay is gone. The rational approach is to base any further investment on how likely the thing is to pay off in the future.

Cut your losses. Come up with an ego-soothing explanation for his disappearance—like that he was kidnapped from the mall parking lot and never seen again. Crazy as that advice might sound, research on memory by psychologist Elizabeth Loftus actually finds we are quick to turn our malarkey, especially our repeated malarkey, into our reality, i.e., what we believe. Also, quite frankly, there’s a good chance he actually was kidnapped—though probably just by some other woman’s butt cleavage.©

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Got a problem? Write Amy Alkon, 171 Pier Ave, #280, Santa Monica, CA 90405, or e-mail AdviceAmy@aol.com. @amyalkon on Twitter. Weekly podcast: blogtalkradio.com/amyalkon
NOW PLAYING
Fri, September 27 - Thu, October 3
LINDA RONSTADT: THE SOUND OF MY VOICE (PG-13) 95m, English
"This documentary is as extraordinary as the singer herself." Showbiz 411
Fri: (3:30), 6:00, 8:20; Sat: (1:00), 6:00, 8:20; Sun: 4:15, 6:30, 8:45
Mon: (3:45), 8:30; Tue: (3:45), 6:00, 8:30; Wed & Thu: (3:45), 8:30

MAIDEN (PG-13) 97m, in English A powerful tribute to a true pioneer.
Fri: (2:50); Sat: 4:30; Sun: (2:00), 8:00; Mon: (3:15); Tue: (3:00)
Wed: (3:15)  ocap, 5:45; Thu: (3:15)

SNOOPY COME HOME (G) 82m, in English A fun-loving animated adventure for the whole family, in theaters for the first time since its release in 1972
Sun: (Noon); Thu: 6:15

FLEABAG - NATIONAL THEATRE (NR) 180m, in English - See the hilarious, award-winning, one-woman show that inspired the Emmy winning TV series.
Mon: 6:00; Wed: 6:00 - Tickets: $16 Member, $20 General, $20 Students

OPEN CAPTION WEDNESDAYS: MAIDEN - (3:15) THE FAREWELL - 8:15

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SUDOKU

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MY FRIEND and I were on our way to the inaugural Bellingham Veg Fest last Sunday when she reminded me that in the past couple of years more than 21,000 scientists from around the world have chimed in to suggest reducing the amount of meat we eat and consuming more plant-based foods is one of the ways humans can change their behavior to help save the planet.

“Do you think it’s a coincidence this event is taking place during the city’s first Climate Action Week?” I queried, pointing to the roster of activities happening through Sept. 29 that are designed to bring attention to a number of urgent environmental issues like marine life loss, fossil fuel addiction and ozone depletion.

“Well, I don’t know about that,” she said, “but I do know change is real, and if eating a vegan burger instead of a Big Mac can help out our biosphere in any way, then I’m in.”

With that, we joined the throng at the Depot Market Square who had come to support the efforts of organizers Selena and Justin Holmes and give a “free platform to local nonprofits whose mission is to protect and care for our environment and animal friends.”

Against the Machine.

Although it was a rainy day more befitting the first day of fall than the final day of summer, attendees appeared to be unfazed by the weather as they perused the wealth of vegan menu items available to them.

We first sampled Bright and Sunny Ginger Beer’s fermented concoctions—which impressed us so much we each got a cup of the bubbly goodness. Founder Miranda LeonJones is at the Bellingham Farmers Market Saturdays through December, so you can try for yourself.

In fact, new arrivals to Bellingham—welcome, WWU freshmen!—should know that many of the vendors who were on hand have their edible wares regularly available to the masses, including the Community Food Co-op, Boundary Bay Brewery, Gainsbarre, Good to Go, El Fuego and HOSA hot sauces, Fullfilled Foods, Claire Makes Bread, New Mexico Tamale Truck, Vitality Bowls, Wild Oat Foods, Claire Makes Bread, New Mexico Tamale Truck, Vitality Bowls, Wild Oat Foods, Sage Cafe, Luna Vida Raw Chocolate, and Sage Cafe, Luna Vida Raw Chocolate, and Sage Cafe, Luna Vida Raw Chocolate.

After my buddy and I shared some amazing savory mac and cheese and faux pork sliders from Twin Sisters Brewing, I stood in line to procure an order of Rumba, helms a “Peruvian Cuisine” course from 6:30pm-9pm at the Ciao Thyme Commons, 207 Unity St. Tickets begin at 6pm at the Ciao Thyme Commons, 207 Unity St. Tickets begin at 6pm at the Ciao Thyme Commons, 207 Unity St. Tickets.

Go to www.bellinghamvegfest.org for details about the aforementioned vendors.
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